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P. 28

THE AMERICAN

LEGION

FOR GOD AND COUNTRY

January 1990

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THE AMERICAN LEGION

The Magazine for a Strong America

Vol. 128, No. 1

January 1990

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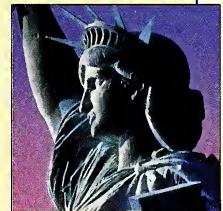
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COVER Fresh Kills Landfill. Photo by Picture Group/Peter Morgan.

THE AMERICAN LEGION MAGAZINE, a leader among national general-interest publications, is published monthly by The American Legion for its 3 million members. These military-service veterans, working through 16,000 community-level posts, dedicate themselves to God and country and traditional American values; strong national security; adequate and compassionate care for veterans, their widows and orphans; community service; and the wholesome development of our nation's youths.



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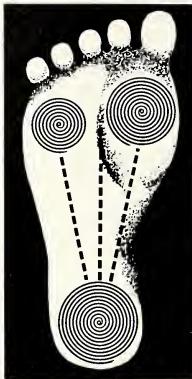
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The "Foot Cradle" insert.

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AMERICAN LEGION MAGAZINE

"The Lord's My Shepherd"

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Helping Hand

IF THE AMERICAN LEGION MAGAZINE were not so interesting, our daughter would never have received a \$2,000 Coors Veterans' Memorial Scholarship. Because we always read the magazine thoroughly, we saw the article about the scholarship and requested an application. She completed it and was selected as the winner in nationwide competition. Keep up the good work!

Bob Grove
Polo, Mo.

Wac Asks Why

When I joined the Women's Army Air Corps in February 1943, which later became the Women's Army Corps, I didn't join because of fringe benefits but for love of country. However, free medical treatment was among the benefits I gratefully accepted. Now I have been told that because I was non-service connected, I am no longer entitled to these benefits. Why?

Roberta B. Simmons
Jupiter, Fla.

Industry Reply

The article "60 Billion Pounds of Trouble" in the November issue was quite graphic in its depiction of the problems of careless plastic disposal in our oceans. It is unfortunate that it is often necessary to shock people to change their actions. Solving this problem also requires accurate data, and that is where I have a problem with the article.

Plastic is not the fastest-growing component of solid waste, paper is. Plastic is not one-third of our nation's garbage by volume; it is 12 percent by volume, 7 percent by weight.

The article suggests switching from

Letters for publication should be addressed to THE AMERICAN LEGION MAGAZINE, Letters Editor, P.O. Box 1055, Indianapolis, IN 46206. Please include an address and daytime phone number. Letters may be edited for space and clarity.

products such as polystyrene foam to non-plastic alternatives. But what will we gain? Polystyrene is the only food service material which is recycled. Alternatives to polystyrene are often coated with plastic, do not readily degrade and cannot be recycled.

R. Jerry Johnson
Executive Director
Polystyrene Packaging Council
Washington, D.C.

Real Change

I've been receiving THE AMERICAN LEGION MAGAZINE for 27 years. I've seen its substance deteriorate to a namby-pamby, empty nothing. So much so, I'd "round file" each issue.

However, the October 1989 issue had me sitting up. Reading "The Wages of War" by Richard Severo has once again excited me about your product. Honesty and realism are what veterans appreciate.

I. J. Yablon
Bronx, N.Y.

New Anthem?

The article in the September Dateline, "O Say Can You Sing," about pending legislation to change the national anthem to "America the Beautiful" was very interesting, and I am sure many thinking veterans, including myself, support the change wholeheartedly.

Many veterans want to see "America the Beautiful" become the national anthem. It is truly a beautiful, patriotic song, and "The Star-Spangled Banner" is a violent song and completely out of place in defining our nation's current aspirations.

Charles Buckley
Superior, Wis.

After reading "O Say Can You Sing" in the September issue, I wonder about Rep. Andrew Jacobs' qualification for the office he holds. Surely, the representative knows the home of the free and the land of the brave was won because of military action. Why should we cower now because we had to fight

the British to win this freedom? Our great republic was born because of the gore, the suffering and the rockets' red glare.

If the song, "America the Beautiful," were to replace our national anthem, when would it be allowed to be sung? With prayer and bible reading forbidden in public schools, baccalaureate services, and major public events, what would they do with the line, "God shed His grace on thee"?

Walter Fritchie
Palestine, Ill.

Hits Count

The caption on one of the photos in the "Cops Bucking the Odds" article (September), implied that rapid fire means effectiveness. As veterans, we should all realize that only the hits count. In 1967, a Viet Cong fired a 30-shot magazine at me on full automatic from about 150 yards. If he had used a bolt-action rifle, I probably would not be writing this letter.

Glenn H. Sheathelm
Muskegon, Mich.

Correction

In the October 1989 article "Defense: Too Risky A Business?" you erroneously identified a McDonnell Douglas F-15 STOL advanced fighter as a Prototype Air Force F-17.

Tommy Goodon
St. Louis

Burning Shame

I was most pleased to read the comments of many of the veterans in the November issue of THE AMERICAN LEGION MAGAZINE on the flag-burning issue. What a shame it is to have fellow Americans show such disrespect to such a national institution as the Grand Old Flag.

It should be evident to many of the justices that a great error was made in the *Texas v. Johnson* case.

I, for one, would like to know how each of our justices voted on this issue.

Steward L. Ashton
Longview, Texas

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"We shall... habitually go into action when the need is immediate and extreme."

General William H. Lee
101st Airborne Command, 1942

Photo by S. Sorenson

The standard M16 is respected as the best military assault rifle in the world for line infantry. And the special M16 "Shorty" version enjoys that enviable reputation among "special" units. It is respected by Veterans and prized by arms collectors.

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As the first commemorative M16 Shorty ever issued, this is in the "first ever" class of distinction, which has seen many well-documented, significant price increases.

From the standpoint of future investment value, only 950 will be made. Each is specially serially numbered between 001 and 950 with the prefix "ABN/" for Airborne, as an actual part of the serial number, which, in itself, further adds to the collector and historical value. Each serial number is also inscribed on the accompanying Certificate of Authenticity. The Foundation is presenting Serial No. 1 to the U.S.A. Airborne 50th Anniversary Foundation, which represents the Veterans of more than two dozen Airborne associations.

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three Military History Museums in its National Historic Landmark Headquarters, "Columbia", the Foundation has Members in all 50 states and in 44 countries around the world. With your reservation, you will be made a Member.

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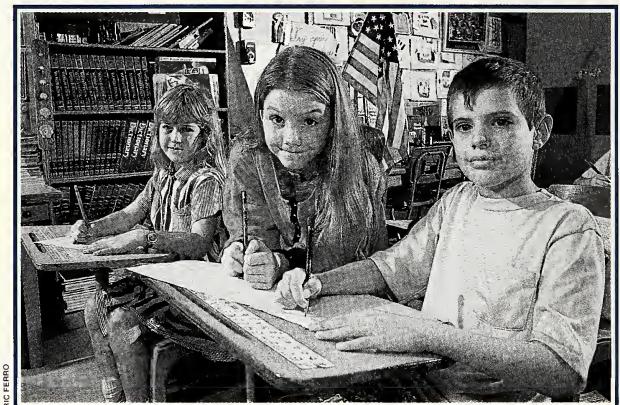
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WHAT DOES THE FLAG MEAN TO ME?



RIC FERRO
PATRIOTIC PENS—From left, 8-year-olds Jessica Renee Lakins, Justine Francisco and Eric Sosnoff of Clearwater, Fla., write what the flag means to them.

RECENTLY, this magazine explained why the U.S. Flag is cherished and should be protected by a constitutional amendment. In the September issue of THE AMERICAN LEGION MAGAZINE, we invited you to join us and tell the nation what the flag means to you.

The letter writers ranged from Bataan survivors to immigrants to Jessica, Justine and Eric, 8 year olds from Clearwater, Fla. The letter writers and responses were as diverse as our nation's heritage, but they all shared the spirit and love of our country and the Star-Spangled Banner.

On Oct. 23, 1983, my son, Keith, was one of the 244 U.S. Marines killed in the terrorist bombing of the Marine headquarters in Beirut, Lebanon.

What makes the flag so special to me

is that my son was one of the Marines who, every morning, raised the U.S. Flag at the headquarters building, known to the men who lived there as the Beirut Hilton.

The terrorists bombing took place about 7 a.m., and the flag was raised moments before the blast. The truck loaded with explosives entered the building beside the flag pole. Because it was my son's duty to raise the flag with two other young men every morning, we believe, and no one has been able to tell us different, that the last thing our son did before his death was to raise the flag over the compound that morning.

William J. Laise
East Stroudsburg, Pa.

Back in 1920, I started to my first school, a one-room schoolhouse. Each morning when the first bell rang, a boy was picked to raise the flag. We gathered in front of the little building and placed our hands over our hearts

and said the Pledge of Allegiance to our lovely flag. To me as a little girl, it was one of the most beautiful sights I'd ever seen. To this day, even though I'm crippled with arthritis, I always fly my flag on days of remembrance for our beloved servicemen.

Neva Lindsay
Farmington, Ark.

Soldiers have died for our flag. Our flag means freedom, and it belongs to the United States of America. It also means that the Army, Marines, Navy and the Air Force fought very hard to keep our flag flying. Our flag means everything to me.

Eric Sosnoff, age 8
Clearwater, Fla.

Our flag means a lot to me. It would just make me cry if someone ripped up the flag. People died for our beautiful flag. Please take care of the Stars and Stripes.

Justine Francisco, age 8
Clearwater, Fla.

The flag means freedom and loyalty. People died for our flag. Do not burn our flag. We love our flag.

Jessica Renee Lakins, age 8
Clearwater, Fla.

When I was 14 years old, I was forced out of my native Cuba. Later, three days after my 18th birthday, I registered with the Selective Service, and soon I was drafted. I gladly served my adoptive country, seeking to defend her no matter what the cost.

I will always remember the millions of exiles and immigrants America has fed, clothed and given shelter. The flag represents my adoptive motherland.

Manuel S. Gomez
Miami, Fla.

In August 1945, I was a POW in a dank, dirty camp at Ashio, Japan. About 60 of us Bataan survivors were there. We had endured nearly four years of hell, but now the signs of our deliverance were undeniable.

Secretly, I had been making a flag. I had the 48 stars and the white stripes finished but could not find red or blue material.

Then one night the guards left, and the next day, a U.S. bomber dropped food and medicine. I had my red and blue from the parachutes. Twenty men

Please turn page



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WHAT DOES THE FLAG MEAN TO ME?

pitched in and we soon finished Old Glory. We raised it on a long pole. We had not seen our flag for four years. I stood holding Old Glory, squeezing back the tears. The assembled pitiful survivors of four years of hell raised their voices to say the Pledge of Allegiance. A voice cracked, a sob, and soon the tears were flowing. Not in shame did they flow. We knew then what the Star-Spangled Banner meant, and we have never forgotten it.

*John M. Connor
Silver Spring, Md.*

My earliest recollections of our flag brings to mind hot, sunny summer days, the smell of charcoal burning, and burgers grilling, picnics and Fourth of July parades.

Whether carrying the flag or saluting it, the flag has always brought tears to my eyes and goosebumps to my skin. As a daughter, sister and wife of war veterans, it reminds me of the courage, loyalty and strength of the people who made this country what it is today—free.

When I see the flag, I swell with pride and know that there is no other place in the world I'd rather live.

*Donna Tega-Soper
Sprakers, N.Y.*

The flag that was draped over my husband's coffin remained folded and put away for almost 20 years. But one day I heard about a school that needed a flag, and I took the flag out of the box and presented it to the school. I pass by this school occasionally, and when I look up and see this flag waving in the breeze, I am so proud to know my husband and other veterans fought so that our flag can remain flying all over America.

*Olivia Lomax
Alexandria, La.*

Like a bridge over troubled waters, the American Flag calls for those repressed to join in our common cause. And people of all nationalities have responded, weaving themselves into the tapestry of this great nation. The red, white and blue is not just another piece of cloth. It guards and protects all of its citizens from those who would destroy their souls and minds. When



FLAG WAVERS—In 1921, sisters Priscilla and Rowena Smith hold the flag the day they led their school in reciting the Pledge of Allegiance.

seeing the flag, how can one not silently reflect on the efforts of all its people, regardless of where they came from?

*Harold Buffin
Rialto, Calif.*

During World War II, I was a young mother and the wife of a serviceman. Like so many others at home, we coped with the problems of a country at war, including the unbearable loneliness. Many feared, and some received, the dreaded telegram.

At theaters and other public gatherings, we would stand at attention and salute our flag while singing our national anthem. Tears streamed down our faces as we choked back the lumps in our throats. Faith in God and love of country was at an all-time high. But I still feel that way today, especially at the sight of our flag.

*Julie Olson
Sheboygan, Wis.*

Sixty-eight years have passed since a little 6-year-old girl, accompanied by her 9-year-old sister, proudly carried the U.S. Flag into the one-room school they attended in a small, rural town in Connecticut. Once inside, the older girl led the teacher and the eight grades, a total of 22 children, in the Pledge of Allegiance.

I was that 9-year-old girl, and I can

still recall the pride I felt on that bleak October day when it was my turn to have the honor of leading the Pledge of Allegiance. To recite the Pledge of Allegiance is as much a thrill to me, a WWII veteran, in 1989 as it was in 1921.

*Priscilla Smith Botti
Canterbury, Conn.*

My parents came to America from Syria in 1916. I visited Syria in 1976 and saw the lifestyles of the people who lived there. I thank God I was born an American. Our flag symbolizes special freedoms for women, respect for people of all classes, caring and concern for all, and the ability to debate freely and openly. I fly Old Glory every day with special love and pride.

*Herbert Nakad
Toledo, Ohio*

With the advancement of Russian troops in April, 1945, we American POWs in Stalag VII B at Krems, Austria, were evacuated by a forced march. I was asked to carry the American Flag given to us by the Red Cross for burials. But the flag could also be used to identify us to U.S. aircraft.

Several times when our planes came upon us, I would pull the flag from my jacket and spread it on the ground. The planes would spot it, circle, tip their wings and be acknowledged by the cheers of the tired, hungry and often frightened men. Old Glory has saved us again.

This flag served two purposes: One for the death ceremonies, the other to prevent those ceremonies.

*Lee Kessler
Canton, Ohio*

I'm 14 years old, and ever since I can remember, I've wanted to somehow tell all the veterans in the United States how I feel. Whenever I see a flag, I'm overcome with emotion, because I think of all the men and women who died so we can fly it today. To burn it is a horrid thing. Gregory "Joey" Johnson upsets me horribly. I want all the veterans out there to know you're not forgotten. I'm darn proud of you guys. Long live freedom.

*James Wessel
Huntsville, Ala.*

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Signature _____

OFFER EXPIRES FEBRUARY 23, 1990 CS146 AL



DISASTER RELIEF: ‘OUR DEVOTION TO MUTUAL HELPFULNESS’

AN ILL wind blew through the Virgin Islands and Puerto Rico, and then slammed into the Carolina coast near historic Charleston. The tragic results: scores of people killed, tens of thousands homeless and billions of dollars of damages.

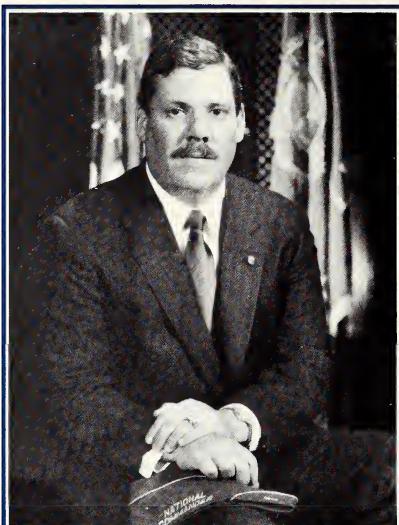
Across the continent, for 15 long seconds, the northern California landscape shook violently. When the most dangerous of the shock waves subsided, 63 lay dead in the rubble, and many in the San Francisco and surrounding region were without homes and jobs.

By now, we're all aware of the destructive and unpredictable powers of nature. Disasters can strike anywhere and anytime and each one of us is a potential victim. We've witnessed two such calamities with Hurricane Hugo and the California earthquake. And once again, The American Legion has mobilized to help Legionnaires and their families whose lives have been disrupted by the two disasters.

Your National Executive Committee responded by passing Res. 30 at the 1989 Fall Meeting (see story, page 42), authorizing The American Legion to solicit contributions to a Legion National Emergency Fund and committing \$50,000 to immediate relief efforts. There are several goals to be accomplished with the establishment of this special fund.

Hurricane Hugo devastated large areas in Puerto Rico, South Carolina and sections of North Carolina; damage is estimated to exceed \$8 billion. Damages from the California earthquake are expected to exceed \$13 billion. There is now, and will be in the months to come,

an urgent need to assist Legionnaires and their families, and Posts that have either been damaged or have had funds depleted while helping their communities recover from the disasters. In helping our fellow members, we demonstrate our steadfast "devotion to



National Commander Miles S. Epling

*When disaster struck,
Legionnaires reached
out and helped.
Your help now
can still make
a big difference.*

mutual helpfulness," one of the guiding ideals on which our great organization was built. Our pledge is more than just words—it's a commitment to action.

Many of you already know of the hardships faced by Legionnaires residing in these disaster areas. Brochures were mailed to each of our 16,000 Posts late in November, with on-the-scene photographs and stories about the problems wrought by the killer hurricane and earthquake, and how Legionnaires are coping.

Some disastrous details: a member of Post 147, James Island, S.C., lost his comfortable home when the hurricane's hellish winds and water crashed through a seawall. Insurance will not cover his loss, and he's staying with friends until he can find a new home. In Puerto Rico, an estimated 50,000 lost their homes when the savage storm rolled ashore. Many of the homeless include Legionnaires of Loiza Post 50, a fishing town in the northeast section of the island. In addition to sustaining damages to their homes, some Legionnaires now stand in unemployment lines because their workplaces were destroyed.

But the stories also have been heartwarming, excellent testaments to Legionnaires' devotion to mutual helpfulness and their selfless service to their communities. Members of South Carolina's St. Stephen Post 62 cleared roads and delivered drinking water to stranded storm victims; Post 147 Legionnaires served meals to emergency workers and collected clothing and food. Members of Post 47 on Vieques Island, east of Puerto Rico, helped direct traffic and evacuate the

Please turn page



DISASTER PLAYS NO FAVORITES

it can occur anywhere...anytime...to anyone.

Most of us only "experienced" Hurricane Hugo and the California earthquake through the media. But for many in the Legion family, the experience was a tragic reality. They lost everything, and now they need your help. The American Legion National Emergency Fund has been established to lend a hand to those who must rebuild their lives. Now, more than ever, they count on our "devotion to mutual helpfulness." Please help by sending your contribution today.

THE AMERICAN LEGION NATIONAL EMERGENCY FUND

I am proud to help my fellow Legionnaires in their time of need. Enclosed is my contribution of:
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\$5 \$10 \$50 \$100 Other \$ _____

Charge Account #!_____ Exp. Date!_____

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The American Legion Nat'l Hdqtrs.
Attn: National Emergency Fund
P.O. Box 6141
Indianapolis, IN 46206

name_____

street address_____

city_____ state_____ zip_____

homeless to a refugee center after the storm. Members of Post 69, Hollister, Calif., set up a food and clothing distribution center in that town.

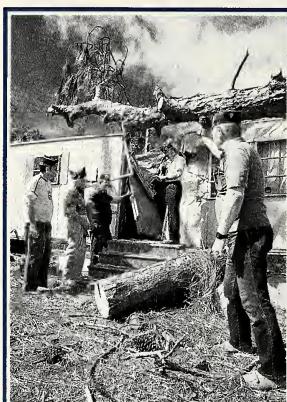
The essence of mutual helpfulness often has crossed state boundaries. Virginia's Stafford Post 290 filled a semitrailer with food and other emergency supplies and dispatched it to California. Indiana's Fortville Post 391 also sent a van stocked with supplies to distribution centers in the South Carolina towns of Moncks Corner and St. Stephen.

These are but a few of many examples of how Legionnaires have helped fellow Legionnaires and their needy neighbors. Some say that charity begins at home, but from what I've heard and personally witnessed of Legionnaires in recent weeks, charity begins and flows deep from the hearts of the men and women who wear the blue cap of our organization, some from thousands of miles away, others close to the tragic scenes.

In addition to the individual Legionnaires and others hurt by the disasters, many Legion Posts have also suffered losses. Several Post facilities were destroyed, such as Loiza Post 50. The 260 members of that Post, who are active in veterans' services and with local children, no longer have a place to meet. Scores of Posts in South Carolina and northern California sustained damages as well. Although damaged, many of these Posts deemed safe by authorities, have served as sanctuary for disaster victims and refuge for emergency workers.

So how will the National Emergency Fund benefit the Legionnaires and Posts affected by Hurricane Hugo and the California earthquake? The criteria for disbursement of these funds is available from the Departments in affected areas—South Carolina, North Carolina, Puerto Rico and California. Queries about assistance should be directed to officers at Department Headquarters. Grants made from the fund are intended to help Legionnaires and Posts get back on their feet.

Many of you perhaps are wondering how we will be able to accomplish these objectives. The \$50,000 committed by the NEC is seed money for the launching of a Legion-wide campaign that has several goals. I'm counting on each one of you to help me in this quest. To reach these goals, it will require the concerted efforts of all members of the Legion family,



HOMELESS—Many Legionnaires who were victims of Hurricane Hugo and the earthquake lost homes.

gathered for the 1969 National Convention in Atlanta. Before the convention ended, more than \$61,000 was raised, and more was collected in the weeks to come.

What distinguishes this National Emergency Fund from relief efforts of the past is that unused donations will be set aside for future needs. A permanent fund serves two purposes: First, it establishes a new and vital American Legion program. But more important, the fund will enable the Legion to have cash readily available for future disasters. And as each of us knows, no one is immune to the destructive powers of nature. In an instant, any one of us could find ourselves without a home, a job or vital assets. If that happens, help will be available.

One million dollars. That's the goal to be raised. It's a quest that we can reach by working together as caring and concerned members of the Legion family. If every Legionnaire, member of the Auxiliary, and Sons of The American Legion contributes just a few dollars, we can far exceed our goal. I am confident that we will do just that.

I can think of nothing that better exemplifies Legionnaires' concern for the welfare of their fellow Legionnaires and their families than the National Emergency Fund. It is a plan of action whose time has come.

Many of you have heard me say that The American Legion "walks the point" for America's veterans and their families. Now it's time for each member of the Legion family to walk the point for our fellow Legionnaires and those in desperate need in the Carolinas, Puerto Rico and northern California.

Meanwhile, the victims of Hurricane Hugo and the California earthquake are coping in whatever ways they can. In next month's issue of this magazine, you'll read about their problems and you'll see their faces and the incredible destruction caused by both disasters.

That's why I know I can count on each one of you to help raise \$1 million for The American Legion National Emergency Fund. In the spirit of this holiday season and in the months ahead, we'll demonstrate our devotion to mutual helpfulness by opening our hearts to those in need.

Those wanting to donate should send their tax-deductible contributions to The American Legion National Emergency Fund, P.O. Box 6141, Indianapolis, IN 46206. □

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SHOULD IMMIGRATION QUOTAS FOR SOVIET-BLOC REFUGEES BE INCREASED?

Rep. William O. Lipinski, D-Illinois

The mass exodus from East Germany is another triumph for freedom and democracy to be greeted with enthusiasm by the United States. Throughout the Cold War and beyond, one of America's highest priorities has been to secure freer emigration from the Soviet Union and Eastern Europe for those who have faced religious and political persecution in their homelands.

Unfortunately for those leaving their countries in droves, the liberalization of Soviet-bloc emigration policy has come at a bad time. As refugees flee communist nations in unprecedented numbers, the United States has not fulfilled its role in the immigration aspect of *glasnost*.

In the first nine months of FY 1989, 70,000 Soviets and 38,000 Eastern Europeans applied for refugee status to enter the United States. In comparison, the U.S. yearly ceiling for refugees from the Soviet bloc was 43,500, after a mid-year upward adjustment.

The United States now turns away a great number of refugees who our country once accepted with open arms. Before budgetary restrictions began undermining America's ability to carry out foreign policy, the United States authorized more than 500,000 refugees from Southeast Asia from 1980-1984. But now that the Iron Curtain is open, a new barrier, caused by budget constraints, is preventing an adequate refugee policy.

The administration has announced its proposal for FY 1990 refugee ceilings. Testimony before Congress revealed the 1990 limits are even less adequate than the 1989 limits, which had to be raised later. The State Department recognized that there will be a backlog of 47,000 refugee applications from the Soviet Union as we begin FY 1990. Yet the yearly ceiling is 50,000, leaving no room for new applicants. More disturbingly, the President's proposal calls for a decrease from 9,000 to 6,500 refugees.

The accommodation of Soviet bloc refugees is not only a necessary response to those fleeing the Soviet Union, it is an affirmation that America's arms are still open to those who face oppression. The policies which define the American ideal, such as championing human rights and accepting refugees, cannot be sacrificed, even at the powerful hands of a limited budget.

YES



Rep. Lamar Smith, R-Texas

We are a generous nation. Every year, America welcomes more immigrants and refugees than the rest of the world combined. But there is a chorus of voices urging the administration to open America's borders to Eastern-bloc refugees. We should not change our policy because it would be unfair, unnecessary and unprecedented.

A distinction must be made between the East Germans who are streaming out of their country and Soviet citizens who would like to have official refugee status conferred upon them by the United States.

East Germans are fleeing to nearby countries such as West Germany. Soviet emigrants, however, are generally seeking refugee status that sets them on the road to U.S. citizenship and costs the American taxpayer more than \$7,000 per refugee. .

This figure is not inconsequential. As Soviet officials relax restrictions, Western diplomats project that up to 150,000 Soviet residents would want to leave the Soviet Union in 1990. If given refugee status by the United States, the cost would exceed \$1 billion.

If the issues were simply the strength of our commitment to Soviet emigrants or processing the backlogs of refugee applications, there would be little opposition. These are not the main issues.

At issue is fundamental fairness. The U.S. government is being asked to endorse the selection of several categories of refugees for preferential immigration treatment. Such preferential treatment is unfair to those among the 14 million refugees in the world who might want to seek asylum in the United States. Expanding quotas for Soviet-bloc refugees is unfair to any individual anywhere in the world who is fleeing persecution and seeks asylum in America.

Why should some groups of people be brought to the head of the line and given admittance ahead of equally deserving individuals?

Opening America's borders to any group of individuals without legal safeguards and consideration for our ability to absorb them, violates our refugee and immigration laws. It is unfair to other deserving groups of immigrants, and sets a regrettable precedent.

YOUR OPINION COUNTS, TOO

Senators and congressmen are interested in constituent viewpoints. You may express your views by writing The Honorable (name), U.S. Senate, Washington, D.C. 20510, or The Honorable (name), U.S. House of Representatives, Washington, D.C. 20515.

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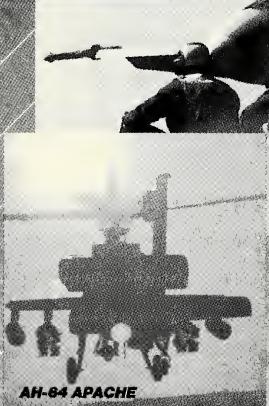
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CONTROLLING DIABETES

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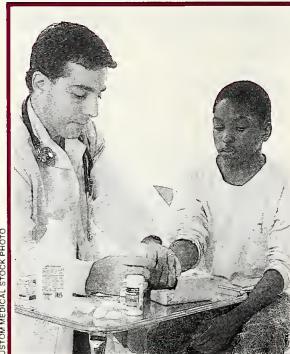
Researchers can prevent diabetes in animals, and further medical advances raise the possibility that the disease could be cured. But diabetics must still diet and take insulin.

By Edward Edelson

ARE you over 40 and overweight, with a close relative who has diabetes? Then you could be one of the 5 million Americans who have diabetes and don't know it. There's no need to panic; sensible measures such as diet and exercise can manage the disease in many cases. But experts say that every American should know the symptoms of diabetes.

"For most people, the symptoms are vague—fatigue, blurring of vision, increased thirst, increased appetite and increased urination," said Dr. Charles M. Clark Jr. of the Indiana University School of Medicine, president of the American Diabetes Association. "As the disease gets more severe, you get more severe symptoms, such as extreme fatigue, infections and weight loss."

It's easy to check for the high blood-sugar levels that indicate diabetes. New kits make it possible for doctors to check blood sugar simply by pricking a patient's finger for a blood sample; color changes on a strip of paper exposed to a drop of blood indicate the



KIT CHECK — A doctor demonstrates how blood-sugar levels can be monitored by home-test kits.

sugar level. High-risk people should have this test once or twice a year, Clark said.

"People over the age of 40 who are overweight and have family histories of diabetes are the group we try to target," he said. "Minorities—blacks, American Indians and Hispanics—tend to have a higher incidence of diabetes. They also tend to be overweight."

People in these categories run a high risk of developing the most common form of the disease, which doctors call Type 2 or "maturity-onset" diabetes. Type 2 patients' bodies make what

should be a sufficient amount of insulin, the hormone that metabolizes sugar, but can't use it properly. Type 2 diabetes can often be treated with diet and lifestyle changes. Pills and insulin shots are prescribed for more serious cases.

It's different for the estimated 600,000 Americans who have Type 1 or "juvenile-onset" diabetes. The specialized beta cells in their pancreases don't make insulin, so these patients will have a lifetime of insulin shots and careful dieting.

But there's hope for Type 1 diabetics. New research shows that their diets can be much more varied than doctors once thought. New technologies ranging from implanted pumps to home blood-testing machines make it easier for them to control their blood sugar. And biomedical advances raise the possibility that the disease can be cured or even prevented.

All of this is a far cry from the beginning of this century, when diabetes was a death sentence. That changed in 1922, when two Canadian researchers, Frederick G. Banting and Charles H. Best, isolated insulin and showed that its absence caused diabetes. Insulin injections have kept diabetics alive ever since.

Today, diabetes researchers are looking for a new way to prolong diabetics' lives. They hope to stop the accelerated clogging of diabetics' blood vessels, which can lead to blindness, amputations, heart attacks and strokes.

Researchers said they feel that much of this damage can be delayed or prevented if blood-sugar levels are kept within very narrow limits. The National Institutes of Health has enlisted thousands of volunteers for a nationwide study of that theory. Meanwhile, diabetics are being told to test their blood-sugar levels three or four times a day on home machines and to adjust their insulin injections accordingly.

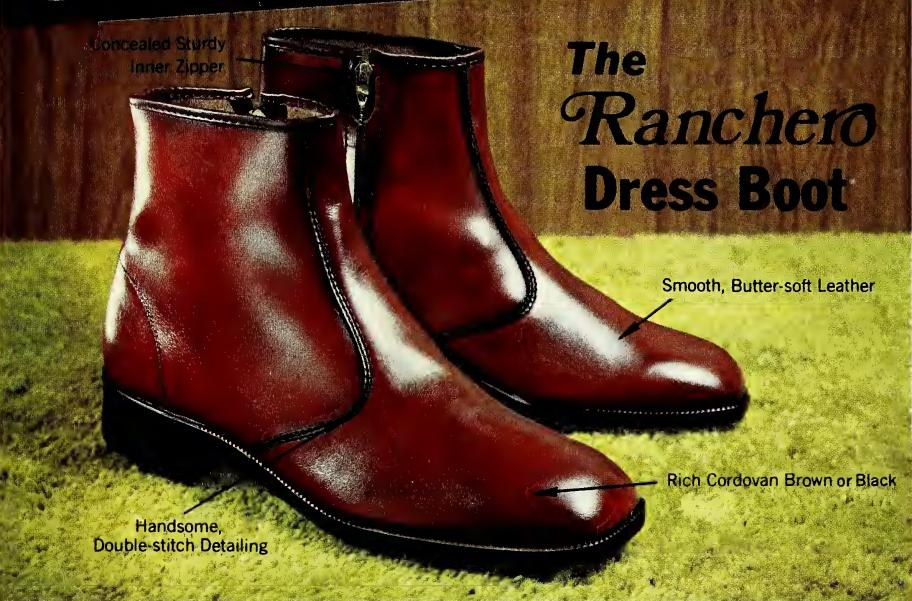
In another development on the research frontier, some patients now can control their blood-sugar with the help of implanted pumps, spinoffs from American space technology. Each pump holds a three-month supply of insulin and is refillable by injection. Patients control insulin release by sending radio signals to the devices. Also, several dozen transplants of insulin-producing cells have been per-

Please turn page

Edward Edelson, a staff writer for a large metropolitan newspaper, specializes in science and medicine.

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formed at Washington University in St. Louis and other medical centers, bringing at least partial relief to many patients.

"There is a lot of research directed to the prevention of Type 1 diabetes," said Dr. George Eisenbarth, a researcher at the Joslin Diabetes Center in Boston. "It's very clear now that Type 1 diabetes is an autoimmune disease, in which the body attacks its own tissue. We can now prevent it in animals by immunotherapy."

European researchers have prevented Type 1 diabetes in some young patients by giving them injections of cyclosporine at the first sign of symptoms. American researchers such as Eisenbarth are looking at those results closely. However, they are worried about the long-term effects of cyclosporine, which is used mainly to prevent rejection of transplanted organs.

The battle against Type 2 diabetes is less dramatic, because it usually is a less severe disease. But doctors say that many deaths and illnesses could be prevented if Type 2 diabetes were detected earlier and treated properly.

ACCORDING to Clark, the first step in treatment today is likely to be strong advice on diet and exercise: Eat less and exercise more.

"The evidence suggests that 80 percent to 90 percent of cases of diabetes in overweight people respond to weight loss," Clark said. "Usually, we also try for an increase in physical exercise, even if it's just walking. It helps reduce weight, and there is a feeling of well-being that goes with exercise."

But Clark acknowledged that most patients can't achieve the weight loss needed to control diabetes. In general, getting weight off and keeping it off are among the toughest problems in medicine. The next step for many patients is likely to be a diabetes pill, which stimulates production of insulin. Other patients will be put on insulin injections, which continue for a lifetime.

Whatever the treatment, diet still is a centerpiece of diabetes therapy. But the recommended diet has changed significantly in the past few decades. The basic advice for diabetes patients today is to eat the way that everyone else does—or, at least, the way that everyone is supposed to eat.

Twenty years ago, diabetics were told to avoid all carbohydrates—not only sugar, but also the complex carbohy-

WARNING SIGNS

Some symptoms of diabetes include fatigue, blurring of vision, increased thirst, boosted appetite, more urination and weight loss.

drates found in bread and fruit. It was thought that carbohydrate consumption raised blood-sugar levels. In the 1970s, when dietary fat and cholesterol were linked with clogging of the arteries, nutritionists began telling diabetics to eat less of those substances and more complex carbohydrates.

Today, researchers such as Phyllis Crapo of Stanford University have found that complex carbohydrates, such as those found in potatoes, may raise blood-sugar levels as much as simple carbohydrates, such as glucose. The result of their work is a prudent diet that would benefit all Americans, not just diabetics: heavy on carbohydrates, lighter on protein, lightest on fats.

But this new information "doesn't give diabetics carte blanche to go out and eat sugar," said Dr. May Wheeler, a diabetes expert at Coney Island Hospital in New York. "While we now realize that sugar isn't as bad as we thought, that doesn't change things."

Many diabetics are told to choose their foods from a "glycemic index" developed by Dr. David Jenkins of the University of Toronto, which compares all carbohydrates with glucose. The American Diabetes Association offers another guide, an exchange list that classifies food in six groups and establishes units of equal nutritional value. Type 2 diabetics balance the contributions from each group every day; Type 1 patients, every meal. □

For more information about exchange lists, the glycemic index and other aspects of nutrition for diabetics, write the American Diabetes Association, 1660 Duke St., Alexandria, VA 22314, or contact a local affiliate.

The Future of a Proud Indian Nation



- 23K gold rim
- Limited edition plate

• Actual size: 8½"

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They call themselves "Dinneh"—the people. They thrived in an arid Southwestern land, tending their flocks, farming, and hunting in the Arizona sunshine. And for more than 500 years, the Navajo Indians have looked to their youth for a bright future.

And now America's celebrated painter of Southwestern Indian tribes, Ray Swanson, presents his first-ever collector plate, "Navajo Little One." As a lasting tribute to the future of this proud nation, Swanson portrays the poise and grace of a Navajo child standing against a backdrop of blue sky and brown earth mounds.

This deeply moving portrait premieres a collection of eight porcelain plates, each capturing the pride and spirit of a Navajo child. Limited to a total of 14 firing days, each plate will be hand-numbered and accom-

Navajo Little One

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Art depicting Native Americans has experienced a surge in popularity in recent years, and thus "Navajo Little One" is expected to attract strong collector demand. Ensure your reservation by sending in your application today!

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THE AMERICAN'S CREED

BY WILLIAM TYLER PAGE 1868-1942

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by the people, for the people;
whose just powers are derived
from the consent of the governed;
a democracy in a republic,
a sovereign Nation of many sovereign States;
a perfect Union one and inseparable;
established upon those principles
of freedom, equality, justice and humanity
for which American patriots
sacrificed their lives and fortunes.
I, therefore, believe it is my duty
to my country to love it,
to support its Constitution,
to obey its laws,
to respect its flag,
and to defend it against all enemies.

(Adopted by the U.S. House of Representatives, April 3, 1918.)



High Blood Pressure Can Now Be Lowered

- ARE circulation problems affecting your health? Cholesterol?
 Clogged arteries? Too many triglycerides? Leg cramps?
 High blood pressure? Numbness or tingling? (See below):

Drugs often don't work—but the hidden truths found in this ad could change your life.

You see, doctors now say that more than HALF of the Americans who have high blood pressure are *unaware* of it.

It's true. High blood pressure IS an odd problem. It is not a normal human condition. *Ever*. And blood pressure drugs will *not* cure it and seem to cause unsafe side effects. But, I have found the answers.

SECRETS IN THIS BOOK

The answers in this book, which firmly link circulatory problems to human diseases, offer all of us new hope. One University test has already found that 85.3% of victims could actually lower their blood pressure in a special way, without any drugs. And cholesterol levels dropped 26%. Triglycerides, too.

Good blood circulation, this book reveals, should reach *every* portion of your body for optimum health. Accept as an iron-clad fact that a lowered blood pressure will offer you a longer life expectancy.

GET UNREPORTED DISCOVERIES

- The one needed food in the body—which should be 200% more than the other food.
- Many younger people now have high blood pressure. 66% of folks between 65 and 74 have it. Past age 75, it's 3 of 4. *Unnecessarily*.
- Salt is not the only villain. At all. Why it affects some—not others.
- Toxic metal poisoning can be a cause. Here's a test to find out.
- How HBP can ruin your sex life. What to do.
- 9 home tests you can use to detect upcoming circulatory problems.
- 1 of 2 Americans have a danger zone cholesterol level.
- Many cardiovascular medicines . . . plus aspirin, laxatives, caffeine, sleeping pills, and some diets can deplete critical nutrients. The book has a list.
- 3 best forms of exercise to alleviate high blood pressure.

- The one unsuspected food which makes blood pressure shoot up.
- Why relieving blood pressure so often helps with hemorrhoids, appendicitis, colon cancer . . . and helps weight loss.
- What 156/84 actually means. (Do you know?)
- "Miracle foods" which counteract even salt.

NOTICE TO READERS WHO WANT TO ACT TO SAVE THEIR OWN LIFE

People are funny. They may say they know their blood pressure is too high, but when encouraged to try our book "The SECRETS To Control HIGH BLOOD PRESSURE" at our risk, they sometimes hesitate and shake their heads.

Well, doctors say your risk of developing heart ailments is SIX TIMES AS LIKELY if you leave high blood pressure undiagnosed and untreated. The chances of diabetes are 63% greater—a stroke is 400% more likely. High blood pressure can otherwise continue to damage blood vessels, a leading cause of hardening of the arteries.

This book contains many new breakthroughs: *Rutgers University*, Boston University Medical Center, *Pritikin Longevity Center*, American Heart Ass'n., *The Seventh Day Adventist Church*, Central Institute for Cardiovascular Research, *Chinese folk herbalists*, Mayo Foundation, *The Australian Medical Ass'n.*, Maryland School of Medicine. All have put forth many of the discoveries revealed in this timely book.

ARE CIRCULATORY PROBLEMS ENDANGERING YOUR HEALTH?

If you can lick a stamp, you can lick high blood pressure once and for all. And if your blood pressure ever again becomes a problem once you learn these secrets—and I mean EVER—you haven't lost a dime. Merely return the book for a full, every-penny-back refund.

Every day we see people who are aging too fast—because of this condition. The

grim warnings of the American Heart Ass'n., the Surgeon General, and dieticians just seem to fall on deaf ears. Well, you need not be a victim.

GUARANTEED TO WORK— OR MONEY REFUNDED

Listen to that little voice inside you. Just this once, give in to your common sense and give this book a try. Watch these secrets automatically work for you in a way that really counts . . . *lower blood pressure*. (And cholesterol, etc.) Without risking a cent.

I know exactly what you may be thinking, right now. You're quite intrigued, but skeptical. Or think maybe if you're affected already by high blood pressure, it'll somehow vanish away by itself. *Never happens*.

Here is the help . . . in plain, step-by-step language . . . in a book which anyone can use to begin to normalize blood pressure. GUARANTEED.

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Order today. You'll also receive "*Cleanse Your Own Arteries and Feel 25 Years Younger*" as your Free Gift just for trying our "blood pressure" secrets book.

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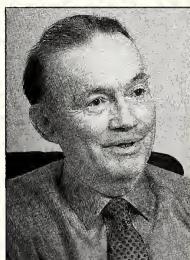
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HOW TO PREVENT WORLD WAR III

In the 1950s, the United States developed a strategy incorporating the Marshall Plan, NATO, containment and financial policies to prevent nuclear war. Today, with the threats of terrorism and many small wars worldwide, a new strategy must be formed.



Dr. David Abshire

ART STEIN

"*Stalin created NATO, and Gorbachev may uncreate NATO,*" says Dr. David M. Abshire, president of the Center for Strategic and International Studies, a foremost Washington, D.C., "think tank."

Abshire says Mikhail Gorbachev's charm has relaxed several NATO countries and may dismember the alliance quicker than any Soviet dis-armament.

"*Don't misunderstand me, I would rather have Gorbachev there than Ligachev. But, in the promise of Gorbachev, there is also peril if what has kept peace and stability since World War II now tends to fall apart,*" he says.

Abshire, a West Point graduate, has been a front-line company commander in Korea, an assistant secretary of state, U.S. Ambassador to NATO and special counselor to the President. His latest book is *Preventing World War III: A Realistic Grand Strategy*.

In this exclusive interview, Abshire says we can prevent World War III, but it will take a new and realistic grand strategy to shore up glaring Free World weaknesses.

American Legion Magazine: You've devoted much effort to developing a strategy for preventing World War III. But doesn't the United States already have such an essential strategy?

Dr. Abshire: We had a very good strategy in the 1950s—a grand strategy that incorporated the Marshall Plan, NATO,

containment and financial strategy. Vietnam splintered that strategy and now our economic problems have become so great, as have the changes that are taking place in the Soviet Union and Eastern Europe. Today we face a fractionalized and balkanized situation. What we need to do for the 1990s is to put together the kind of comprehensive approach that we had in the 1950s, even though the policies of the 1950s are now outdated. We did it once, we can do it again.

Q. One that will take into account a multi-power world?

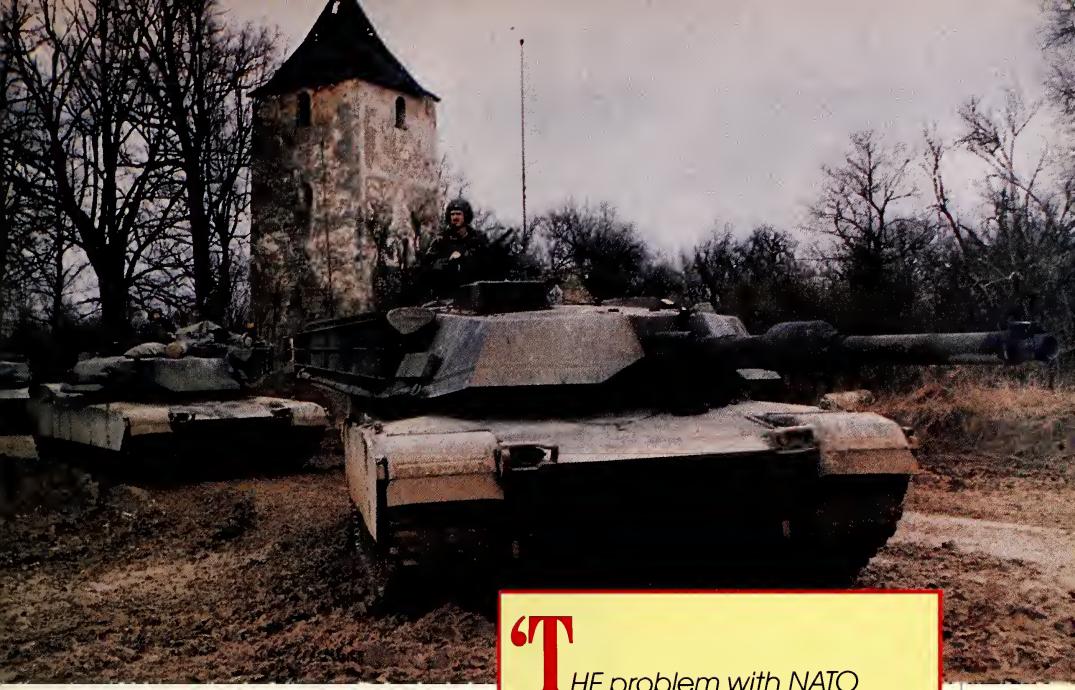
Yes, versus a two-power world. But contrary to what A. most people think, a multi-power world can be a more dangerous world in many respects. Remember the balance-of-power game that took place in Europe for years ended in an unstable balance of unstable multi-powers, and created many wars.

Q. In your new book, "Preventing World War III: A Realistic Grand Strategy," you wrote that while nuclear deterrence has forestalled mutual annihilation between the United States and the Soviet Union, about 25 wars are still being fought. What's to prevent conflicts in the Mideast from expanding into another world war?

This is a danger. Whereas we fashioned a deterrent doctrine for NATO that worked well for so long, we have not been able to fashion a deterrent doctrine in such places as the Middle East. Perhaps above all, we've not been able to create a deterrent doctrine on terrorism.

Q. What can be done about terrorism?

We need to better coordinate our efforts among allies A. and even quasi-opponents so that terrorists become



HEAVY METAL—M-1 tanks participate in joint United States, Canada and West German maneuvers in West Germany.

increasingly isolated. For example, pressures and incentives can be brought to bear on Iran to isolate the *hezbollah* in Lebanon. In this new age where we find that economic power is becoming so important, we must use it more effectively on other countries to eliminate state-sponsored terrorism or terrorism sponsored by factions within states. I give the administration high marks for its effort to consult with a wide range of countries in the aftermath of the murder of hostage Col. William Higgins.

Q. Is the United Nations no longer reliable as a peacemaking power?

A. The United Nations, other than furnishing peacekeeping forces in certain situations, has not been a major institution for keeping the peace because it is so dependent upon unaligned powers that are unable to reach a consensus. The amazing thing about the United Nations is that it has the potential to be the only organization where you can get a world consensus. But that is not what is happening. If we can get better Soviet cooperation in certain areas in the Security Council, the U.N. can do more.

Q. One of your book's most startling revelations is that NATO forces on the North German plains are so vulnerable that our entire defense structure could be invalidated by a blitzkrieg, which the Soviets seem to be preparing for. Are our NATO forces inferior?

A. The problem with NATO is not that its conventional force levels are universally weak, it's that they are uneven. We

THE problem with NATO is not that its conventional force levels are universally weak, it's that they are uneven.

have peaks and valleys of strength. It is like France in 1940. If you could have convinced the French prime minister and defense minister in 1938 that they had a defense problem and were vulnerable, they would have reinforced the Maginot Line. The French should have been able to assess their vulnerable situation on the Meuse at Seydron where, on May 13, 1940, German panzer units surprised them and shot through to the sea in not much more than a week. NATO has had poor deployments, partly for historic reasons based on the location of forces following World War II and partly because of ineffective logistical coordination with notorious ammunition shortages in certain areas and ammunition surpluses in others.

Forward-deployed armor in East Germany is also positioned opposite our greatest points of vulnerability. We now have an opportunity in arms-control negotiations to get those Soviet forward-deployed forces pulled back. But by the same token, we've got to remedy the vulnerabilities because the danger to NATO is partially the Soviets' fault because of their forward-deployed armor, and partially our fault because we've created certain vulnerabilities opposite their greatest strengths.

Q. In your book you also state that NATO's reserve or mobile forces, that could be utilized to block an attack, are

Please turn to page 70

OUR DISPOSABLE

- Many of our nation's landfills will reach capacity and close within 10 years.
- Recycling, which avoids the environmental hazards of incinerators,
- could be the answer.

By Mary Beth Pfeiffer

THE Fresh Kills landfill is the largest garbage dump in the world—a virtual city within a city where 500 people make their living, a multitude of gulls find sustenance and New York City dumps most of the 26,000 tons of trash it makes every day. A pristine wetlands until master planner Robert Moses developed the site in 1948, the landfill will add another dubious distinction in the coming decade when its twin trash heaps surpass Cadillac Mountain in Maine as the highest point on the East Coast.

Fresh Kills is quintessential American trash. It is our squashed pizza boxes and tin cans, our toasters that cost too much to fix, our Styrofoam cups that served a fleeting purpose but will persist long after we're gone. It is our bald tires, our out-of-style blue jeans, our used scouring pads and bug



ROBERT MAGNAN/PICTURE GROUP

KINGDOM OF TRASH — Landfills are closing as Americans generate about twice the trash we did in 1960.

sprays, our microwave meals. It is also an environmental nightmare. Two million gallons of leachate, liquid garbage, leak into waterways every day, and in summer nearby residents are nauseated by the smell. Fresh Kills' concentration of methane gas is so large that it is mined to provide natural gas to 10,000 homes.

Just as Fresh Kills typifies America's trash, it typifies America's trash problem: dwindling dump space and the not-in-my-backyard attitude of residents in communities where dump sites have been proposed. To complicate the trash problem, thousands of landfills

nationwide, including Fresh Kills, are nearing capacity and will soon close forever. Fresh Kills will close when those peaks reach 505 feet above sea level. In New York State, more than 200 of 500 landfills have been closed in the past six years, and only about 100 will remain open into the 1990s. Likewise, 16 of the 18 states in the Northeast and Midwest have less than 10 years of dump space left.

Yet, while dump sites diminish, garbage grows. Americans generate nearly twice the trash now than they did in 1960 and twice as much per capita than other industrialized societies. Our nation's output is expected to grow by 20 percent in the next decade. Perhaps America's trash quandary shouldn't be a question of where we put the garbage,

Mary Beth Pfeiffer, winner of the 1989 American Legion Fourth Estate Award, is an assistant editorial page editor for a New York State newspaper and has been a journalist for 12 years.

SOCIETY



but why do we make so much?

In the quest to handle the waste of their citizens, some local governments have revived the old idea of using the trash-burning incinerator. But these new-age incinerators generally have more sophisticated pollution-control devices, heftier price tags and a fancier name—resource recovery plants—because of their ability to turn garbage into electricity. About 200 incinerators are in the planning or construction stages nationwide, and in New York City, five to eight incinerators are planned at a cost of at least \$500 million each.

In New York, as elsewhere, the incinerator-building boom has sparked intense controversy because of the thousands of tons of yearly air pollution

the plants will emit, their tendency to produce exceptionally toxic dioxin and the residue they leave behind. Incinerators reduce each 100 tons of trash to 30 tons of ash often laden with enough heavy metals to qualify the ash as hazardous waste, which makes incineration hugely expensive. Why then are incinerators appealing? For one thing, they offer a quick solution to a complex problem, allowing our throwaway society to keep producing, consuming and throwing away with little adjustment in garbage handling. Thus, we still have the conveniences of throwaway diapers, plates, razors and flashlights.

"What the incinerator represents in our society is business as usual," said Paul Connett, a St. Lawrence Univer-



GARBAGE BARGE — An unwanted trash barge with a protest sign floats near the New York coast.

DENNIS CARDOZO/BLACK STAR

city chemistry professor and founder of Work on Waste, a national grassroots environmental organization. "But, we cannot afford business as usual."

There is an alternative to incinerators, which environmentalists and community activists, including Connett, say is less expensive, environmentally sound and more technologically reliable than trash burning. It is recycling.

But this old-fashioned remedy, which suffers from the perceptions that it must pay for itself, is too difficult to institute among reluctant citizens, and won't work because industry won't use secondary materials. Although those myths are being dispelled in Seattle, which is halfway to a goal of 60 percent recycling, and Philadelphia, which has set a goal of 50 percent, recycling still lags behind incineration as an accepted solution.

First, there is the belief by policymakers that technological solutions work better. "There is a fixation for black box solutions to environmental problems," said Mark Izeman, a researcher for the Natural Resources Defense Council. Hence, governments have generously supported burning and stingily given to recycling projects. In the Northeast and Midwest, where the incineration trend is strongest because the trash problem is worst, \$7 billion will be invested in incinerators in the next five years, but only \$525 million to \$790 million in recycling.

Fueling the incineration craze is a well-heeled and influential group of companies with their hard sell. "The producers of incinerators are under heavy pressure to sell," said environmental scientist Barry Commoner, a 1980 presidential candidate. "They are making up for the loss of orders for power plants, especially nuclear power

Please turn to page 58

BELLEAU WOOD

In a forest in France, young, untested doughboys fought their first battle of World War I and quickly earned the enemy's begrudging respect.

By Vernon Pizer

AS WOODS go, Belleau Wood was not what you would call impressive. It comprised only a scant square mile of rolling, forested terrain just west of Chateau Thierry in northwestern France. However, what happened there during two weeks in June 1918 reserved for it a lasting niche in the panorama of American military history. Those woods are where the American Expeditionary Force saw its first large-scale combat of World War I; where untested American fighting men quickly lost their innocence and became battle-wise veterans. On a less notable level, it is also where U.S. Marine Gunnery Sgt. Daniel Daly gave Hollywood script writers one of the

more memorable battle cries when he bellowed to his men, "Come on, you sons of bitches! Do you want to live forever?"

For the Allies, Belleau Wood was much more strategically significant than its territorial size. The woods and Chateau Thierry sat astride a 45-mile route to Paris. In early June, these woods had become one of the last remaining barriers between the surging German forces and the French capital. The situation had become critical. If Paris fell to the enemy, it would strike the Allies a truly devastating blow from which recovery might be impossible.

The Germans were applying intense pressure all along the front; Belleau Wood was simply one of the many pressure points. The Allies, fighting desperately to stem the enemy tide, shuttled troops back and forth along the front to shore up weak points.

Virtually all of Belleau Wood was in the hands of seasoned German troops,

poised to break out of the woods and resume their advance toward Paris. The U.S. Army's 2nd Infantry Division was hastily arrayed against them as a blocking force.

The division was a curious entity. No old-line, by-the-book organization, it had been created from scratch in France only a few months earlier. On paper it seemed like any other infantry division, but one of its two infantry brigades consisted entirely of Marines—the 5th and 6th Marine regiments. Moreover, on the eve of the Belleau Wood battle, the Marine brigade was commanded by an Army officer, Maj. Gen. James G. Harbord. The two Marine regiments would remain an integral part of the 2nd Inf. Div. throughout World War I.

On the morning of June 6, with the division assembled south of the woods, an attack was ordered to reverse the German advance. The Marines constituted the first wave of the attacking force and their immediate objective was the high ground on the eastern flank of the woods. A clear field enabled the enemy to lay down a heavy blanket of small-arms fire. Returning shots on the run, the Marines pressed on doggedly toward their objective, Hill 142. After several hours of intense fighting, the Marines finally succeeded in wresting control of the hill from the enemy. The Americans could now overlook the wood's eastern flank.

But before the Americans had time to consolidate their hold, the Germans launched a counterattack. Gunnery Sgt. Charles F. Hoffman saw an enemy party armed with five light machine guns advancing up the north slope. Rushing forward alone, Hoffman bayoneted two of the enemy and the others hastily fled, abandoning their machine guns. The skirmish continued for a while, but gradually the enemy counterattack on Hill 142 stopped.

Now the 2nd Inf. Div. focused its attention on the western and southern flanks of the woods. The Germans were well entrenched on the west, and the Americans, despite several hours of bitter fighting, could make no headway. Marines attacking the southern flank were more successful, dislodging the enemy from a small village on the wood's edge.

For a number of days the battle for Belleau Wood teetered back and forth with no clear advantage either way. Casualties were heavy on both sides. It was attack and counterattack, bullets

Vernon Pizer, a World War II infantry officer, is a free-lance journalist who writes extensively on the military and war.



BOTH SIDES

battled it out

with bullets

and bayonets,

grenades

and shells.

and bayonets, grenades and shells, a test of wills and fortitude. Gradually, the relentless pressure of the Americans began to wear the enemy down. Foot by foot the enemy was forced back into the

woods. Finally, in a last-ditch effort, the Germans injected an insidious weapon into the battle: a poison-gas attack.

While the gas floated through the woods, Sgt. Fred W. Stockham rushed to the side of a wounded Marine whose gas mask had been ripped to shreds by bullets. Without hesitation he snatched off his own mask and placed it on the wounded man. Although choking from the gas that was searing his lungs, Stockham hoisted the Marine to his shoulder and carried him to a protected position. But the damage to Stockham's lungs was fatal, and four days later Stockham died.

By mid-June, despite their ragtag condition, the men of the 2nd Inf. Div. could not be subdued by the savage German counterattacks. But success extracted a heavy toll. By the time the smoke of battle cleared and the last of the enemy had been forced from Belleau Wood and Chateau Thierry in mid-July, the soldiers and Marines of the 2nd Inf. Div. had sustained

HAND-TO-HAND—Despite suffering almost 10,000 casualties, the soldiers and Marines forced the enemy to retreat.

almost 10,000 casualties, more than 55 percent of its total strength. For the Marines of the 2nd it would be the toughest fighting they would encounter until the battle of Tarawa in World War II.

Was Belleau Wood worth the high price it exacted in dead and wounded? The answer is not in doubt. Before that victory in those bloody woods, the Allies had been falling back steadily all along the front. At Belleau Wood, the Germans were finally halted—more than that, they were forced to retreat. The Germans, who believed themselves invincible, began to have nagging doubts about total victory. Before Belleau Wood the Allies had been shaken and dispirited, but after the victory they were buoyant and confident.

The battle of Belleau Wood proved to be a major turning point in the war. □

RUSSIAN ROULETTE

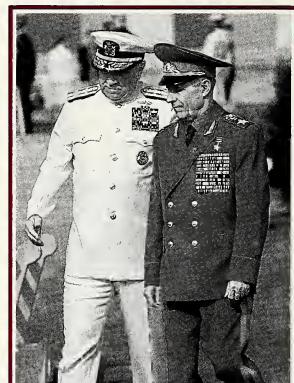
Adm. William J. Crowe Jr., the only Chairman of the Joint Chiefs of Staff to visit Moscow, explains why the United States and Soviet Union seem to be playing the game with fewer and fewer bullets.

By Adm. William J. Crowe Jr.

RECENT events in the Soviet Union are the most persuasive argument for our policy of peace through strength. For several decades, we were threatened, vilified and bullied by an aggressive Kremlin that continuously proclaimed the coming demise of capitalism and proceeded to build the world's most formidable military establishment. Today we are seeing signs of a basic reappraisal in Moscow and the first turn toward a less offensive stance.

While this reversal has been brought about by a range of factors, including the near collapse of the communist economic system, I am convinced that

Adm. William J. Crowe Jr. was Chairman of the Joint Chiefs of Staff 1985-89 and was a guest speaker at The American Legion 71st National Convention.



BETTMANN/CORBIS

NEW OPENNESS — Crowe leads Soviet Marshal Akhromeyev on an inspection of the Pentagon.

a major contribution was the West's determination not to succumb to intimidation and to erect its own global defenses.

This policy has been expensive and at times painful for Washington and its allies, but the payoff is well worth the sacrifice. Our world is still free and prospering; millions of people worldwide look to the West for hope; and, pluralism, not communism, is the wave of the future.

In the face of such evidence, no one can convince me that our security investment has been misplaced. Yet, after a few years of increasing defense appropriations in the early 1980s, we are seeing the historical pendulum swing once again. Since 1985, Congress has cut defense funds by 12 percent, and I hear talk of massive cuts during the next five years. I cannot help but be severely disturbed by such a prospect.

My concern has been reinforced by the current budget struggles on Capitol Hill. The entire defense budget is in jeopardy, and the details of our programs are being selectively rearranged to meet the political interests of a few legislators. In the Pentagon, we agonize to produce a budget request that balances competing priorities to best accomplish our objectives. When our budget goes to the Hill, it may be treated as a legislative grab bag. Too often the result is more "pork" than a coherent, strategic package.

Four times in the last century we have entered major wars unprepared because we failed to fund defense properly in peacetime. In each instance, we paid terrible price in blood and money—a price that could have been avoided with more forethought and wisdom.

In war, we remember the Alamo, the Maine, and Pearl Harbor; in peace, we forget. Will we ever learn? It's curious that just as our security policies bear fruit in Moscow, we commence whittling at them with a vengeance.

Do we want to reduce our commitments, change our overall strategy, replace the triad with a "die-ad"? I would vigorously argue that we should decide which direction our defense should take, and why, before we arbitrarily slash the defense budget, thus precipitating the wholesale disassembly of the very security structure which has guaranteed the peace for the past 45 years. That doesn't strike me as too much to ask.

I am told that recent events in the Soviet Union are what lead many to conclude that the requirement for strong defense is disappearing. In my view, we need to look carefully at this proposition.

Certainly in my time as Chairman of the Joint Chiefs of Staff, nothing has



DEPARTMENT OF DEFENSE

MOSCOW MEETING — This past June, Crowe began a 10-day visit to Russia by exchanging a U.S.-Soviet agreement with Soviet Gen. M.A. Moiseyev.

been more remarkable than the emergence of General Secretary Mikhail Gorbachev with his dramatic policy changes.

When I became chairman, I had no idea that the U.S.-Soviet relationship would ultimately permit my Soviet counterparts and me to open a direct dialogue, or to inaugurate contacts between our armed forces. Nor did I expect to watch Marshal Akhromeyev testify before the House Armed Services Committee. Imagine—a Soviet marshal addressing the Congress of the United States. Who could ever have dreamed such a thing?

For the full span of my professional lifetime, the global reach of Soviet military power has been the main concern of defense planners in the United States and among Washington's allies in Europe and Asia—and with good reason. The Kremlin operates the largest military establishment in the world, the formidable legacy of a strategy designed to defeat every possible opposing coalition, and of a long-time cultural belief in numerical military superiority in both peace and war.

On the other hand, it has been clear

I HAD NO IDEA THAT THE U.S.-SOVIET RELATIONSHIP WOULD PERMIT MY SOVIET COUNTERPARTS AND ME TO OPEN A DIRECT DIALOGUE.

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for some time that the underlying political, economic and social pillars of Soviet society are not in good shape. The Kremlin's postwar security policies have imposed enormous burdens on the Soviet people and severely limited their prospects. In addition to those domestic difficulties, a number of international trends have moved unfavorably for the Soviet Union. Probably foremost, is the success of the free enterprise system and its vibrancy in the most-developed free countries. In essence, events have

refuted the Kremlin's previous doctrine, which confidently predicted capitalism's imminent demise.

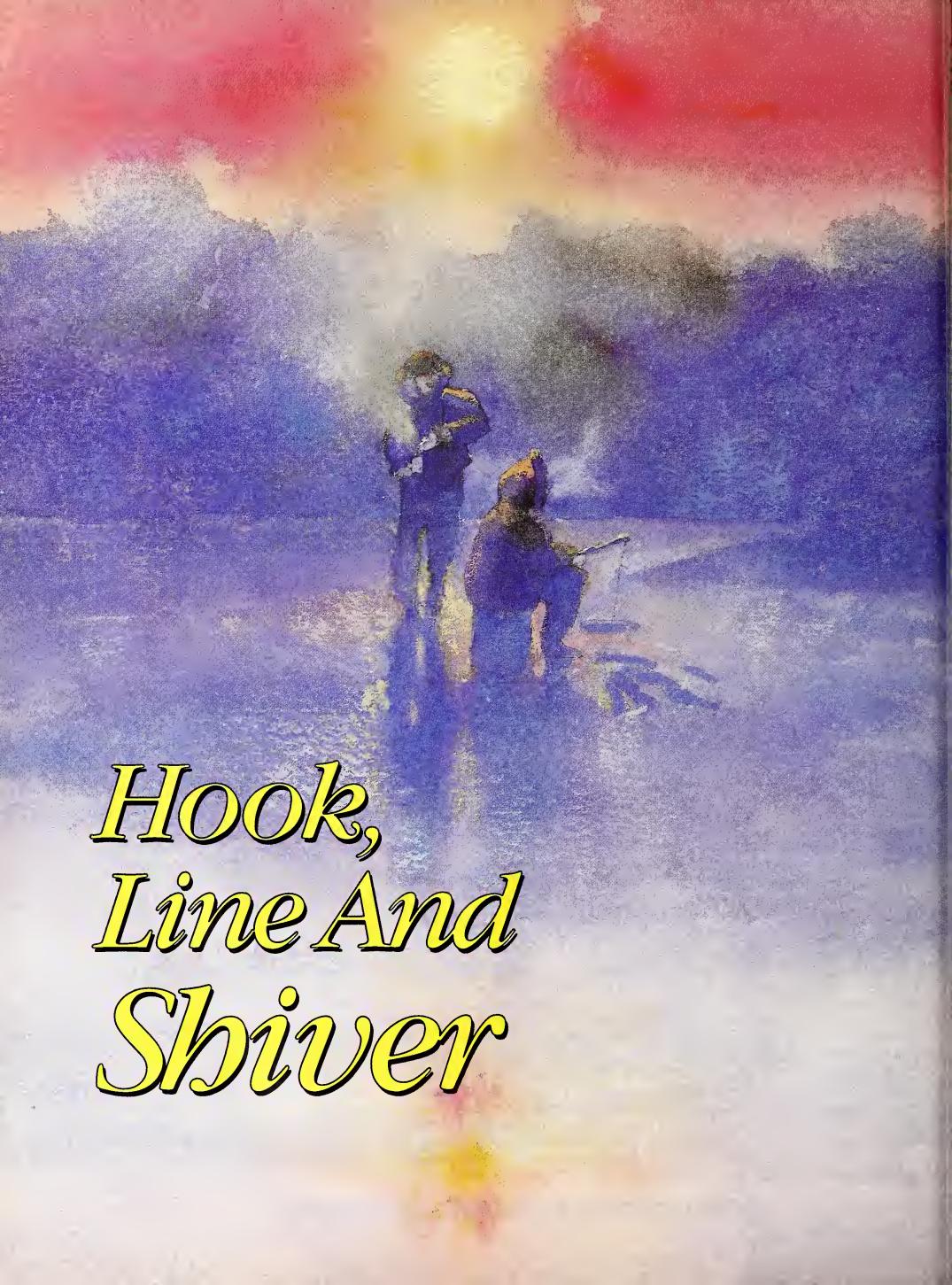
Also, NATO responded to Moscow's huge military buildup, not with weakness or indifference, but with determination and a resurgence of strength in its armed forces. Equally important, U.S. alliances have proved remarkably resilient and adaptable to changing conditions in stark contrast to Moscow's associates who neither carry the load that American allies do nor are as reliable.

Looking out on that array of problems, Gorbachev and his supporters still believe that defense must be the first priority of the state. But they now claim to be reshaping the Kremlin's military posture to one of "reasonable sufficiency." We saw the first manifestations of that decision in the force reductions and restructuring plans Gorbachev announced in December 1988.

If these announced moves are carried out, they will be significant, especially in reducing the possibility of a surprise attack on Western Europe.

Additionally, during the past few years, Gorbachev has joined with Washington in serious arms-reduction talks, and we have made some progress. The issues ahead are thorny, and it's impossible to say now what will result.

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A painting of a man fishing from a small boat at sunset. The sky is filled with warm colors of orange, yellow, and red, transitioning into cooler blues and purples. The water reflects these colors. The man is wearing a cap and a dark jacket, and is focused on his fishing rod. A dog sits beside him in the boat. The overall mood is peaceful and nostalgic.

Hook, Line And Shiver

OME things never change. Even though winter's frozen breath has turned the surface of Pea Porridge Pond to eight inches of ice, Grampa is up before first light. Early morning and late evening are still the best hours to fish.

The weatherman predicted cloudy skies with the air a bit more settled and warm. Warm? Well, 20 degrees does lift the mercury higher than 10 degrees. "Bluegills'll be more active today," Grampa says. Muffled in thick wool, he lugs the white, plastic five-gallon bucket across the ice. Cold air has deepened the sunrise color to blood-red splashes on the cloud bottoms.

He augers a seven-inch hole and flips the bucket over for a seat. With an ice skimmer, he lifts out the chips that fell in the ice hole during augering. Grampa jigs for a panfish before I can pour the sweet coffee out of the thermos and pass it across the hole.

This story began months ago when the pond started to cool. The colder the water, the denser it becomes and the better it holds dissolved oxygen to sustain the lives of the fish during the winter. More importantly, and almost magically, as the temperature of the water nears freezing it becomes less dense again. Ice forms on top of the pond, leaving the bottom free and protected from further temperature changes.

Ice is safest to fish through when it is at least six inches thick, hard and smooth. The color should be clear or range from a blue to a shiny black. A white color usually means the ice has thawed and refrozen. White ice can be unsafe if the refreezing was incomplete. Deep snapping sounds and low rumbles indicate the ice is thickening, and expanding, which makes it safer.

Avoid places where water runs in currents beneath the ice such as rivers, streams that run in and out of lakes, and springs that bubble up in summer. Surfaces tend to be weak in those spots. Also, be wary of ice around rocks, sticks, or anything poking through the ice, and be especially careful of

standing water on top of the ice. Ice beneath standing water is often porous because of water working its way down through weaknesses in the ice. As a newcomer unsure of the ice, play it safe and pick a spot near more experienced fishermen, and quietly ask why they chose to fish there.

The wonder can seep out of a morning of ice fishing if the cold seeps into you. Adequate clothing is a must. Cold gnaws first at feet pressed against the ice. Choose insulated boots a size or two larger than normal, and fill the space with extra socks. Do not shut off circulation by putting on too many socks. Toes should be free to wiggle around because your feet need blood to stay warm. A dense wool hat will keep

A day of ice fishing begins with the low crunch of an auger. Then, with know-how, you can bring home a fresh, winter dinner.

your head warm, and sunglasses are needed to protect your eyes even on cloudy days. Wear large mittens over gloves. The gloves will be important because many times the mittens come off for rigging and reeling. After putting on comfortable long johns, cover the rest of your body with several layers of wool or bulky synthetics. A final layer of wind-proof apparel should be available in case a breeze rises. As a final touch, divide some old quilts to make extra insulating to place beneath feet and seat.

NORTHERN lakes are dotted in winter with shanties that are dragged onto the ice early in the season and left until spring. Some are little more than windbreaks, and some are positively lavish. Two things they almost always have inside are avid fishermen and catalytic heaters; both produce a lot of hot air. Lightweight, portable shelters can be bought from stores that supply ice fishermen. But a lot of us fish, at least in part, because

we love being outdoors. I don't use a shelter, and if I get miserably cold, I go home.

If you are still interested, you'll need to buy, borrow or rent an ice auger. Power augers are expensive and unnecessary for the average fisherman. Besides, the quiet crunch of a sharp hand auger is a fine beginning to a day of ice fishing. Though augers are available in small sizes, intense frustration will accompany the first fish too large to fit through the hole. And ice re-forms quickly on small holes. A seven-inch auger is large enough if you're after panfish. Larger game, such as bass and pike, will need a bigger hole. Carry an ice skimmer to break up and lift the ice that eventually forms over any hole.

In winter, the smaller fish, bluegills and perch are found where they are in summers—along the edge of weedbeds, at dropoffs, and where streams bring in fresh food. But they'll be deeper, living where the water is warmer. They'll be sluggish and more careful, less hungry and less likely to take the bait. Fish for them with a jig stick or an ice-fishing rod. The stick is just a piece of wood with line wrapped around it. The rod is short and sensitive, giving you a better chance of feeling the cautious nibbles.

On the end of six-pound test line tie a lure or a small hook. Bait the hook with a worm, a minnow, or whatever the local fish prefer. Drop your bait to the bottom and pull it up about a foot. Jig the lure or hook up and down very slowly, avoiding rapid jerks that scare fish. When your patience goes unrewarded, move to another likely spot, auger another hole, and try again.

Smaller fish move in schools. A move of 30 feet will be enough if you're searching for a school. When you find it, work it smoothly. Ease the bait down; set the hook when you feel the nibble; ease the fish up. Work quickly to keep the fish interested and prevent them from moving on. If you're going to release a fish, do it immediately. Once on the ice, fish freeze to death in moments.

Fishermen might also have to compete with fish. Larger fish, such as bass, trout and pike, may be looking for schools of smaller fish. Some ice fishermen prefer to catch the bigger ones by using a tip-up, a frame that holds a baited line at a certain depth. The bait is usually alive, and the depth is, once again, about one foot off the

Please turn to page 64

Buck Tilton, an avid fisherman, is a New Hampshire journalist who has also written for several sporting magazines.



MCBETH/WIREIMAGE GROUP

SUPERSTOCK

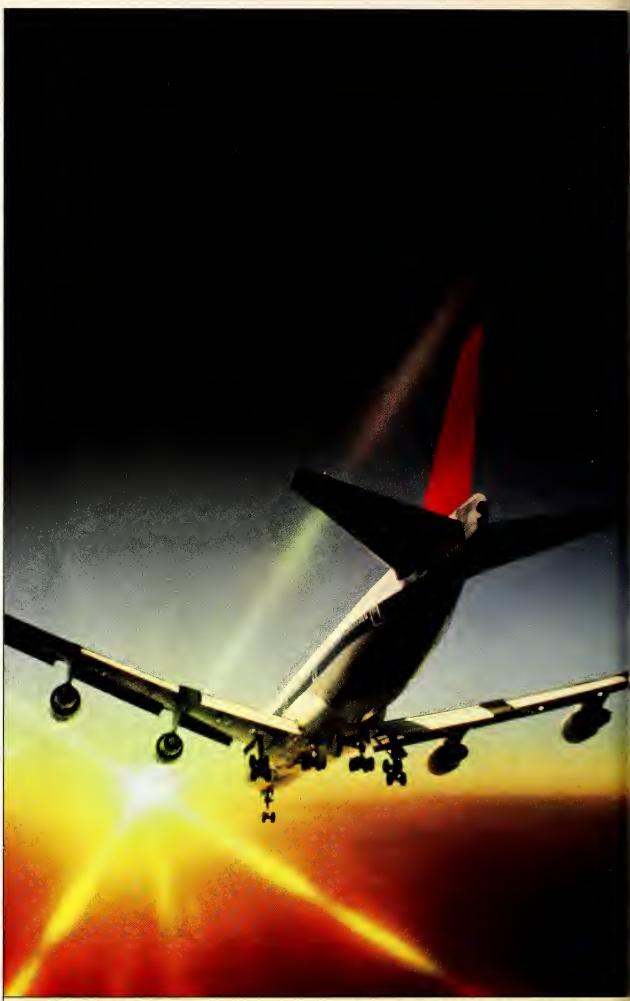
REGULATION SEARCH—Luggage on U.S. carriers arriving from Western Europe and the Middle East must now be searched by hand or X-rays.

U.S. airlines spent \$500 million on security last year. However, expensive detection systems may not prevent another disaster like Flight 103.

By Jerome Greer Chandler

LOCKERBIE. Once the word had a musical, mystic ring. Then, four days before Christmas 1988, an ungodly light seared the heavens. Aluminum, jet fuel and dreams that died young rained down on the Scottish village. The ill-fated Pan Am Flight 103 riveted our attention on aviation safety, as nothing had before.

*Jerome Greer Chandler currently is a contributing editor for OAG/Frequent Flyer Magazine and is the author of *Fire & Rain: A Tragedy in American Aviation*.*



THE GROUNDING OF AIR TERRORISTS

'THE REASON WE HAVEN'T HAD MORE BOMBINGS IS BECAUSE THE TERRORISTS HAVEN'T FELT THE NEED.'

Security will be more stringent now, but experts agree that Lockerbie can happen again. A captain for a major American airline, who's also a security consultant, said: "The reason we haven't had more bombings is because the terrorists haven't felt the need."

A senior official in the international aviation community concurred. "If some terrorists want to find a way to get an airplane, they're apt to find it," he said.

Now governments and airlines are scrambling to even the odds. There's new emphasis on deploying additional roadblocks for terrorists. Some barriers consist of tightening existing procedures; others are new high-tech devices to uncover sophisticated explosives like Semtex, which, packed into a radio-cassette player, downed Flight 103. Semtex also is suspected as having been used in the September 1989 bombing of a jet airliner en route from France to Chad. Taken together, these countermeasures weave a finer, though not impenetrable, protective screen.

Among the most dazzling of the new technologies is Thermal Neutron Activation (TNA), which bombards luggage with neutrons, then analyzes gamma rays for the telltale atomic signature of explosives. As promising as it is, TNA is not a panacea.

"A lot of people seem to think TNA is the answer to all our problems. It's not," said Tim Neale, a spokesman for the Air Transport Association (ATA), a trade group representing U.S. airlines. Neale said that TNA equipment, although useful, is expensive, costing about \$1 million per machine, and untested, with lingering questions about false alarms. It is also slow, processing only about 10 bags a minute.

The Federal Aviation Administration (FAA) is proposing that U.S. airlines deploy TNA at 40 international air-

ports, but foreign carriers would not be obligated to install the devices. If that plan were implemented, half the Americans who fly abroad—those choosing foreign carriers—could be left unprotected by the new technology, according to the ATA.

ATA wants the government to pay for TNA by tapping the \$6.4 billion Airport and Airways Trust Fund, now being

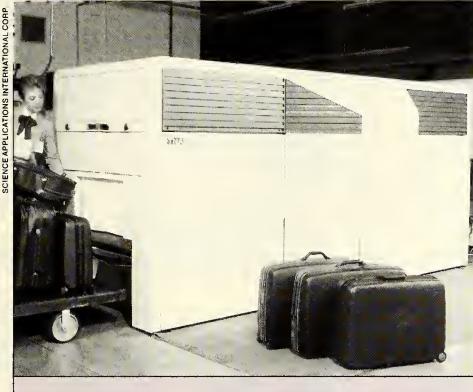
really spot it." Galipault said big-ticket, high-profile devices lull the traveling public into a sense of false security.

Raymond Salazar, FAA's director of the office of civil aviation security, said he hopes tough requirements for U.S. airlines will set an example for foreign carriers. In addition to the TNA proposal, all checked luggage on U.S. carriers flying from Western Europe and the Middle East must now be searched by hand or X-rayed, and no bag is loaded on a plane unless its owner gets on too. Salazar said the United States must convince foreign governments and airlines "that the threat is basically global and easily transferable, and it's in their best interests to elevate their standards as well." So far, he said, most "have been very cooperative."

The U.N.'s International Civil Aviation Organization (ICAO) is responsible for international aviation security. ICAO's Unlawful Interference with Civil Aviation Committee meets once or twice a year to evaluate threats, devise countermeasures and make recommendations to the ICAO's more than 150 members. But ICAO isn't an aviation supercop because it has no police agreements and cannot enforce sanctions against governments which do not meet international security standards. "This would interfere with the sovereignty of nations," said ICAO spokesman Charles LaFond.

The U.S. government, however, is less hesitant in getting involved and often uses persuasion and economic leverage to coax foreign countries into compliance. American tourism plays a critical role in the economic health of many nations. If airline security precautions don't measure up in foreign countries, the State Department can issue critical travel advisories. To ensure U.S. travelers are aware of possible security

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HIGH-TECH SECURITY — The Thermal Neutron Activation system uses neutrons and gamma rays to check luggage.

used to help offset the federal deficit. The fund is maintained by an 8 percent tax on each airline ticket. The administration wants to levy an additional security surcharge on tickets for more security measures. Airlines argue that because the government is the terrorists' target, it should pay for the additional security. However, Transportation Secretary Samuel Skinner said airlines and airports have historically paid for security and should continue to pay for it.

John Galipault, president of the non-profit Aviation Safety Institute, said he is less concerned with who pays for security and more concerned how well the systems work. "There are people who believe TNA doesn't do it all," he said, "that you've got to have two pounds of explosive before you can



The U.S. Census chronicles the nation's past, describes its present and illuminates its future. And in April 1990, you will have your chance to be counted.

By Jay Stuller

WHETHER we realize it or not, the 1990 Census, like previous censuses, will have far-reaching effects on the life of every American who is counted or not counted.

The new population figures may be used for something as mundane as determining whether an additional bus stop will be added to your street. Or, if the average age of

Jay Stuller, a San Francisco-based journalist, writes frequently on social conditions in America.

BY THE NUMBERS

POLITICAL POWER SWINGS TO THE SUN BELT STATES





Source: U.S. Census Bureau, National Republican Congressional Committee

POPULATION SHIFT—*The reapportionment of 1991 could be a political bonanza for California and Texas, which each may gain six and four congressional seats.*

people in a particular city looks promising, the manufacturer of a new brand of denture cream may decide to test-market the product there. In the realm of bureaucrats and business folk, such uses of census data are ordinary.

Depending on how they are manipulated, figures from the 1990 Census also could be used extraordinarily to alter the course of American politics. Because of population shifts, about 18 of the 435 seats in the U.S. House of

Representatives will move from northern states to southern and western states. Moreover, redistricting based on census figures, suggested Ed Rollins, executive director of the National Republican Congressional Committee, could mean the election of up to 100 new representatives in 1992, a startling break from the 98 percent re-election rate of the past two elections.

On the eve of the nation's decennial "Big Count," the 1990 Census prom-

ises to be the most thorough, useful and controversial since the first one was taken in 1790. Along with congressional seats, at stake are billions of federal and state tax dollars, which are distributed according to population, income levels, age and other data revealed by the census.

Only if everyone is counted can these funds be equitably divided; but, like those before it, the bicentennial census likely will overlook some people. Enough, in fact, to generate lawsuits, and prove once more that the census is serious business and more than a mere headcount.

Although censuses were taken in the colonies, a national count was needed following our nation's independence. The United States had to apportion the Revolutionary War debt among the states and their respective populations and determine the number of seats each state would have in Congress. America also needed to take stock of its military and industrial strength.

It took 18 months to collect the data for the 1790 Census, which identified 3.9 million inhabitants. Over the decades, census-takers increased their questions to include data on manufacturing, agriculture, housing and matters that influence social issues. Today, the census has grown into a monumental production. Indeed, planning for 1990 began in 1984, and the final tabulations won't be complete until 1993, when all the miscellaneous data is prepared and published. The bureau, which conducts less-ambitious studies between decadal years, expects to count about 250 million people living in some 106 million housing units. Officials estimate a 10 percent increase since the 1980 Census. About 48,000 temporary workers will visit households and make phone calls during the census, which is expected to cost a record \$2.6 billion, or \$10.40 for every U.S. citizen.

Largely a do-it-yourself census, most households in the country will receive a questionnaire through the mail shortly before Sunday, April 1. One adult member of the household serves as census-taker by completing the form and mailing it back in a pre-addressed, postage-paid envelope. In rural locations and certain other areas, census workers will go door to door and follow up on housing units where no response was received.

Five out of every six households will receive a short questionnaire containing 14 basic population and housing ques-



NUMBERS GAME — Even in 1870, the government wanted its census takers to gather information such as the sex and ages of family members to be used in plotting population trends and shifts.

tions on age, race, sex and marital status, and whether the unit has heat and plumbing. It will take about 15 minutes to complete.

Others will receive a longer form requiring about 45 minutes, which asks for additional information on occupation, income, education, travel time to work and other matters. The Census Bureau guarantees confidentiality by separating the names from the statistics.

STATISTICAL data provide grist for businesses, non-profit organizations and even individuals. For example, when a new company was planning sites for a chain of medical clinics in the northwest, it used census data to find communities with high numbers of families with young children. Charities often examine income levels of areas when planning solicitation mailings, and a Chicago college student even looked into socio-economic figures before deciding where to start his teaching career.

For government planners, a complete count is critical because numbers rule money distribution. Vast sums, in excess of \$40 billion in federal grants alone,

are directly tied to population. Included are grants for agricultural experiment stations, water-pollution control assistance, job training and senior citizen employment programs, assistance to crime victims, the disabled and for veterans programs.

"The Department of Veterans Affairs needs data down to the county level," explained bureau statistician Tom Palumbo. "VA health planners have to estimate the number of beds required to provide adequate nursing-home care and plan for the construction and acquisition of medical facilities equitably throughout the United States. Because it also administers many outreach and employment programs, VA needs an indication of where additional assistance offices should be located. Its officials routinely use census data to report to Congress on the needs of selected groups of veterans, such as Vietnam-era and women veterans."

An incomplete count, however, often means that those who most need the funds don't get them. Despite its best efforts, the bureau misses people, particularly minorities in inner cities. The

Please turn to page 66

V

A Secretary Edward J. Derwinski has postponed until spring any action on the conclusions of the VA Veterans' Advisory Committee on Environmental Hazards, which said that there is not enough evidence to link non-Hodgkins lymphoma in Vietnam veterans to Agent Orange exposure.

Although the committee found no link between the disease and Agent Orange, it did not rule out that possibility.

"Apparently, the committee wants to straddle the fence," said Nat'l Cmdr. Miles S. Epling. "They don't want to recommend giving compensation, yet they don't deny the possibility that Agent Orange has caused non-Hodgkins lymphoma in some Vietnam veterans."

After U.S. District Judge Thelton E. Henderson in San Francisco ruled in May that VA imposed a too demanding test to determine the relationship between health problems and Agent Orange exposure, the committee was asked by Derwinski to re-examine possible connections between the herbicide and Vietnam veterans' ills. The committee so far has rejected any connection between Agent Orange exposure and veterans' health problems, except for chloracne.

In the November meeting, the committee considered only the connection between Agent Orange exposure and non-Hodgkins lymphoma. However, there are several maladies the Legion and veterans have insisted are related to exposure.

"The bottom line is that the committee has not done its job of helping veterans," Epling said. "While they are considering one ailment at a time and dragging their feet, veterans are slowly dying of Agent Orange-related ills."

In addition to its slow pace and results, The American Legion also disagrees with the scientific criteria used by the committee to reach its conclusions. "Their methods are inconsistent and even contradictory to the criteria used by other regulatory agencies such as the U.S. Environmental Protection Agency and the International Agency for Research in Cancer," said John F. Sommer Jr., director of the Legion's Veterans Affairs and Rehabilitation Division.

According to Sommer, the committee failed to take into account animal studies and doesn't recognize the regulatory and health assessment data about herbicides.

I

In a letter to the President, Nat'l Cmdr. Miles S. Epling expressed The American Legion's condemnation of Nicaragua President Daniel Ortega's suspension of the cease-fire with the Contras in that Central American country.

"We fully support a free and fair election in Nicaragua so long as all candidates have an unfettered opportunity to campaign and every Nicaraguan citizen has an unrestricted opportunity to vote," Epling wrote. "At this critical juncture, The American Legion will enthusiastically endorse and support any responsible action you may take in order to ensure a democratic election in Nicaragua—hopefully with bipartisan backing in Congress."

Epling, who visited Nicaragua last year with PNC H.F. "Sparky" Gierke, said that Nicaraguan Contras should not be disbanded until the ruling communist Sandinistas fulfill their promises to hold free elections and other democratic

reforms. A national election is scheduled next month, and Ortega is being opposed by Violetta Chamorro.

"It is also very important for you to remind the Congress and the American people that the latest Sandinista action is only one of a long series of broken promises," Epling wrote in his letter to Bush. Epling said that the Sandinistas have failed to bring democracy to their nation as they promised to the Organization of American States in 1979, after the revolution that toppled dictator Anastasio Somoza.

"We urge you not to write off Central America lest communism spread from its beachhead in Nicaragua north through Mexico, to threaten our southern border and south to disrupt the vital Panama Canal," the letter said. "Your strong leadership is essential so that efforts of freedom-loving Central Americans are not cast aside."

T

The VA must send notices on assumed defaulted VA home loans to those veterans who were original borrowers, according to a recent change within the department's Home Loan Guaranty Program.

The new procedure requires VA to send notice by certified mail to the original veteran home buyer. The letter advises a former owner that he or she *may* be liable to the government if the person to whom the loan was transferred defaults on payments. The original home buyer should obtain a release of liability or the formal assumption and release agreement.

"The purpose of this change is to ensure that veterans are fully aware of serious defaults by transferee owners and to encourage these veterans to take necessary action to protect themselves," said Joe Frank Jr., chairman of the Legion's Economic Commission.

VA is required to obtain a veteran's current address through a search of its own records or through outside sources. Regional VA offices also will try to locate original loan holders. The notification will be followed in all cases of default, regardless of whether a waiver of liability has been obtained by the veteran borrower.

T

The Legion opposes plans that would move the U.S. Flag at the Vietnam Veterans Memorial from its current site near the statue of the "Three Fighting Men."

A bill in the House would relocate the flag to the apex where the two walls of the memorial join. In a letter Rep. Bruce F. Vento of Minnesota, chairman of the House subcommittee on National Parks and Public Lands, E. Philip Riggan, director of the Legion's Legislative Division, wrote: "The Legion sees no reason now to mandate a repositioning of the flagpole at the memorial... it appears that the American flag's current location at the site's entrance has gained and maintained widespread public acceptance."

The Legion was the largest supporter of the memorial, located in Washington, D.C. Legionnaires donated more than \$1 million to help build the much-visited site.

WORLD WAR II

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HEROISM



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THE PATIENT IS CRITICAL

The American Legion Task Force on Medical Care concluded that patients who are denied VA medical care are usually not tracked and often are unable to obtain alternative health care.



JOHN HANSON

FIELD OBSERVATIONS — Task force members, from left, Stellar, Langel and Akin discuss their observations of a VA hospital during their three-month investigation.

ING to a report by The American Legion Task Force on Medical Care. Those are some of the findings of the task force, which was formed in May 1989 to examine VA and DoD sharing agreements. The three-member task force also reviewed the extent of how VA refers veterans denied VA med-

ical treatment to other treatment sources.

"Recent suggestions about consolidating VA and DoD clinical services to achieve greater savings were described to us as a fallacy by some VA officials," said Chester Stellar of Ohio, task force chairman, who recently was appointed chairman of the Legion's Veterans Affairs and Rehabilitation Commission. Also on the task force were Nevada NECman Charles F. Langel and A.V. "Bubba" Akin of Georgia, a member of VA&R's executive section.

The task force submitted 12 recommendations to Legion officials late last

year (see Veterans Update, November 1989), suggesting how VA might improve its health-care services and sharing agreements, thus avoiding consolidation with DoD.

The Legion supports limited sharing agreements on a facility-to-facility basis only if both systems are allowed to maintain their separate missions and identities. However, the Legion flatly rejects an outright merger of VA and DoD health-care systems, a position that was reaffirmed when delegates to the 71st National Convention at Baltimore adopted Res. 108.

In 1982, Congress passed P.L. 97-174, encouraging VA and DoD medical systems to share equipment and services whenever possible. The law also urged that VA and military officials enter into "joint ventures" in hospital and clinic constructions. At the end of fiscal year 1989, there were 2,150 sharing agreements and seven joint construction projects in progress.

"As the VA budget picture worsens, the opportunities for sharing agreements will shrink," Stellar said. "VA officials we spoke with said the agreements should not be used as a way to compensate VA and DoD for their budget problems. Instead, the agreements should increase the quality of care for their patients."

Of paramount concern to the Legion are the untold thousands of veterans who have been denied health care at VA medical centers. The task force sought to find where, and if, these veterans receive health care. As a result, the group recommended to the National Executive Committee:

- That the Legion's VA&R Commission continue to follow up on individual veterans who are denied VA medical care and determine how their health and ability to seek alternate medical care are affected.

- That the Legion urge the Secretary of Veterans Affairs to provide necessary resources at VA medical centers for follow-up studies on the health status of veterans who have been discharged from VA medical care because of the agency's budget problems.

- That the Legion continue its efforts to eliminate the means test used to determine eligibility for VA health care.

- That VA provide medical care to Medicare-eligible veterans, because VA care is more cost effective.

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visited that veterans turned down for care, primarily Category B and Category C veterans, were generally advised to contact private physicians for help," Stellar said. "In other words, there were no formal tracking systems in place."

Veterans seeking VA health care are subject to eligibility and income guidelines, or means testing. Priority of care given to veterans is:

Category A—Includes those with service-connected medical conditions and non-service-connected veterans whose income does not exceed \$15,000 if single, or \$18,000 with one dependent.

Category B—Non-service-connected veterans whose annual income is above \$15,000 but not above \$20,000 if single, or not above \$25,000 with one dependent.

Category C—Non-service-connected veterans whose income exceeds \$20,000 if single, or \$25,000 with one dependent. These veterans must agree to pay a deductible equal to the current deductible for Medicare.

Treatment and services for Category B and C veterans are on a space-available basis.

BUT even Category A veterans, who the VA is mandated to care for, may not receive medical care, the task force discovered. Some VA facilities and their staffs are so overworked that Category A patients are subcategorized from A-1 to A-5 and treated in descending order. "It's possible," Stellar said, "for these veterans to be denied care if funds are short or the space is not available."

"The potential for this kind of administrative havoc was predicted by the Legion when it opposed means-test legislation more than three years ago. We opposed it then and we oppose it now," he said.

"Our report reinforces the Legion's view that the means test is not an effective way to determine eligibility criteria for veterans' health care," Stellar said. The Legion opposes means testing because it believes that most non-service-connected veterans are elderly, poor and suffering from devastating and chronic maladies. The Legion also contends the extra paperwork created by means testing only dissuades eligible veterans from seeking the care they need and have earned.

With the assistance of Department Service Officers, task force members

THE task force found that even Category A veterans may not receive VA care because of limited space and overworked staffs.

conducted interviews with 101 veterans who have been denied care or discharged from VA medical centers because of budget problems. Here's what some of the veterans told the task force:

• One Midwestern Vietnam veteran now has to travel 600 miles for treatment from a private rheumatologist since being cut off from care at the VA hospital in Sioux Falls, S.D.

• A 59-year-old Korean War veteran who received treatment for Post-Traumatic Stress Disorder at a VA hospital was denied further care. He was refused care at VA's Veterans Outreach Centers because by law they only can treat Vietnam veterans. Retired with a disability, the veteran and his wife's combined annual salaries barely place them above the income limits of Category C.

• A 74-year-old WW II veteran who claims to have suffered hand and leg injuries in combat in Guam and Okinawa is unable to prove his disability claim. He had been receiving regular VA health care but has since been denied care—another casualty of VA's ongoing fiscal woes. The veteran has no supplemental health insurance.

"These veterans who are turned away from VA care cut corners in seeking alternate health care," Stellar said. According to the task force's report, many veterans bought over-the-counter drugs because they could not afford the more expensive prescription drugs. Those without health insurance, either because they cannot afford it or do not qualify for coverage, simply go without care, the report concluded. □

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NEC Fall Meetings

THE BATTLE CONTINUES

Nat'l Cmdr. Miles S. Epling vows to continue the Legion's campaign to protect the U.S. Flag, and the NEC authorizes \$50,000 seed money to create a permanent American Legion National Emergency Fund.

JUST minutes before the Senate snuffed out hope for a constitutional amendment to ban flag burning, Nat'l Cmdr. Miles S. Epling told Legion leaders about a promise he intends to keep.

"A few days before I was elected National Commander, I stood before

the Vietnam Veterans Memorial, just as I do each time I'm in the nation's capital," Epling said. "I promised my buddies whose names are chiseled in that black, granite wall of honor that America would not allow the flag they fought and died for to be burned or desecrated in any way." Epling's remarks were made at the end of the 1989 NEC Fall Meeting, Oct. 18-19, in Indianapolis.



IMMEDIATE RELIEF — New York Department officials present \$5,000 to the Legion relief fund. From left are Alternate NECman Frank J. D'Amico, Department Commander Vincent Colasacco, NECman Vance Ketcham, Nat'l Cmdr. Epling and Department Adjutant Dick Pedro.

After passing 36 resolutions, the NECmen left their meeting at National Headquarters and learned that the Senate had rejected the flag amendment, 51-48.

"I'm extremely saddened by the Senate action," Epling said later. "An amendment would have allowed the people to affirm their belief that the flag should be protected from those who would destroy it. I feel that my buddies—and anyone who has died defending the flag—have been let down."

While expressing his disappointment over the Senate vote, Epling said the Legion would not give up the fight for the constitutional amendment, and Legion leaders immediately began girding for a similar battle in the House of Representatives. House Speaker Thomas Foley of Washington promised last fall that his chamber would allow a vote on the amendment.

Both the Senate and House have approved the "Flag Protection Act of 1989."

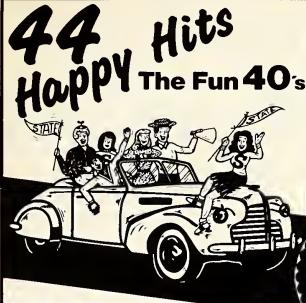
"A federal law to protect the flag is not enough," Epling said. "The Supreme Court already has declared previous legislation of this nature unconstitutional. But a constitutional amendment cannot be declared unconstitutional by the high court."

The Legion led the charge for the amendment, which was prompted by the controversial Supreme Court decision last summer that stated flag burning for the purpose of political protest is protected as free speech under the First Amendment. Throughout the Fall Meeting, NECmen and other Legion leaders contacted their congressmen from a telephone bank at Headquarters and urged the lawmakers to support the measure. About 800 telephone calls were made.

The NEC was also concerned about disasters on both coasts of the country. The NEC adopted Res. 30, authorizing \$50,000 to provide disaster relief to Posts and Legionnaires in South Carolina, North Carolina and Puerto Rico which were hard hit by Hurricane Hugo, and to Posts and Legionnaires in the San Francisco area, which was devastated by an earthquake on the eve of the NEC meeting. The \$50,000 was seed money to permanently endow the fund, which will also be used to alleviate suffering from future disasters.

"The destruction from Hurricane Hugo is unbelievable," said Past Nat'l

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WASHINGTON HOTLINE — Legionnaires attending the 1989 Fall Meeting made 800 calls to congressmen, urging their support for a flag amendment.

Cmdr. E. Roy Stone Jr. of South Carolina, senior member of the NEC. "Some have estimated that it will take 10 years just to clear away the debris from that terrible storm." Several Legion leaders, including PNCs John Geiger of Illinois and Clarence Bacon of Maryland, urged NECmen and visiting Department Commanders to return to their states and begin fund-raising efforts for the disaster areas. The Department of New York was the early bird in responding to the request, as Department officials presented Epling with a \$5,000 check for the Legion's National Emergency Fund.

Also at the NEC meeting, Epling appointed an ad hoc committee, headed by Internal Affairs Commission Chairman Herman Harrington of New York, to determine solicitation and distribution methods for The American Legion National Emergency Fund. The committee met in November to establish the criteria and details that Legionnaires and Legion Post officials must meet to receive assistance from the relief fund. "The assistance is only one manifestation of the Legion's devotion to the principle of mutual helpfulness," Epling said.

It wasn't the first time the national organization initiated emergency assistance for Legionnaires, their families and Legion Posts. In August 1969, Legionnaires extended a helping hand to their fellow Legionnaires who were victims of Hurricane Camille. Similar Legion relief efforts in the past have

THE Legion's National Emergency Fund will become a permanent endow- ment to provide financial assistance in future disasters.

aided those affected by tornados and floods.

Another major topic of discussion was the number of veterans who are being turned away for VA care. The Legion Task Force on Veterans Medical Care, which recently completed visits to VA facilities, reported its findings to the NEC and made several recommendations to improve conditions (see related story, page 38). The three-member task force reported that many of the veterans who were denied VA care do not receive alternative health care. The panel recommended that VA provide care to Medicare-eligible veterans because VA treatment is less costly.

The NECmen also heard from one of the 52 Americans taken hostage in 1979 in Iran. "I was in front of four firing squads and I'm still here," said retired Army Col. Charles W. Scott. Scott,

who was tortured and spent much of his time blindfolded while in captivity, said he survived the ordeal because he kept his mind active. Now on the lecture circuit, Scott said the United States and its allies have been losing the war on terrorism because they don't understand the essence of it.

Commission chairmen appointed during the meeting include Chester Stellar, Veterans Affairs and Rehabilitation; Charles Pesso, Legislative; William O. Moore Jr., Membership and Post Activities; and W.F. Lenker, former VA&R chairman, was named chairman emeritus of that commission.

The NEC passed the following program and policy resolutions:

Res. 1 supports amending the Social Security Act to correct "Notch Year" inequities for those born after 1917.

Res. 3 urges the DoD to present posthumous awards to surviving families of active-duty service members who are killed in the line of duty during peacetime combat training.

Res. 19 urges the Secretary of Defense to award the Purple Heart to military personnel only, and asks that a new award be developed for civilian employees killed or wounded in official capacities.

Res. 20 urges the federal government to support state defense forces.

Res. 21 urges Legionnaires to support the 1990 Biennial Census.

Res. 22 urges the U.S. military to thoroughly test the 9mm Beretta pistol to eliminate safety problems before its firing is resumed.

Res. 23 urges the government to prevent the illegal entry of contraband drugs and commodities into the United States.

Res. 24 supports legislation that automatically relieves veterans of liability when their VA loans are assumed by others whose credit has been approved by VA or a VA-approved lender.

Res. 25 seeks a change in the formula used to hire Local Veteran Employment Representatives.

Res. 30 authorizes \$50,000 to provide relief of Posts and Legionnaires who are victims of Hurricane Hugo and the San Francisco area earthquake. Also seeks contributions to the Legion's National Emergency Fund.

Res. 32 supports the programs of the Boy Scouts of America.

Res. 33 urges a presidential proclamation calling for churches, synagogues, schools and other public buildings to toll their bells for one minute at 11 a.m. on Memorial Day.

Res. 34 seeks legislation to amend the Immigration and Nationality Act for non-citizen veterans of the U.S. military.

Res. 35 urges the government to lift the income limits that preclude older workers from receiving full Social Security payments.

Res. 37 urges an investigation of the Federal Emergency Management Agency's support during national disasters.

The complete text of these and other resolutions passed by the NEC may be obtained from the Archives, The American Legion National Headquarters, P.O. Box 1055, Indianapolis, IN 46206.

Are You Clever Enough To Die Without A Trust?

Canton, Ohio (Special)-Most of us have a few possessions we'd like for our loved ones to get after we depart from this life. How can you be assured your wishes will be carried out?

New research shows a Will isn't always the answer! You can spend money for a Will, only to have lawyers, courts, executors and tax collectors grab a huge portion of your assets through the probate process ... Possessions you've worked hard all your life to acquire.

Now, a little known, but simple legal paper called a "Living Trust," can make sure your wishes are obeyed to the letter after you're gone. It eliminates the lengthy and costly probate process. The Living Trust also eliminates most attorney fees and all court costs, - and could reduce your estate taxes!

Through the trust, you can even provide for someone to manage your assets in case you become disabled.

Many of us think of a "trust" as something only rich people such as the Rockefellers or Kennedys set up to beat taxes and insure privacy.

Actually a "Living Trust" is designed for, and can be used by people with assets of any amount. It's simple and easy to set up. You can do it yourself.

With access to the best estate and financial planners in America, the 'Wall Street Journal' tells in a recent article about the advantages of Living Trusts over Wills. The article states that "More and more Americans are putting their assets in Revocable Living Trusts while the owner is still alive. You can act as your own trustee so there are no management fees or loss of control. You can change the trust at any time. You also keep the bulk of your estate out of probate court with no public record or the usual nine months delay."

"The advantages of Living Trusts over Wills are considerable. You may reduce taxes and simplify the transfer of assets to your heirs and loved ones."

"Under a Will, an estate must be settled in probate court. Lawyers' fees and court costs are often quite expensive. There may be exasperating delays and the proceedings are a matter of public record." The intimate details of your family's finances are laid bare for all to see!

In a headline article 'Business Week' magazine recently told us that "Privacy may be the most valuable feature of the trust. A Living Trust can keep the details of your finances under wraps by taking your estate out of the public record and into a private contract."

Because the proceedings are public, probate (Will) records are available to all kinds of salesmen - many who prey on emotionally distraught people! A number of cases have been encountered where a recently widowed woman invested her husband's estate proceeds unwisely under pressure from a smooth-talking huckster!

As the 'Wall Street Journal' article points out, "A Living Trust is settled without court proceedings. Your spouse, child, or other person you designate simply distributes your assets according to the trust's instructions. An accountant or notary public may certify any transfer of titles. The process is much quicker, cheaper and more private than settling a Will, and it may save on estate taxes."

'Business Week' goes on to say that "Even the most carefully executed Will can leave your heirs and potential heirs fighting over your estate." Any "long-lost," unknown relative can step up to contest your wishes ...

Lawyers charge an average of \$60 for writing a Will - and then get as much as eleven percent of the entire estate after the client dies and the Will is probated. That percentage could cost your loved ones several Thousand Dollars even if your estate is small!

Working with a team of legal scholars, the highly respected DSA Financial Publishing Company of Canton, Ohio has prepared a Living Trust Kit. It's designed so you can easily set up your own Living Trust.

Included in the Kit is an in-depth report on Living Trusts. You'll learn all about how it can save your heirs and loved ones literally thousands of dollars.

You'll get complete instructions written in easy-to-understand, step-by-step simple language on how to prepare and file your own Living Trust. You'll also get complete guidelines on how to custom-tailor your personal Living Trust in order to guarantee that any special or unusual wishes you may have for your estate are carried out.

It's easy to get your Living Trust Kit. All you have to do is print your name and address and the words, "Living Trust" on a plain piece of paper. Send it along with your check or money order in the amount of \$19.95 plus \$2 postage and handling or charge to your VISA/Mastercard by including account number and expiration date to: DSA Financial Publishing Corp., 708-12th St. N.W., Dept. W620, Canton, Ohio 44703. For even faster service call toll free 1-800-321-0888, Ext. W620.

Send for your Living Trust Kit within the next 15 days and you'll also get a Free Bonus Report on estate planning. The supplies of this very unique report are limited so you must act now to be sure of getting it.

Remember, you take No Risk. Examine the Living Trust Kit in the privacy of your own home for a full 90 days. Discuss it with your family and advisors. If you're dissatisfied for any reason - or no reason at all, - simply send it back.

You'll immediately get your money back in full ... No questions asked! Send for your Living Trust Kit today. Do it now...while there is still time to protect your loved ones.

WHERE VETERANS LEARN TO 'SEE'

HINES VA MEDICAL CENTER



HELPING HAND—Patients at VA's Blind Centers learn basic skills that sight-impaired people must have to cope with everyday events in their lives.

HERE was a time when John C. Hawkins rarely crossed the street in front of his northern Indiana home. Hawkins, his eyesight failing, was becoming less mobile as he slowly slipped into a world of darkness. Today, he bravely ventures across busy Chicago streets and confidently hikes along mountain trails with his wife when they visit their children in the Pacific Northwest.

Hawkins, a member of Post 189, Walkerton, credits his new-found confidence to the skills he learned in a blind rehabilitation program at Hines VA Medical Center near Chicago.

"I realized that I had to adjust to my blindness," said Hawkins, who has dim peripheral vision in one eye. "The people at Hines taught me to use my other senses and go about my daily activities."

Hawkins is but one of the many success stories of the VA's Blind Rehabilitation Service, which began in 1948 at Hines for blind veterans, or who have low-vision problems. The VA currently

operates similar centers in Birmingham, Ala.; Palo Alto, Calif.; and West Haven, Conn. There is also an interim day-care facility in San Juan, Puerto Rico, and clinics at medical centers in West Haven; Waco, Texas; and American Lake-Tacoma, Wash.

"Our centers offer a variety of skill-building courses to help veterans achieve a reasonable level of independence," said Don E. Garner, director of the Blind Rehabilitation Service in Washington, D.C. "Veterans who go through our system learn to develop healthy attitudes about their futures."

About 80 percent of the more than 700 veterans who are annually assisted at the blind centers facilities have some residual vision, according to Garner. "Many veterans might feel that they aren't eligible for care because they're not totally blind. That just isn't the case," he said.

Garner also pointed out that legal blindness is a deceiving term. Actually, about 85 percent of people classified legally blind have some kind of usable vision.

Veterans reside at the blind centers from six to 18 weeks, depending on the

severity of their vision impairment. Much of the training and counseling is on a one-to-one basis. Intensive classes develop manual and communications skills, and patients learn to read and write Braille, use Braille equipment, and train with tape recorders and specialized phonographic equipment.

From the first day, most veterans learn to use the red-and-white "long cane" for outside travel. "This training emphasizes the use of remaining senses, especially hearing, and builds confidence as veterans progress from simple to complex routes of travel," said J. J. Whitehead, director of the Hines facility.

The centers also teach veterans how to adapt to common daily chores such as cooking, telling time, shining shoes and selecting a wardrobe. Families often are asked to attend training sessions to understand better the life veterans face.

But rehabilitation is more than merely adapting, Whitehead said. "The camaraderie among the veterans is amazing. Each understands what the other is going through, and the result is that they encourage one another to give it their all. That is the main ingredient in rehabilitation."

John Hawkins has only one regret about his experience and training at Hines. "I just wish I had gone there sooner; I would've been that much better off today," said the World War II veteran.

For more information on VA Blind Rehabilitation centers and clinics, contact your nearest VA medical facility. □

TALKING MAGAZINE

VISUALLY impaired and physically handicapped veterans may receive recorded versions of THE AMERICAN LEGION MAGAZINE by participating in the free "Talking American Legion Magazine" program.

A single disc of the "Talking Magazine" takes about two hours to play and includes most of the editorial content of each issue. Subscriptions to the "Talking Magazine" are provided free as a public service of The American Legion.

Enrollment applications and eligibility criteria are available by writing to THE AMERICAN LEGION MAGAZINE, P.O. Box 1055, Indianapolis, IN 46206.

Read why one of the top horticultural experts in America declares under oath:

"THIS IS THE BEST DARN TOMATO I'VE EVER TASTED!"

And it's absolutely the easiest Tomato to grow — no staking, no caging, no pruning, no trimming — just harvest meal after meal of huge luscious, mouth watering Tomatoes all season long!"

I'd like to share the good news with Tomato Lovers everywhere about a remarkable new Tomato hybrid that will revolutionize home gardening...a new genetic-engineering breakthrough from the laboratories and test-gardens of agricultural scientists that someday will be in everyone's home garden. But if you act promptly, you can be one of the FIRST home gardeners in America to grow it now!

This amazing new Tomato is totally unlike any you've ever seen or grown before...totally unlike any you've ever sunk a sweet-tooth into!

Incredibly Delicious Taste!

When it comes to taste, this fabulous new Tomato is the all-time champ. Quite frankly, *it's the best damn Tomato I've ever tasted!* Its ruby-red flesh literally bursts forth with juicy goodness...bursts forth with sugar-sweet flavor, and an intense delicious Tomato taste. The mouthwatering flavor of this astonishing Tomato is a *revelation* — until you've enjoyed it for yourself, you simply cannot possibly imagine how absolutely delicious a Tomato can be! Each super-succulent fruit is a whopping 12"! 13"! even 14" or more around. And you'll actually harvest a dramatic outpouring up to 50 POUNDS or more of these exquisitely good-tasting Tomatoes from every single plant!

Incredibly Easy to Grow!

What's more, this amazing new hybrid is *absolutely the easiest Tomato to grow that I've ever seen!* Horticultural scientists actually *BRED OUT ALL THE bother* when they BRED IN all that good taste. With this Miracle-Bush™ Tomato there's no staking, no caging, no trimming, no pruning...no special care, no special sprays, no special feeding for the most luscious, most delicious Tomatoes you've ever eaten! Just start it indoors on any sunny windowsill, then set it out in your garden and watch it grow! You'll harvest meal after meal of

huge, luscious, rich-red super-delicious Tomatoes...scores of fabulous "half-pounder" beauties from each individual plant, all season long. These Tomatoes never get leggy, never sprawl through your garden.

Instead, each plant grows to a lovely, well-shaped bush no more than about 36" tall...so compact, so symmetrical, so pretty in appearance you'll consider using the Miracle-Bush Tomato as an ornamental in your front lawn. And there's just never been a better Tomato for planting in window boxes or containers on a sunny porch or patio!

Meal after Meal of Delicious Tomatoes Week after Wonderful Week!

Just imagine the taste-thrills you'll enjoy as you prepare fresh-off-the-plant super-salads and sauces...just picture the mouth-watering snacks you'll glory to as you sink your teeth into the ruby-red, rich, delicious flesh of these astounding Tomatoes right off the bush!

Take it from me, you'll be the hero of your family, and the hit of your neighborhood with these spectacular heaven-sent beauties! And you'll have more than enough



Tomato Variety
Tropic Lycopersicon

to share with the neighbors...because I'm not talking skimpy, I'm talking Tomatoes...scores of Tomatoes from every single plant! Not those teeny-weeny tiny Tomatoes other bush hybrids produce, but big, magnificent "movie star" half-pounds so rich in intense, flavorful goodness that every time you taste one, your taste buds will throw a party for your mouth.

The Best Tomatoes in the World Just One Penny Each!

These days, when I walk into a grocery store, I get sick at the prices I see. Sixty, seventy, even eighty and more for those plastic-looking, plastic-tasting things that should be ashamed to call themselves "Tomatoes." Then I think of these delicious Miracle-Bush Tomatoes you can grow yourself for just about a penny apiece and I pity the people who never even dream of how scrumptious a Tomato can really be!

If you like Tomatoes, you'll love my Miracle-Bush beauties. I'm so certain of that fact that I'll pay for the Tomatoes myself if I'm wrong.

The Most Mouth-Watering Tomatoes Ever — Or Your Money Back!

Let me put it this way: send for my Miracle-Bush Tomatoes now...plant them in your garden...start them on a sunny windowsill, and enjoy their luscious goodness as snacks, in salads and sauces all season long. Then, if you're not as thrilled with my Miracle-Bush Tomatoes as I am, let me know next fall, and I'll refund every penny you paid! Your satisfaction is 100% guaranteed, or your money back.

Miracle-Bush Tomato Co., Dept. MBT-310, 2105 Lakeland Ave., Lakeland, NY 11779

Please rush me the Miracle-Bush Tomato(s) checked below. I understand each one comes in its own pre-treated, pre-seeded professional nurseryman's starter pot, guaranteeing me the best-tasting Tomatoes I've ever eaten, or my money back — plus postage and handling.

- One Miracle-Bush Tomato, just \$2.50 plus 75¢ postage and handling.
- Two Miracle-Bush Tomatoes, just \$4.50 plus \$1 postage and handling.
- Three Miracle-Bush Tomatoes, just \$5.50 plus \$1.50 postage and handling.
- Six Miracle-Bush Tomatoes, just \$8 plus \$2 postage and handling.

Twelve Miracle-Bush Tomatoes, just \$15 postage.

(We pay all postage and handling costs.)

Total amount enclosed: \$ _____

(NY res. please add sales tax)

Print Name _____

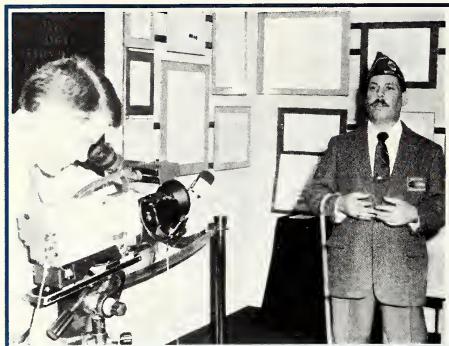
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City _____

State _____ Zip _____

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Yields are estimates for most areas of the country, based on results actually achieved, but may be lesser or greater than figures stated depending upon climate, soil conditions, amount of sun, and other factors. Miracle-Bush is our trade name for Tropic Lycopersicon tomato variety. Your Tomatoes will be shipped in pre-treated, pre-seeded nurseryman's starter pots approximately 5-6 weeks after receipt of order.



HEADLINER—Cmdr. Epling explains to Birmingham media why a flag-protection amendment is necessary.

Freedom's Price Is A Proud Tradition Legionnaires Know

AS Americans, perhaps we tend to forget that freedom demands a price," said Nat'l Cmdr. Miles S. Epling. "Each of us pays that price, whether we wear the uniform of our country or say goodbye for a while to a son or daughter who carries on with a tradition that began with the founding of our nation."

Epling's remarks were made on the eve of Veterans Day at the National Veterans Awards Dinner in Birmingham, Ala., which honors American service people each year. Epling also explained why the Legion has strongly urged lawmakers to consider a constitutional amendment protecting the U.S. Flag from physical desecration.

"I know all of the tidy arguments about rights and freedoms people use to

defend flag desecration," Epling said. "When I hear their words, all I can think of is the foolishness of the notion that the American flag is nothing more than a symbol for their right to destroy it."

The awards dinner has been conducted nationwide since 1954, and each year a citizen is recognized for his or her contributions to veterans. This year Alabama Sen. Howell Heflin received the award and joins the ranks of such luminaries as Neil Armstrong and Jimmy Stewart, who have also received the award.

On Veterans Day morning, Epling participated in a memorial service at the Cathedral Church of the Advent in Birmingham. At a luncheon later that day, James Harbuck Jr., alternate National Executive Committeeman, was named Alabama Legionnaire of the Year.

Handbook Tells Readers About Legion Programs

A NEW handbook, *This is The American Legion*, has replaced the American Legion Extension Institute study course as the primary reference book on The American Legion.

The purpose of the handbook is to educate, inform and provide knowledge of the Legion to every Legionnaire and members of the American Legion Auxiliary and Sons of The American Legion.

Several Departments already have ordered the new handbook to provide information to new members.

The per-copy cost of the handbook is \$3 for 1-5 copies; \$2.75 for 6-10 copies; \$2.50 for 11-25 copies; \$2.25 for 26-50 copies; and \$2 for more than



50 copies. Cassette tapes at \$3 per copy also are available for the visually impaired.

Copies and tapes of the handbook can be ordered by writing to This is The American Legion, Membership Services, P.O. Box 1055, Indianapolis, IN 46206. Make all remittances payable to National Treasurer, The American Legion.

Relief Fund Gets Help From MBNA

WITH a \$25,000 donation, MBNA America, formerly Mary Land

Bank, N.A., became the first corporation to make a major donation to The American Legion National Emergency Fund, which was created by the National Executive Committee to assist those affected by disasters.

"We have made other donations to relief funds for Hurricane Hugo and the California earthquake," said Michael Walls, senior vice president of MBNA America. "When we heard of the

Legion's National Emergency Fund, we wanted to support this worthwhile program because we are proud of our relationship with the Legion."

MBNA America offers The American Legion "Classic" VISA and VISA Gold credit cards to Legionnaires. For each purchase with these cards, a percent of the sale goes to the Legion's Veterans Rehabilitation programs.

"We are pleased MBNA America has donated this money," said Nat'l Treasurer Webber LaGrange. "MBNA America is a strong partner in the Legion family."

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Flatten cans quickly and easily. Never again allow empty cans to fill up your trash. One can takes up the same space as 7 crushed cans. It's the perfect solution. Takes no strength or effort. Even little kids can easily do it. Quickly mounts on table or wall. Great for recycling. Eliminates the hassle and bother. Approx. 14" high. Rugged steel construction.

Simply put can in and press

Can Crusher only \$12⁹⁵

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UNIVERSAL CABLE 47 CHANNEL CONVERTER DOES IT ALL IN MINUTES



Imagine! Now you can have cable TV without the monthly cable box rental cost. That's right!

Our 47 channel cable TV converter can easily be hooked up in seconds. Result - you get 47 channels that are normally broadcast only by the cable companies. Measures just 7" x 3".

47 Channel Cable Converter \$35⁹⁵



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Finally a handsome TV caddy table that puts everything at your fingertips. No more losing things under a couch cushion. Elegantly crafted in genuine hardwood for sturdy construction! Exquisite styling will complement your home. Similar products sell nationally for \$35.00.

TV Organizer only \$14⁹⁵

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Didi Seven's formula is so powerful and so good that over 10 million have already been sold. Europe Didi Seven instantly goes to work on over 2 hundred stubborn stains. Eliminates most stains fast including hard to get out ink, wine, food, coffee, paint, mildew, shoe polish, makeup and even tea. Watch those tough stains disappear like magic before your very eyes. Yet it's safe to use on your most delicate natural and synthetic fabrics. Even removes stains on your most expensive silks and wools safely and easily. Its non-abrasive formula will never scratch your ceramic tile or kitchen appliances. It's easy and simple to use - a little goes a long way. Nationally advertised for much more than our low price.

Didi Seven Stain Remover only \$8⁹⁵
2 for \$16⁹⁵

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PRICE SLASHED!
MILLIONS SOLD

Fast-soak restores delicate fabrics.

Quickly removes grease & grime from hands.

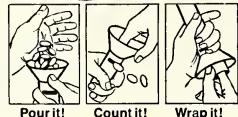
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Simply pour your change into the funnel and watch as your money quickly adds up. The change is automatically counted and instantly ready to be wrapped. It's mistake proof. You receive a set of 4 tubes for pennies, nickels, dimes, and quarters. Made of durable plastic for years of use.

Coin Counter only \$7⁹⁵



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Our cordless precision trimmer is perfect for removing hair from your nose, eyebrows and ears safely, painlessly and quickly. It's safer than a scissor and it really works.



The Personal Trimmer
Guard protects the steel cutting blades assuring that no moving parts come in contact with your tender skin while its high speed action is powered by 1 AA battery (not included). Safe to use even without mirror. Approximately 6" long.

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Now you can end pain and embarrassing odor of unsightly nail fungus in just a few short days.

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In just seconds you can immediately disable any attackers. Because now you are armed with the most effective .22 calibre non-lethal tear-gas handgun ever devised. Each shot sounds so real that the intruder will be easily scared away - and well he should be! But the best part is that you do not need a federal firearms license or gun permit to own or carry these personal protective weapons. So now you can walk with your head held high. Our snub nose revolver is the famous Vanquisher 8-shot side loading cylinder. So don't take crime lying down. Fight Back and Win!

Comes complete with a built-in brush applicator...so it's easy and fast to apply...great for fingernails too. Best of all...it really works!

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<input type="checkbox"/> Didi Seven Stain Remover	1	8.95
<input type="checkbox"/> 2 for only	2	16.95
<input type="checkbox"/> 47 Channel Cable Conv.	1	35.95
<input type="checkbox"/> Fungus Stop	1	5.95
<input type="checkbox"/> 8 Shot Snub Nose	1	29.95
<input type="checkbox"/> Tear Gas \$8.95	1	8.95
<input type="checkbox"/> Blanks \$10.95	1	10.95
Shipping & Handling charges add		\$1.00
Total		

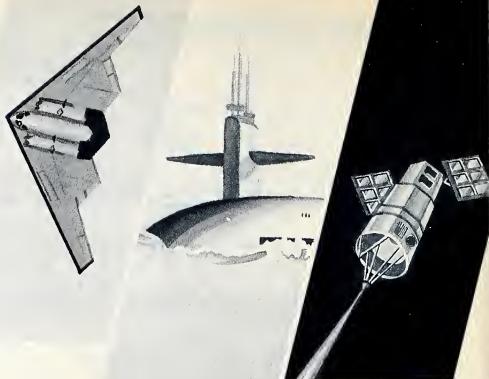
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Today, protecting our country's future can be expensive...



But, protecting your family's future doesn't have to be.

Protecting America's future has become more sophisticated and complex. In addition to superior manpower, today our military strength relies heavily on expensive new technology.

But protecting your family's future can still be simple and inexpensive. For over 30 years, Legionnaires have relied on the protection of The American Legion Life Insurance Plan to make sure their families remain independent and secure.

As a Member of The American Legion, you can now apply for more group life insurance benefits than ever before, and these benefits are at low group rates. With a wide choice of coverage amounts available, you can choose a benefit that's sure to help your loved ones have the financial freedom they'll someday need.

- ★ **Group coverage for Legion Members Only**
- ★ **Group rates as low as \$24 a year**
- ★ **Legionnaires up to age 70 may apply**
- ★ **Renewable Protection**



The American Legion Life Insurance Plan

You can count on The American Legion Life Insurance Plan to provide your family with cash benefits they will need for final expenses, adjustment income, even future living expenses. Choose from 1 to 16 units of coverage depending on your family's changing needs—and each unit costs only \$24 a year—regardless of your age.

Pure Protection – Plain and Simple

The American Legion Life Insurance Plan is available in units of coverage that provide different benefits based on your age and changing needs. You'll have the most protection while you're younger and your responsibilities are greatest, and less as you get older and these needs decrease.

Officially Approved by The American Legion

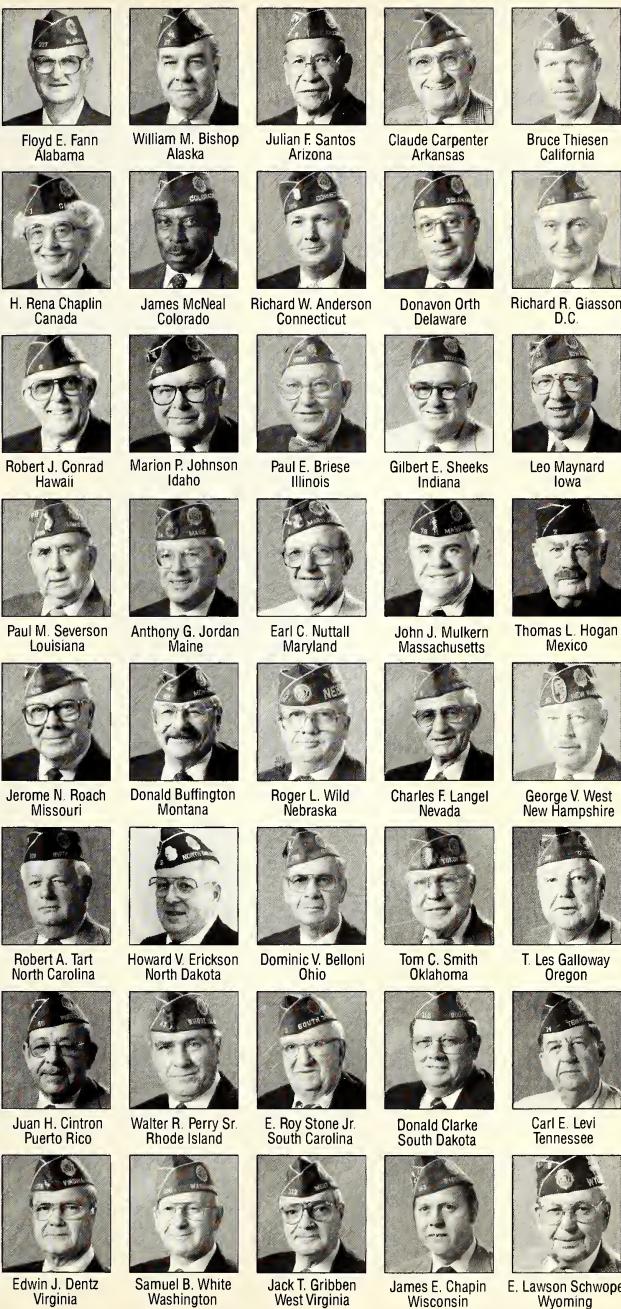
Since 1958, The American Legion Life Insurance Plan has been providing affordable group coverage to Legion members. This life insurance plan is nationally approved by The American Legion. It is quality coverage you and your family can count on.

**Act Now to Protect
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**To request coverage, complete the
enclosed reply card and return it today.**

NATIONAL EXECUTIVE COMMITTEEMEN

'89-'90



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Alabama



John L. Fitzsimons
Alaska



Ted Martinson
Arizona



James E. Brimer
Arkansas



Wallace W. Riddle
California



Ronald F. Mella
Canada



Jay D. Vise
Colorado



Charles Haas
Connecticut



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Larry D. Sheets
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Edward Drayton
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LeRoy Pulawa
Hawaii



Morris Bentley
Idaho



William F. Atteberry
Illinois



Donald R. Conn
Indiana



Wilford J. Huebner
Iowa



Harry G. Mantzouranis
Italy



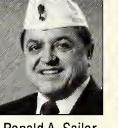
Jack Chiappetti
Kansas



James G. Ray
Kentucky



Joseph P. Rotolo
Louisiana



Ronald A. Sailor
Maine



Ashby Jenkins Jr.
Maryland



William J. Murphy Jr.
Massachusetts



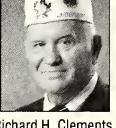
Royce J. Wheeler
Mexico



Elwin O. Kline
Michigan



Paul Andrejewski
Minnesota



Richard H. Clements
Mississippi



Aubrey W. Sullivan
Missouri



Raymond L. Seerup
Montana



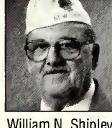
Carmon Wheatcraft
Nebraska



Edward J. White
Nevada



Harry F. Popper
New Hampshire



William N. Shipley
New Jersey



W. D. Gordon
New Mexico



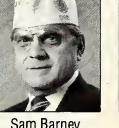
Vincent J. Colasacco
New York



J. Frank Ray
North Carolina



James O. Coats
North Dakota



Sam Barney
Ohio



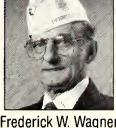
Roger Parrott
Oklahoma



Lee H. Perkins
Oregon



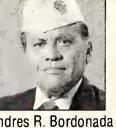
Edward W. Owen
Panama Canal



Frederick W. Wagner
Pennsylvania



William H. Sener
Philippines



Andres R. Bordonada
Puerto Rico



Raymond W. Lynch Sr.
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Wayne B. Richey
South Carolina



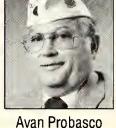
Richard P. McBrayer
South Dakota



John L. Jones
Tennessee



Archie Heathington
Texas



Avan Probasco
Utah



David N. Garland
Vermont



Roger N. Messier
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VETERANS ALERT

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Guidelines — Outfit Reunions notices must be submitted on official forms only. To obtain forms, send a self-addressed, stamped envelope to: O.R. Form, THE AMERICAN LEGION MAGAZINE, P.O. Box 1055, Indianapolis, IN 46206. Notices must be received at least five months before reunions are scheduled and will be published only on a first-come, first-served basis. Notices are published only one time per unit per year.

Army

- 2nd Bn., 34th Arm'd (Vietnam) (July-San Juan Capistrano, CA) Pat Forster, 31861 Calle Winona, San Juan Capistrano, CA 92675 (714) 493-4080
- 3rd Signal Co. (WWII) (June-Denver) Harry Rosenbaum, 105 N. League Rd., Colfax, IA 50054 (515) 674-3732
- 5th Div., Sun Coast Garrison (FL/Ad., States) (Ocala, FL) Milton Bartlett, 1028 Woodside Dr., Wildwood, FL 34785 (904) 748-7669
- 7th Inf. Rgt. Assn. (June—Colorado Springs, CO) France Cook, 1364 Gilham St., Philadelphia, PA 19111
- 81st Army Engrs. & Bridge Cos. (Korea) (Mar-New Iberia, LA) Art Wigdahl, 110 Belle Place Rd., New Iberia, LA 70560 (334) 364-6638
- 8th Army, HO & HQ Co. (WWII) (Aug-Memphis, TN) Mitchell Martin, 3933 Meramec, St. Louis, MO 63116 (314) 776-1403
- 8th Bomb Sq. (L) (WWII) (May—Colorado Springs, CO) Andrew Weigel, 2512 Fairmount St., Colorado Springs, CO 80909 (719) 632-8576
- 8th Div. Art. (1956-59) (Oct-Irving, TX) Ed Fugh, 4719 Taft, #3 Wichita Falls, TX 76308 (817) 692-4841
- 17th AAA Grp. (WWII) (June-Carlsbad, CA) Elmer Shuey, 8 Pleasant View Dr., Mechanicsburg, PA 17055 (717) 697-3205
- 17th Inf. Rgt., 7th Div., E Co. (WWII) (May-Janesville, WI) Bob Prueher, 1819 Clover Ln., Janesville, WI 53545 (608) 754-7902
- 20th Arm'd Dr. Trains (Sept-Denver) John Keele, 164 Main St., Greeley, CO 80630 (303) 215 647-1321
- 24th Inf. Rgt. Assn. (July-Roseville, SC) Taylor Moore III, 124 W. Lakeside Ave., Columbia, SC 29203 (803) 252-6264
- 27th Eng. (c) Bn. (Vietnam) (July-Ft. Campbell, KY) Harold Woodworth, 405 Massey Ln., Jacksonville, IL 62650 (217) 243-3939
- 29th Division (FL Chapter) (Jan-Punta Gorda, FL) George Smith, 2412 Griswold Ct., Newport Richey, FL 34655 (813) 372-8752
- 31st Inf. Rgt. Assn. (June-Lawton, OK) Oliver Robertson, 1621 N.W. 39th, Lawton, OK 73505 (405) 355-5217
- 31st/24th Eng. (c) Bns. (WWII) (July-Little Falls, NY) Gerald Stone, 507 Lake St., Herkimer, NY 13350 (315) 865-2200
- 33rd AAA Grp. (1951-54) (Aug-Minneapolis) Norman Schaeble, 4500 Cedar Lake Rd. S., Minneapolis, MN 55416 (612) 881-3610
- 32nd Div. Red Arrow Club (Great Western) (May-Reno, NV) L.E. Abel, RT. 4, Box 93A #81, Woodland, CA 95695 (916) 662-9498
- 36th Evac. Hospital (Aug-Portland, OR) Elvira Pantenburgh, 4717 N. Willamette Blvd., Portland, OR 97203 (503) 283-3090
- 40th Div. AVN Co. (Prov.) (1952-54) (Summer—Colorado Springs, CO) Norman Zehr, Box 1410, Golden, CO 80402
- 40th Recon., 40th Inf. Div. (Korea) (Sept-Santa Ana, CA) James Lindsey, 1392 Faren Dr., Santa Ana, CA 92705 (714) 731-3602
- 52nd Arm'd Div. Bn., 9th Arm'd Div. (WWII) (May-Valley Forge, PA) Verne Reaugh, Box 3467, Hampton, VA 23663
- 53rd Inf. Rgt. (May-San Diego) Earl Snowden, 3746 Keating St., San Diego, CA 92110 (619) 295-6948
- 63rd Inf. D Co. (June-Canton, OH) Dean Topa, 319 Park Ave., Carrollton, OH 44165 (216) 627-2896
- 73rd Arm'd F.A. Bn., 9th Div. (Sept-Branson, MO) Rudolph Merick, Dallas Dr., Box 204, Rt. 2, Jeannette, PA 15644 (412) 527-2773
- 74th CA AA Rgt. (May-Ft. Monroe, VA) Fred Brooks, 2000 Wilhem Ave., Baltimore, MD 21237 (301) 866-4215
- 76th AFA Bn., 2nd Arm'd Div., C Btry. (June-Westfield, MA) Gene Kennedy, 5 Kibbe St., Rte. Converse Pt., Marion, MA 02738 (508) 748-1647
- 85th QM Opt. Supply Co. (1941-45) (Apr-Kokomo, IN) Thomas Stewart, Box 237, Galveston, IN 46932 (219) 699-6268
- 100th Hwy. Transport Serv. (July-Hickory, NC) Larry Eckard, Rt. 9, Box 50, Hickory, NC 28601 (704) 256-5574
- 100th Inf. Div. (FL Chapter) (May-Deland, FL) Hugh Creveling, 92 Ventura Dr., Dunedin, FL 34698 (813) 733-3089
- 103rd Eng. Bn. (Apr-San Antonio, TX) Aurelio Benedetto, 14238 Reissen Ln., Houston, TX 77069 (713) 537-2770
- 104th OM Co. (May-San Antonio, TX) Leonard Erlichman, 1720W Latham Ln., Peoria, IL 61614 (309) 691-8971
- 110th Combat Engrs. (Pacific) (June-Omaha, NE) Warner McHugh, 1322 3rd Corso, Nebraska City, NE 68610 (402) 873-6255
- 114th Inf. Rgt., 44th Div. (June-Harrisburg, PA) Bob Flinchbaugh, 2365 Loucks Rd., York, PA 17404 (717) 845-2200
- 118th Inf. G Co. (Apr-Greenville, SC) James Hobson, 1209 Hobby Ln., Anderson, SC 29621 (803) 224-1734
- 131st Trans. Trk. Co. (1950-53) (Aug-Huntingdon, PA) Robert Appleby, 110 Flamingo Dr., Mechanicsburg, PA 17055 (717) 697-2191
- 141st Ord. MM Co. (July-Buffalo, NY) John Chadwick, 4913 W. Genesee St., Camillus, NY 13031 (315) 487-3643
- 151st Inf. Rgt., 38th Div., A Co. (July-Shelbyville, IN) Carl Weingarth, 820 Elm St., Shelbyville, IN 46176 (317) 398-7569
- 152nd Inf., 38th Div., Anti-Tank Co. (June-Portland, IN) Leroy McCough, Rt. 1, Box 212A, Largo, IN 46941 (219) 782-2145
- 158th Inf. (Bushmasters) (June-Madison, WI) Ardell Nybroten, 260 N. Bird St., Sun Prairie, WI 53590 (608) 737-7099
- 162nd Signal Photo Co. (WWII) (May-Little Rock, AR) Donald Baum, 1847 10th St., Moline, IL 61265 (309) 764-4637
- 164th Engr. Combat Bn., C Co. (WWII) (Sept-Kissimmee, FL) Ed Theeuw, 941 Grove Park Dr. E., Orange Park, FL 32073 (904) 264-4124
- 166th Station Hosp. (May-Cincinnati) Horace Zeigler, 17603 Hood Rd., Livingston, LA 70754 (504) 698-6496
- 172nd Combat Eng. Bn. (May-Ashville, NC) Joseph Layne, 2119 Reuter Rd., Timonium, MD 21093 (301) 561-0986
- 176/282/967th FA Bns. (May-Pittsburgh) James Smith, Hobbs Rd., Rt. 1, Meadow, PA 15335 (412) 724-2270
- 180th Inf. Rgt., 45th Div., C Co. (May-McAlester, OK) Ray Trevino, 7791 Woodchase Dr., #1215, San Antonio, TX 78240 (512) 691-9134
- 243rd Signal Operations Co. (Apr-Branson, MO) Joe Notini, Box 9404, Shreveport, LA 71109 (318) 631-1315
- 245th CA AA Gun & Missile Bns., NYNG (Sept-Ft. Hancock, NY) James Carroll, 4 Cedar St., Lynbrook, NY 11563 (516) 887-3930
- 264th FA Bn. (WWII) (June-Florence, KY) Lawrence Gresham, 251 Kenra Dr., S. Charleston, WV 25309 (304) 768-2263
- 294th Joint Assault Signal Co. (June-Cincinnati) Hubert Sherrin, 5300 Hamilton Ave. #310, Cincinnati, OH 45228 (513) 545-5400
- 299th Combat Eng. Bn. (WWII) (June-Binghamton, NY) Don Miller, 808 Placek Dr., Johnson City, NY 13970 (607) 797-8928
- 330th FA Bn. (Sept-LaCrossse, WI) Vernon Molenaar, 6215 21st Ave. S.W., Renville, MN 56284 (612) 978-6771
- 344th FA Bn., 100th Inf. Div. (WWII) (May-Deland, FL) Eli Fispaw, 1104 E. University Ave., Deland, FL 32724 (904) 734-6934
- 348th FA Bn., 91st Div. (Apr-Mobile, AL) Don Lovelady, Box 81, Montevallo, AL 35175 (205) 665-1225
- 384th FA Bn., 103rd Div., HQ Btry. (Apr-Nashville, TN) Vince Runowich Jr., 4063 10th Ave. N., St. Petersburgh, TN 37212 (813) 323-3793
- 386th Inf. Rgt., 97th Div., E Co. (May-Williamsport, PA) William J. Newell, 212 New Dr., Box 208, Linden, PA 17744 (717) 398-2545
- 414th AVN Signal Co. (June-Roseville, MN) Merlin Licht, 880 W. Hwy. 36, Roseville, MN 55113 (612) 488-2990
- 419th Arm'd F.A. Bn. (July-Tulsa, OK) A.G. Cluck, Rt. 4, Box 477, Van Buren, AR 72956
- 448th AAA AA Bn., 35th Div. (June-Columbus, OH) Ike Kendall, Box 448, Silver Lake, IN 46982 (219) 352-2864
- 467th AAA AW Bn., Sp (June-St. Louis) Ralph Steinhoff, 4906 Howard St., Skokie, IL 60077 (708) 675-5327
- 475th AAA AW Bn. (June-Bloomsburg, PA) Lyndon D. S. Brown, 2620 Tower Rd., Bloomsburg, PA 17815 (717) 784-4000
- 479th AAA AW Bn. (July-Philadelphia) Bob Caplan, 1240 Stirling St., Philadelphia, PA 19111 (215) 289-7155
- 500th Med. Co., 80th Med. Bn., C Co. (June-Mitchell, IN) Ross Jones, 1157 W. Warren St., Mitchell, IN 47446 (812) 849-4410
- 505th Parachute Inf. Rgt. (WWII) (Sep-Minneapolis) Jim Allardice, 335 Ardsu, Frankenmuth, MI 48734 (517) 652-6284
- 539th Supply Co. (Co.) (Vietnam) (June-Frederick, MD) 1st Sgt. J. Green, 7106 Sundays Ln., Frederick, MD 21701 (301) 694-6146
- 555th Engr. Heavy Ptn. Bn. (May-Waukegan, IL) Robert Garbutt, 2402 Elisha Ave., Zion, IL 60099 (312) 872-8440
- 561st F.A. Bn. (May-St. Louis) Richard Zwisler, 2810 Heidelberg Dr., Boulder, CO 80303 (303) 494-6284
- 645th Tank Destroyer (Apr-Lawton, OK) Kenneth H. Hargrave, 1100 30th, Box 1757, Lawton, OK 73501 (405) 429-9203
- 718th MP Bn. (Sept-Detroit) Duane Hursey, Rt. 1, Box 187, Sheboygan, WI 54170 (712) 544-2662
- 726th MP Bn. (May-Orlando, FL) Wilson David, 9415 Cal Rd. Baton Rouge, LA 70809 (504) 293-9779
- 738th Tank Bn., HQ Co. (June-Carthage, TN) Harris Kemp, Rt. 1, Box 251A, Carthage, TN 37030 (615) 774-3473
- 748th Engr. Base Equip. Co. (June-St. Louis) James Martin Jr., 1310 West FM 93, Temple, TX 76502 (817) 771-2276
- 749th Railroad Bn. (July-Kansas City, MO) James McIntosh, 1371 N. Arrowhead Ave., San Bernardino, CA 92405 (714) 889-3004
- 773rd FA. A. Assn. (July-Roseville, MI) Frank Chegash, 1911 1/2 Roseville, MI 48066 (313) 776-1748
- 776th Tank Destroyer Bn. (July-Cheyenne, WY) Chet Vosburg, 2309 9th St. N., Fargo, ND 58102 (701) 235-7197
- 817th Tank Destroyer Bn. (June-Buffalo, NY) William Sobczyk, 623 Park Ave., Dunkirk, NY 14048 (716) 366-8198
- 835th Engr. AVN Bn., Co. C (Korea) (June-Chanute, KS) Paul Brenecke, 211 W. Main, Chanute, KS 66720 (316) 839-5717
- 904th F.A. Bn., 79th Inf. Div. (July-Asheville, NC) Johnnie Hill, Box 215, Louisville, MS 39339 (601) 773-3094
- 961st FA Bn. (WWII) (May-Springfield, MO) Melvin Cope, Rt. 2, Box 200, Waukon, IA 50737 (405) 556-3555
- 1255th Combat Engr. Bn. (Aug-Oxon Hill, MD) Alfred Babcock, 1405 Colony Rd., Oxon Hill, MD 20745 (301) 839-5032
- 3189th Signal Serv. Bn., DD Team (July-Columbus, OH) James Smith, 126 Patricia Dr., Kokomo, IN 46902
- 3572nd Ord MM Co. (June-San Francisco) John Vogelpohl, Box 594, Benicia, CA 94510 (707) 745-1091
- 8055/8063/8076 Mash Units (1950-51) (May-Lancaster, PA) Dr. Eugene Hesse, c/o VNA, 1347 Fruitville Pike, Lancaster, PA 17601 (717) 397-8251
- Co. C, Stat. Bn., HSG, GHQ, FEC (Tokyo) (June-St. Paul, MN) Harry Rinehart, 2693 Martin Way, White Bear Lake, MN 55110 (612) 429-3169
- Fr. Campbell HI (1953-66) (June-Ft. Campbell, KY) Bill Shirley, 309 S. 16th, Eufaula, AL 36032 (334) 819-3220
- HO USAR (AGC) CARIB, Ft. Amador, Panama, Canal Zone (Sept-Plainfield, NJ) Jim Pederson, 35 2nd Ave. N.W., Plainview, MN 55964 (507) 534-2708
- Retired Army Nurse Corps Assn. (May-Denver) Margaret Even, c/o RAMA, Box 39235, Serra Sta., San Antonio, TX 78218 (512) 824-0329
- Team 1620 UN/ABN/ADN (July-Washington) Michael George, 10783 Happyvale Rd., Jacksonville, FL 32216 (404) 646-0273
- US Army Chapter of the Chosin Few (May-Louisville, KY) O.W. Robertson, 1621 N.W. 31st, Lawton, OK 73505 (405) 355-5217
- Vietnam Helicopter Crew Members Assn. (June-St. Louis) Jim Gardner, Box 237, Crowley, TX 76036 (617) 297-4993
- WAC Vets Assn. Saguaro #68 (May-Ft. McClellan, AL) Lynn Neda, 18220 Conquistador Dr., Sun City West, AZ 85375 (602) 975-1777

- 1st Sep. Med. Co., 5th Def. Bn., Reinf. (Funafuti) (June-Pittsburgh) H.W. Wilson, 789 2nd St., Beaver, PA 15009 (412) 774-1347
- 4th NCB (Apr-Davidson) Herbert Higdon, 188 Bonney Ave., Princeton, NJ 08850 (301) 595-3919
- 135th NCB (WWII) (May-San Antonio, TX) Jack Pilkington, Box 176, Riverside, CA 92511 (213) 684-4867
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Navy

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As a result of this new system, your body is greatly assisted in producing anti-aging en-



The perfect combination of vitamins, minerals, and botanicals.

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Absolutely Risk FREE!

Try Nutri-Pac 7 for 30 days without any obligation. If you don't love how much better you feel and look, we'll pay you back every penny of the purchase price. All you have to do is send back the EMPTY box.



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Nutri-Pac 7 is such a comprehensive program that it takes an entire 16-page book to describe the benefits. You get the 16-page book FREE with your first order.

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VETERANS ALERT

302nd NCB (July-Chadds Ford, PA) William Booth, 238 Street Rd., B120, Southampton, PA 18968 (215) 355-3088

Bass Hospital c/o 15 (Manus Island) (May-Mylrtle Beach, SC) Marion Cook Sr., Box 853, Lautens, SC 29360 (803) 984-4464

Deep Freeze IV, W/O Crew (1958-59) (July-Phoenix, AZ) Mei Haveren, 278 Lantana St., Camarillo, CA 93010 (805) 987-8158

F.A.W. 7 (Sept-Boston) Richard Gale, Box 1, Hebron, CT 06248 (203) 228-3442

MCB 4 Seabees (Vietnam) (Aug-Port Huene, CA) Gary Kuderman, 3822 Overland St., Riverside, CA 92503

Musice School Band #11 (Apr-Little Creek, VA) George Litzenberg, 604 E. Bougainvillea Crk., Barefoot Bay, FL 32976 (407) 664-1879

National LSM Assn. (June-Norfolk, VA) Ted Dey, Box 1130, Norfolk, VA 23517 (804) 451-2817

Navy Armed Guard June (Chicago) Leonard Carlson, 5894 N. St. Albans, Shoreview, MN 55126 (612) 484-2428

Tin Can Sailors (Aug-Baltimore) Ed Ward, Tin Can Sailors, Battleship Cove, Fall River, MA 02721

UNSTS. 1940 Companies (San Diego) (June-San Diego) R.H. Boyd, 972 Walker Ave. S.E., Atlanta, GA 30316 (404) 622-9666

USS Alabama BB 60/SSBN 731 (Apr-Mobile, AL) John Brown, Box 501, Keller, TX 76248 (817) 431-2424

USS Alfred A. Cunningham DD 752 (Aug-Cedar Rapids, IA) Ed Gillick, 3413 H Ave. N.W., Cedar Rapids, IA 52405 (319) 396-6379

USS ALTAIR Mobile Pool #1 (Aug-Wagoner, OK) Jim Prentiss, P.O. Box 8 Washington, FREDOMIA, KS 66736 (316) 378-2647

USS Audrain (May-Nashville, TN) M.A. Greenwell, 7 Basilica Ave. S., Hanahan, SC 29403 (803) 971-0137

USS Augusta CA 31 (May-Savannah, GA) Earl Dixon, 1075-275 Space Park Way, Mt. View, CA 94043 (415) 968-5172

USS Bailey DD 492 (May-Cape Coral, FL) William Springer, 1737 S.E. 39th Terr., Cape Coral, FL 33904 (813) 542-2717

USS Benevolence AH 13 (July-Muskegon, MI) Harry Larson, 2658 Fontenelle, Muskegon, MI 49441 (616) 755-3659

USS Bernadou DD 153, Dallas DD 197, Dupont DD 152, Cole DD 155, Ellis DD 154, DESDIV 59 (May-Mylrtle Beach, SC) George Kingston, 2148 Clubhouse Dr., Littleton, AL 36540 (205) 763-2200

USS Berlin SS 21 (Sept-Kissimmee, FL) F.L. Arntz, 354-E Federal, Freano, CA 92728 (704) 223-3406

USS Bronet AV 23 (Spring-Hickory, NC) Larry Eckard, Rt. 9, Box 50, Hickory, NC 28601 (704) 256-8274

USS Bridge DE 1024 (June-Nashville, TN) Edward Hicks, Rt. 1, Box 79A, Stewart, TN 37175 (615) 721-3699

USS Bunch DE 694/APD 79 (Sept-Norfolk, VA) David Hibbs Jr., 706 Hartman Ave., Hanover, PA 17331 (717) 637-7723

USS California BB 44 (June-Charleston, SC) Harold Bean, 615 W. Lafayette, Staunton, IL 62086

USS Carmick DD 493/DMS 33 (June-Kansas City, MO) John Wood, Rt. 2, Box 55, Conrad, IA 50621 (515) 360-2059

USS Clarence K. Bronson DD 668 (May-St. Louis) Ken Sullivan, 10715 N. Robinson Ct., Peoria, IL 61615 (309) 691-5784

USS Consolation AH 15 (Oct-Memphis, TN) Robert Peckinpah, 480 Valley View, Barrington, IL 60010 (312) 381-0042

USS Core CVA 13/VC 13/6-36-58 (May-New York) Michael Carter, 5 Eden Way, Roslyn Harbor, NY 11576 (712) 297-5229

USS Cowie DD 632/DMS 39 (June-Kansas City, MO) Calvin Morrison, 235 Devillen, Royal Oak, MI 48073 (313) 385-6618

USS Cowley APA 77 (May-Portland, ME) Ed Langlois, Box 161 DTS, Portland, ME 04112 (207) 773-7670

USS Doyle DD 494/DMS 34 (June-Kansas City, MO) Gene Dickman, 125 Chestnut, Brunsville, IL 61008 (712) 533-6434

USS Drexler DD 741 (May-Boston Area) Gene Brick, 1304 Loper Rd., Prineville, OR 97754 (503) 447-5422

USS Engstrom DE 50 (Jan-Olindo, FL) D.T. Jaeger, 2414 Manet Rd., Wilmington, DE 19810 (302) 478-3577

USS Franklin D. Roosevelt CV 42 & Air Wings (May-San Diego) Robert Boone, 10963 105th Ave. N., Seminole, FL 34648 (813) 391-8401

USS Hunter APA 7 (Sept-Oakbrook, IL) Edward Scueler, 27251 W. Flynn Creek Crk., Barrington, IL 60010

USS Fulton AS 11 (Sept) Charles Meyer Jr., 8336 Capeview Ct., Norfolk, VA 23518 (804) 588-2653

USS Gearing DD 710 (May-Norfolk, VA) F.B. Howard, 1309 Vermon Rd., Bel Air, MD 21014 (301) 386-4021

USS G. George R. Roberts CAPT/APD 115 (Coast Guard and Infantry) (May-Mylrtle Beach) Harry Parker Jr., 732 New Palz, NY 12561 (914) 255-5703

USS Goldsborough DD 168/APD 32 (Aug-Baltimore) Jerry Mansmann, 975 Kirkwood Ave., Pittsburgh, PA 15220 (412) 561-8248

USS Gwin DM 33 (1952-54) (July-Charleston, SC) John White, 5N816 Campion Ridge, St. Charles, IL 60117 (708) 513-0743

USS Hayler DE 212/APD 80 (May-Janesville, WI) Joe Bergen, 34 Kate Terr., Piscataway, NJ 08854 (201) 985-1348

USS Hobby DD 2210 (61) (1942-45) (June-Reno, NV) George Watts, 2261 Platzi, Mission Viejo, CA 92691 (714) 768-4899

USS Hyder YTB 506 (May-Alton, IL) William Determin, 17 Mimosa, Rt. 2, East Alton, IL 62024 (618) 254-1766

USS Hutchins DD 476 (May-Virginia Beach, VA) George Johnston, 429 Cedar Ln., Virginia Beach, VA 23452 (804) 486-8787

USS Independence CV 62 (July-Orlando, FL) Denis Bagley, 12 Trenton Ave., Edison, NJ 08817 (201) 813-0359

USS Ingerson DD 652 (June-Charleston, SC) Jerrell Childress, 3536 Blow Dr., Knoxville, TN 37920 (615) 577-1463

USS Iowa BB61 Vets Assn. (June-San Diego) Lester Smith, 1921 32nd St., Moline, IL 61265 (309) 764-8778

USS James O'Hara APA 90 (July-Morgantown, WV) John Shupe Jr., N. Read, Box 84-94, Morgantown, WV 26508

USS LCI (G) 442 (June-Des Moines, IA) Arthur Churchill, 1887 Menard Dr., Bay City, MI 48707 (619) 693-2809

USS LOI (L) 586 (WWII) (Apr-New Orleans) T.Y. Gauthier, Rt. 1, Box 173, Annsrule, LA 70512 (318) 879-2265

USS LCS (L) 11 (June-Nashville, TN) Lawrence Smith, 1729 10th St. Blvd. N.W., Hickory, NC 28601 (704) 328-6778

USS Lewis Hancock DD 675 (June-Fall River, MA) Herman Johnson, 12 Edward Dr., Ladson, SC 29456 (803) 873-1079

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USS Longshaw DD 559 (May-Concord, CA) L.L. Lollis, 2190 Dresser Dr., San Francisco, CA 94119 (415) 682-0015

USS Lourdes DE 198 (June) Minnie Polk, 102 Stanley St., Hampton, SC 29294 (803) 493-2020

USS Lowndes APA 154 (Sep-Duluth, MN) Richard Jones, 1442 89th Ave. W., Duluth, MN 55808 (218) 626-2526

USS LSM 164 (WWII) (May-Mexico Beach, FL) George Crouch, Rt. 2, Box 193, Seale, AL 36875 (205) 298-4817

USS LST 1024 (May-Nashville, TN) C.L. White, 305 Virginia Ave., Crystal City, MO 63019 (314) 937-2479

USS LST 285/75 (June-Chattanooga, TN) M.D. Manning, 2194 Hamill Dr., Chattanooga, TN 37343 (615) 877-6780

USS LST 398 (May-Davenport, IA) Jennifer Robb, Ramona Dr., 2623 N. Brady, Davenport, IA 52806 (515) 398-3966

USS LST 485 (June-Minneapolis) Bill Neumann, 14733 Oak Run Ln., Burnsville, MN 55337 (612) 892-1045

USS LST 496 Survivors (May-Tampa, FL) Joe Sandor, Box 1926, Hobe Sound, FL 33475 (407) 288-2733

USS LST 5 (April) William Lester, Big Magic Circle Dr., Goshen, NY 10924 (914) 294-7819

USS LST 554 (June-Denver) George Rodriguez, 1721 E. 112th Pl., Northglenn, CO 80233

USS LST 803 (May-Scottsdale, AZ) Robert Sanders, 2149 Leisure World, Mesa, AZ 85206 (602) 396-6451

USS LST H-931 (May-Norfolk, VA) Mitchell Maddock, 3229 Michigan St., Hobart, IN 46242 (219) 962-6496

USS Milwaukee CL 5 (June-San Diego) Albert Hensley, 219 Roman Ave., Staten Island, NY 10314 (718) 761-8999

USS LST 1000 (May-Long Beach) Spike Lewis, 4763 Mt. Hyer, San Diego, CA 92117 (619) 278-4899

USS Palmer DMS5, Chandler DMS9, Southard DMS10, Hoey DMS11, Long DMS12, Hopkins DMS13, Zane DMS14, Wasmuth DMS15, Trevor DMS16, Perry DMS17 (May-New Orleans) Carlton Fenton, Box 791, Harvey, LA 70050 (504) 341-2612

USS Pamlico AO 85 (July-LaCrosse, WI) Paul Johnson, R.R.14783, Rt. 278, Nelsonville, OH 45764 (614) 753-4634

USS PC 1596 (May-Ocean City, MD) Chet Yates, 136 Pine Tree Rd., Ocean City, MD 21842 (301) 250-3995

USS Price DE 332 (June-Manitowoc, WI) Edward Koenig, 500 S. 10th St., Manitowoc, WI 53070 (414) 654-3117

USS Pritchett DD 561/USS Callaghan DD 792 (WWII) (July-Chicago) Clarence Felts, 1515 W. Downer Pl., Aurora, IL 60505 (312) 859-2980

USS Rasher SS 269 (June-Ft. Worth, TX) Hestel Walker, 6624 Pleasant Ridge N., Richland Hills, Ft. Worth, TX 76180 (817) 656-0389

USS Reuben James DE153 (May-Boston) Bill Ratcliffe, Rt. 1, Box 449A, Saratoga Springs, NY 12866 (518) 583-2250

USS San Saba, APA 232 (July-Amarillo, TX) Carroll Pendleton, Box 661, Stinnett, TX 79083 (806) 878-2095

USS Sanatee CVE 29 (May-Charleston, SC) Lee Ledger, 1130 1st, Apt. 472, Rockwood, TN 37854 (615) 354-2873

USS Schmitt APD 76 (Aug-New London, CT) Harry Postlewait, 294 Tunxis Rd., West Hartford, CT 06107 (203) 521-1767

USS Shea DM 30 (May-Charleston, SC) John Fernandez, 4201 Oakridge Dr., Charleston Hts., SC 29418 (803) 767-1422

USS Simon Lake (Commissioning Crew thru 1966) (June-Charleston, SC) J.R. Craven, 1268 Marvin Ave., Charleston, SC 29407 (803) 556-2954

USS Southard DMS 10 (June-Minneapolis) Robert Nygaard, 1315 Karo Ln., New Brighton, MN 55112 (612) 633-6608

USS St. Paul CA 73 Assn. (Oct-San Antonio, TX) J.D. Guarnere, 189 Hilldale Dr., Nederland, TX 77672 (409) 722-2409

USS Stormes DD 780/Warrington DD-843/Vogelgesang DD 663 (May-Jackson, MS) Roy Didur Sr., Box 282, Cement City, MI 49233 (517) 592-6941

USS Sturtevant DE 239 (1951-52) (WWII Welcome) (June-Williamsburg, VA) R.E. Lee, 3203 Lakewood Ave., Columbia, SC 29201 (803) 266-9485

USS Sylvania AF2 (1967-68) (June-Norfolk, VA) John Pierce, 6631 Holloway Ln., Lansing, MI 48917 (517) 312-5102

USS Tarawa (Apr-Hickory, NC) Larry Eckard, Box 5145, Hickory, NC 28603 (704) 256-6274

USS Thompson DD 627/DMS 38 (June-Kansas City, MO) Kenneth Dell, 404 Plover St., Dunkirk, NY 14048 (716) 366-2517

USS Tuckasegee CVA/CV/AV/CV14/CG 47 (May-Reno, NV) Joe Medico, 13987 Sletson Ct., Magalia, CA 95954 (916) 873-3477

USS Vickburg (June-Milwaukee) H. Kapinhing, 5825 Tower Dr., Woodbury, MN 55126 (612) 459-1264

USS W.A. Mann AP 112 (May-Reno, NV) Gerald Bligh, 108 Forest Acres Dr., Bradford, MA 01835 (617) 521-1104

USS Wantuck APD 125 (July-Philadelphia) Vincent Simoniotti, 924 St. Vincent St., Philadelphia, PA 19111 (215) 725-4147

USS Weaver DE 741 (June-Cincinnati) John Ellington, 2608 Banner St., Durham, NC 27704 (919) 471-9302

USS Wharton AP 7 (Mar-Charleston, SC) George Howlett, 110 Central Ave., Malden, MA 02148 (617) 324-2200

USS Wren DD 569 (Apr-Baton Rouge, LA) Bill Ferguson, Star Rd., Box 353, Goodrich, TX 77335 (409) 365-2622

USS YMS 301 (May-Canton, OH) Wilfred Waltz, 3125 Newmont St. S.E., Magnolia, OH 44643 (216) 866-9915

USS YMS 81 (WVII) (June-Pittsburgh) Jake Tomazich, Rt. 1, Box 294, Imperial, PA 15126 (412) 695-7014

VC 80 (1944-45) (Sept-Denver) Bob Westbrook, 8131 Murray Hill Dr., Fort Washington, MD 20744 (301) 567-4726

VC 93 (May-Bueno Vista, FL) William Skinner, 6670 Bowden Rd., Jacksonville, FL 32216 (904) 733-6364

VF-141/53 (Iron Angels) (July-Las Vegas, NV) Harold Dolin, 9646 Hamilton Hills Dr., Indianapolis, IN 46250 (317) 270-2200

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Army Air Forces

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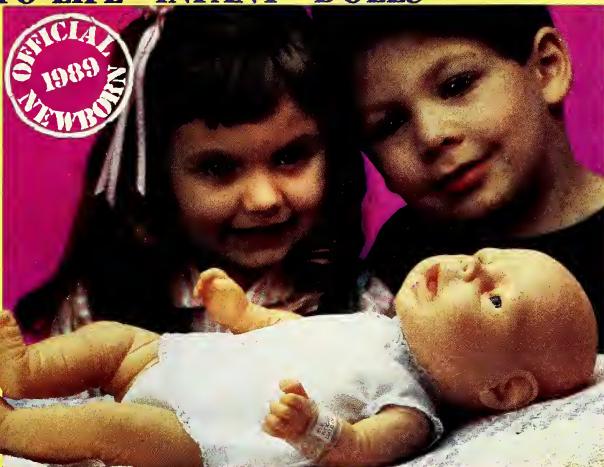
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TRASH PROBLEM

Continued from page 25

plants." On their side are laws that permit the sale of tax-exempt bonds to support incinerators and mandate that utilities buy the electricity they produce and guarantee that the trash will go to the incinerator even if cheaper alternatives are available.

Incineration and recycling divert garbage from the landfill, but recycling has many more advantages. It produces no air pollution and no ash. It reduces the need to harvest or mine new materials such as trees, iron ore, aluminum and oil, consequently reducing environmental impacts associated with processing those materials. Recycling aluminum uses only 5 percent of the energy needed to mine aluminum and recycling paper uses 25 to 75 percent the energy of tree harvesting.

Because mass recycling is a new idea, no one knows just how much the United States can recycle. Japan, with 60 percent of its population in urban areas, recycles 50 percent of its trash while depending on incineration, too. In a study of household waste from 100 East Hampton, N.Y., homes, Commoner concluded that 84 percent of waste could be recycled through "intensive" recycling.

Many environmentalists believe incineration can be minimized greatly or avoided altogether through aggressive recycling. The bottom line in the clash between recycling and incineration is that recycling will ultimately demand changes in the American consumer ethic and incineration will not. To reduce the amount of garbage we produce, recycling advocates argue strongly for taxes on packaging, banning certain unrecyclable plastics and throwaway products, and instituting standards to make products last longer.

Meanwhile, fledgling recycling programs are being initiated all over America, but they tend to be underfunded with goals just high enough to satisfy public outcries but low enough not to demand an overhaul in our lifestyles. The New York City Council set a goal of 25 percent recycling in five years, but organizations such as the Sierra Club pushed for 60 percent. The Sierra Club fought for a five-year moratorium on construction of trash-burning incinerators in the city until recycling was given a chance to prove itself.

Environmentalists argue that time is needed for recycling markets to develop. Industries need assurance that the supply of recyclable raw materials will be steady and ample. Industries like paper mills also must retool to handle recycled paper as a feedstock. Incineration could undercut recycling projects by competing for materials, like plastic and paper, that could as easily be recycled.

If incinerators continue to dominate the scene, a whole new set of environmental problems could arise. For example, incineration produces dioxins and furans, a family of toxic substances that has been found to weaken the immune system, making the body far more susceptible to cancer. Furans also have been found to concentrate in breast milk, affect fetal development and cause chloracne, a skin disorder. "When you burn garbage, you're taking every ounce of that garbage and turning it into pollution," said Walter Hang, an opponent of incineration who works for the New York Interest Research Group.

Incinerator ash, however, may ultimately be its Achilles' heel. Because it contains high amounts of lead and cadmium—mostly from batteries and plastics—the ash only meets the federal criteria for hazardous waste about half the time, and few communities want it dumped nearby.

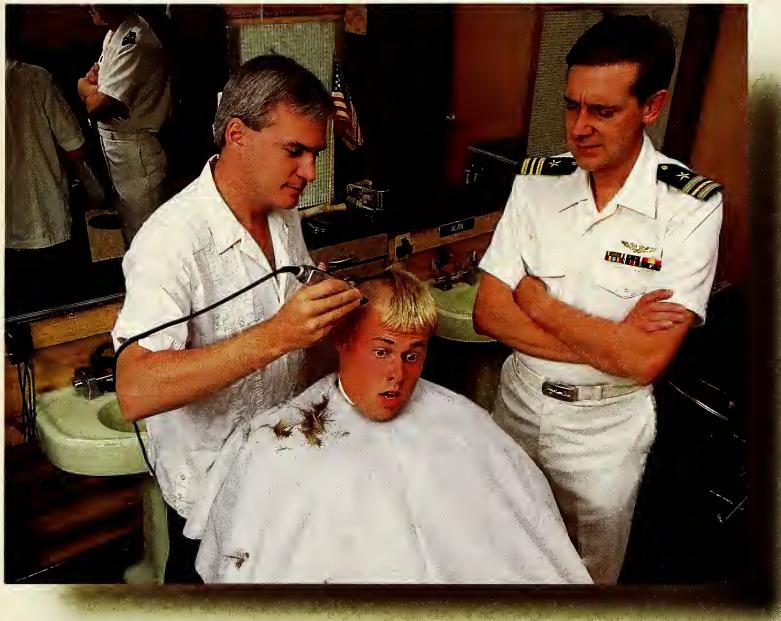
With shrinking landfill space, incinerator operators are already having trouble finding places to put ash. Nothing illustrates the problem of ash disposal as well as the 1988 plight of the *Khan Sea*, the infamous garbage barge carrying 10,000 tons of Philadelphia ash that was rejected by six states and five countries, ultimately dumping its load at an unknown location.

Recycling, with its many advantages, will probably triumph over trash burning. But a long list of changes must be made including tax incentives to encourage the use of recyclable materials by industry, laws requiring deposits on beverage containers, taxes on non-recyclable packaging, and bans on certain materials. Municipalities will have to commit themselves to serious recycling and be willing to pay for it.

In the meantime, average citizens can ease the crisis by composting food and yard scraps, holding yard sales, avoiding the purchase of fad and quick-turnover appliances, using cloth diapers and recycling materials when possible.

The garbage crisis may be symbolized by the Fresh Kills landfill, but it begins at every citizen's trash can. □

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ROULETTE

Continued from page 29

but our nation remains committed to the process. Whatever his other motivations are, there's no question that Gorbachev sees these negotiations as a way to lighten the defense load on his struggling economy.

Even if the Soviet forces are reduced as announced, the Kremlin's military establishment will still number more than 4 million men. As I told the Soviets repeatedly during my trip there in June 1989, it is very hard for outside observers to understand how that massive apparatus can be justified. Moreover, other critical elements of Soviet military power remain untouched by the reductions announced thus far, including military activities in space, strategic offensive and defensive forces, air defense units, naval combatants, and strategic mobility assets.

It appears that Gorbachev and his supporters are sincerely committed to some fundamental reforms, but wanting and accomplishing change can be two very different things. I believe the Soviets originally underestimated the difficulties associated with *perestroika* and the time and effort it will take to implement such a policy. There is an awful lot of playing it by ear and proceeding one day at a time.

Their inflexible economy is proving difficult for the military as well. Absorbing large numbers of released military personnel into the civilian sector is a significant problem and converting their defense industry to the production of consumer goods will very likely become more, not less, stressful.

Much the same can be said for *glasnost*. Thus far, the Soviet leadership has just put its toe in the water in encouraging openness. If real pluralism is achieved, it will involve a massive shift in attitudes throughout the society, requiring every group to exercise extraordinary tolerance of others.

Moreover, the ethnic problems that plague the Kremlin are especially thorny and could threaten the entire enterprise. Similarly, the Warsaw Pact countries are severely testing Gorbachev, as events in Poland and Hungary demonstrate. These tensions within the Soviet bloc do not make me feel especially comfortable. I am persuaded that we are not yet in a new era but are entering a period of uneasy transition which includes both encour-

aging and worrisome signals.

My deepest concern is that our own impatience might tempt us to move prematurely, with broad leaps of hope and faith, before we have tangible evidence of where the Kremlin's going and what its timetable will be. It's curious that many Americans profess to know where the Soviet Union is headed when the Soviets themselves don't know yet.

Moreover, it would be a great deal more rational to move gradually and deliberately, taking reasonable steps as the horizon becomes clearer, not before. This applies particularly to our own defense policies. In my view, to decrease our strength prematurely would be folly.

However, I am convinced that events of the past several years have appreciably advanced mutual understanding and confidence between the U.S. and Soviet military establishments. The climate for frank discussion of differences and constructive work on world issues has markedly improved with every meeting.

But, many of the problems in the Soviet Union and the world cannot be ameliorated by developments in the superpower relationship alone. As far as the U.S.-Soviet relationship is concerned, our systems will remain fundamentally competitive for the foreseeable future.

We will still need strong armed forces to support our international relations. The character, size and shape of our forces may well change, but the enduring imperatives of international affairs will always demand that we retain an adequate level of power.

Maintaining an appropriate and adequate defense posture won't be easy. It will take patience, determination and a clear-sighted policy mix that exploits all opportunities for peace without sacrificing the strength that brings the opportunities within reach. But fundamentally I am an optimist about our ability to walk that line. □



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- (1) 315 ONE STORY HOMES (under 2,000 sq. ft.) \$4.95
- (2) 210 ONE STORY HOMES (over 2,000 sq. ft.) \$4.95
- (3) 150 1-1/2 STORY HOMES \$3.95
- (4) 360 TWO STORY HOMES \$6.95
- (5) 215 MULTI-LEVEL HOMES \$4.95
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- (7) NEW DESIGN PORTFOLIO \$3.95
- SEND ALL 7 BOOKS AT \$19.95 (A \$34.65 VALUE)

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Address _____

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In Canada, add 20% to above prices
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Phone 612-827-5200 NHH2W8
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Alaska residents add 4%
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DISTANT SOUND DETECTOR MULTIPLIES SOUND 5000 TIMES

The VanSleek FARFOON®

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The VanSleek Farfoon generation of Distant Sound Detectors combines the best features of older models to bring you the most versatile unit yet developed. Utilizes a 3-1/2" built-in parabolic dish with "spider-mount" super-sensitive microphone for Sound Mirror effect, previously found only on larger, more cumbersome sound detectors (like those big dishes on the sidelines at football games). VanSleek features handy size (weight about 2-lbs.), is easy to use in tight places. Made for professional hunters to hear approaching animals at great distance, in city terrain, sounds leap across blocks and streets. Solid state-of-the-art circuitry. Sound cut-off. Powered by 6 penlight batteries for increased amplitude. Use VanSleek and enjoy mirrored sound gathering not possible with direct receiver products. Sold world-wide to government, military, police, hunters & fishermen. Discover the range of uses on land and sea; money back guarantee. \$148.00 postpaid. Order by mail from:

MC/Visa & COD
Order Toll Free
1-800-821-5157



DutchGuard, Dept L77
P.O. Box 411687
Kansas City, MO 64141

AIR TERRORISTS

Continued from page 33

apses, the FAA wants 120 more inspectors added to the 572 already deployed overseas.

More people, new procedures and better technology are encouraging signs. Last year, U.S. airlines spent \$500 million on security. For fiscal year 1990, FAA will budget \$33 million. Private and government security budgets are sure to rise. But does money really buy security?

One thing for certain is that terrorism is not static; some groups may already be planning an end-run around TNA. Certain generic material, available off the shelf, can be modified to create powerful explosives that aren't detectable by Thermal Neutron Activation.

"We hope we can always keep the bad guys guessing about what's around the corner," Salazar said. "If we've got them guessing, we've got them delayed. If we've got them delayed, it increases our opportunity for apprehension or detection."

SEND US YOUR OPINIONS

THE AMERICAN LEGION MAGAZINE is interested in your views on the question: Many nations have stringent security measures. Can we have both a free society and be safe from terrorism? Send your letters to OPINIONS, THE AMERICAN LEGION MAGAZINE, P.O. Box 1055, Indianapolis, IN 46206.

LIFE MEMBERSHIPS

Life Membership notices are published for Legionnaires who have been awarded Life Memberships by their posts.

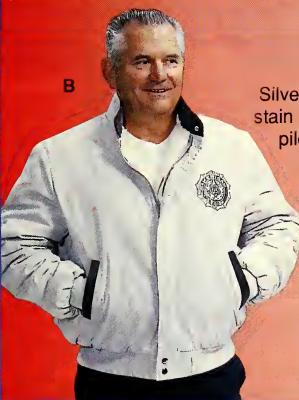
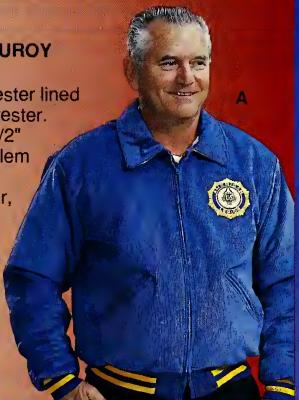
Life Membership notices must be submitted on official forms which may be obtained by sending a self-addressed, stamped envelope to Life Memberships, The American Legion, P.O. Box 1055, Indianapolis, IN 46206.

James O. Brown, Governor G. Harris, Elliott Hughes, Marvin W. Reed, Zell Smith, William Pitts Wilson (1989) Post 83, Fison, AR
John D. Tarpening (1989) Post 217, Gilroy, CA
Eugene A. Moss (1989) Post 35, Mount Dora, FL
Ora M. Cunningham (1989) Post 211, Paris, IL
Herbert L. Anderson, Bart J. Burns, John J. Prochaska (1989) Post 247, Park Ridge, IL
Albert J. Indra (1989) Post 305, Marion, OH
Curtis W. Miller (1989) Post 305, Marionette, IA
Francis E. Ryan (1989) Post 110, Medfield, MA
James R. Hatcher (1989) Post 113, Manchester, MA
Stephen Neary Jr., Michael Nolan, Edmund Paul, Clarence O. Philipp, Andrew D. Pifko, Conrad Richard, Thomas Rielly, Fred Robinson Jr., Charles Sisson, Roger St. Onge, John J. Sullivan, John Sweeney, Steven S. Sylvia, Charles Travers, Norman Whitlow, Sydney Young (1989) Post 166, Fairhaven, MA

Warm Winter Wear

**ROYAL BLUE CORDUROY
WINTER JACKET.**

84% cotton/16% polyester lined
with quilted nylon/polyester.
Fully embroidered 3 1/2"
American Legion emblem
on left chest, gold
contrasting undercollar,
durable zipper, gold/
royal knit cuff & waist
trim. WARM!!
Available in XXXL at
no additional charge.
Made in U.S.A.
No. 70510 . . . \$54.95



ROYAL BLUE JACKET.

Heavy oxford nylon with polyfibre quilted lining. Set-in sleeves, knit collar & cuffs with gold trim. Available in XXXL at no extra charge. Full color American Legion emblem embroidered directly on left chest.
Made in U.S.A.
No. 70278 . . . \$49.95



**NEW!! SHERPA LINED
POPLIN JACKET.**

Silver poly/cotton poplin with rain/stain repellent finish and polyester pile lining. Stand up collar, knit cuffs and waistband, zipper closure with snap storm flap, and charcoal corduroy trim on pockets and collar.
Add \$4 for XXL.
Made in U.S.A.
No. 70550 . . 49.95

No. 70550 . . \$49.95

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70550 . . \$49.95

**BRUSHED POLYESTER
BASEBALL JACKET**

Quilt lined for superior warmth.
Royal Blue with Gold/Royal
knit trim, collar, cuffs and
waist. A melton-like feel in
today's fabric with 30%
extra warmth and 33%
lighter weight when
compared to melton
wool. Stand-up
collar and flannel-
lined slash pockets.
Add \$7.50 for XXL.
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SHIPPING & HANDLING	
Add to ALL orders	
Merchandise Value	Add
Up to \$25.00	\$3.00
\$25.01 to \$50.00	\$4.00
\$50.01 to \$75.00	\$5.00
\$75.01 to \$100.00	\$7.50
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Prices good through 1/15/90.

ADULT SIZES:
S (34-36), M (38-40),
L (42-44), XL (46-48).
XXL (50-52) & XXXL (54-56)
available only where indicated

available only where indicated.

Send coupon with remittance to: National Emblem Sales, Dept. M-10 The American Legion
P.O. Box 1050, Indianapolis, IN 46206

Jacket A B C D **Size S M L XL XXL XXXL** **Quantity _____**

Name _____

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City _____ State _____ Zip _____

Payment \$ _____ enclosed or charge my:

VISA Master Charge Card Number _____ Exp. Date _____

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Discover one of the most unique communities on the entire Gulf Coast. Spanish Cove, 620 acres of natural beauty hugging Perdido Bay. A safe and secure well-maintained private community with recreational facilities and all utilities—plus low taxes, and common sense restrictions. Located in a beautiful setting between two metro areas.



Best of both worlds...
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Just compare.

Three distinct neighborhoods for your seasonal getaway or full time residence.

Land Harbor for RV living.
Perdido Pines, a mobile home community.

Spanish Oaks, homes overlooking the bay or tucked among the rolling hills.



Video Available showing all
of Spanish Cove Properties.

For a brochure and current prices call toll free
1-800-356-7142 outside
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Obtain the Property Report required by Federal law and
read it before signing anything. No Federal agency has
judged the merits or value, if any, of this property. Offer
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(205) 982-2311 AL-1/90

Name: _____
Address: _____
City: _____ State: _____ Zip: _____



FACTORY DIRECT CLOCKS AND FURNITURE

DO-IT-YOURSELF KITS OR COMPLETELY ASSEMBLED AND FINISHED

- Grandfather Clocks
- Mantel and Wall Clocks
- Accent Furniture:
- Curio Cabinets, Chests, Tables, Chairs, Desks, Secretaries...and more!
- Solid 3/4" hardwoods: black walnut, cherry, oak
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- Easy-to-assemble kits
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SEND \$1 FOR
FULL-COLOR CATALOG

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CLOCK COMPANY**

WORLD'S LARGEST MANUFACTURER OF GRANDFATHER CLOCK KITS
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I am interested in
 Do-It-Yourself Kits
 Finished Clocks
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Name _____
Street _____
City _____ State _____ Zip _____
(PLEASE PRINT)

ICE FISHING

Continued from page 31

bottom. When the bait is taken, the frame "tips up," indicating that a fish is hooked. Because the larger fish are on the prowl and not in schools, tip-ups allow several holes to be fished at once, increasing the chance of success. When the tip goes up, let the fish run until it stops. Larger fish often carry the bait after swallowing it. When the line stops, set the hook. If you're after the big ones, you'll need a gaff to haul them out of the hole.

Be aware that laws govern ice fishing in most areas. They may dictate what you can catch, when you can catch it, and what you can use to bring home a fresh, winter dinner.

Cold and peace are the grand elements of ice fishing in addition to the joy of the chase and the thrill of success during pleasant competitions with frost-nipped companions. But Bratton always seems to have more luck than me. Some things don't change. □

GETTING STARTED

In addition to adequate clothing and a big plastic bucket, you'll need an ice-fishing rod (use your old reel), an ice skimmer, a seven-inch hand auger, hooks, line and jigs.

You can purchase everything from L.L. Bean, Freeport, ME 04033 by calling toll-free, 24 hours, 1-800-221-4221. Your cost will be less than \$100 for the aforementioned gear.

For more information, drop by local shops, or order the book **Ice Fishing Guide**, from Ice Fishing Publications, P.O. Box 529, Thief River Falls, MN 56701.

TAPS

Taps Notices mention, whenever possible, those Legionnaires who have held high national or department office in the Legion or the U.S. government, or who have attained other forms of national prominence.

Hugh Quincy Alexander, VA Department Commander (1950-51).

Luis A. Andujar, PR National Executive Committee man (1983-87), Department Commander (1977-79; 81-83).

Jack W. McIntyre, IN Department Commander (1950-51), Department Vice Commander (1948-49).

Edward C. Salk, MN Department Commander (1966-67), Department Vice Commander (1962-63).

Linden Williams, TX Department Commander (1988-89).

NUTRITION
HEADQUARTERS

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THESE LOW VITAMIN PRICES!

We probably could not offer you quality vitamins at these advantageous low prices if we sold in stores. But with mail-order, they're yours. So act now. Save as you've never saved before!

FREE "Sparkling Heart" Quartz Calendar Watch

You'll just love wearing this unique calendar watch. With its slim, heart shaped, goldtone case and delicately feminine leatherette band, it adds a nice touch to any outfit. But what makes this watch a striking conversation piece is the circle of 9 moving rhinestones highlighting its face. With your every move these glittering stones subtly reflect and radiate light. What's more, this watch is just

as practical as it is pretty. It's a precision, quartz calendar watch. It features a large, easy-to-read, easy-to-set, lighted display that tells month and day as well as hour and minutes. Best of all, you can have one of these Sparkling Heart watches FREE WITH ANY ORDER. Just check box in order form and add \$2.00 for shipping.

Free offer ends Jan. 31, 1990
May never be repeated!



**FREE
WITH EVERY
ORDER**

Enclose Coupons Below With Order.

MAIL ORDER COUPON
50 MG
ZINC
 100 TABS \$1.79
 500 FOR \$7.25
Expires 1/31/90

MAIL ORDER COUPON
1,000 MG
VITAMIN C
WITH ROSE HIPS
 For 1.98
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 1000 for 17.88 to a Family
Expires 1/31/90

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CAPSULES
 100 FOR 1.19
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 250 FOR 1.65 Limit One
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250 MG TABS
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MAIL ORDER COUPON
1200 MG
LECITHIN
19 GRAIN CAPSULES
 100 FOR 1.49
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HELP CUT YOUR CHOLESTEROL
WITH **NIACIN**

ASK YOUR DOCTOR ABOUT THE
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500 MG TIME RELEASE NIACIN TABS
1000 TABS \$2.00 500-15.00
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Special Low Prices on these items
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1500 mg Calcium carbonate
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Garlic Oil Capsules
 For 68¢
 500 for 3.28 Limit One
of Any Size
 1000 for 6.39 to a Family
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Our "Top-B"
B-Complex "50"
Famous Formula at a
Sensational Low Price!

Every capsule contains
Vitamin B-1, B-2, B-6,
Macromaxine, Pantothenic
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 100 for 3.49 Limit One
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ALOE VERA
JUICE

All Natural Non-Gelified
Cold Stabilized Processed
Aloe Vera has been known
used and trusted since the
days of Cleopatra. Leaves are filled
to insure that all the de-
sirable properties are retained
without the Aloe and
leaves being processed.
SUGGESTED USE: Two
ounces with each meal.

Quart \$2.98 Gallon \$9.95
GUARANTEED NO ADDED SUGAR, STARCH,
ARTIFICIAL COLORS OR IMITATION FLAVORS
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This hypnotic stare belongs to Sophros. He is one of three psychics who have the scientific world in a stir (the other two are in the United States and in the Soviet Union). Sophros can see how events will unfold in the near future — such as the outcome of a horse-race or lottery. His secret: he expands his amazing faculty of "seeing" using a technique developed by the brilliant mathematician, G. Cord. This technique lets him construct an effective mental "screen" which filters out numbers with little or no chance of winning and highlights the "lucky" ones. The Winning Numbers for the next 30 Lottery drawings will be revealed by Sophros, but only to those who meet the following 5 conditions.

How can you receive your Winning Numbers?

This ad is part of a major study into Sophros' psychic powers. Anyone can participate and receive the winning numbers for the next 30 Lottery drawings — if you meet the following 5 conditions. If you do, send in the free coupon as

soon as possible for confidential, strictly private details. This test will only run for a few weeks in the U.S. and will terminate without prior notice. After receiving the

in a plain sealed envelope, all we ask is that you do the following:

- Use the Winning Numbers clearly and precisely indicated by Sophros to play one game

descent from the Knights Templar. This is possible, but not certain. I am president of the Research and Studies Center and work closely with top scientists, psychiatrists and doctors. I have succeeded in adapting a technique discovered by the brilliant mathematician G. Cord. He has used it to enter into an extraordinary multi-dimensional space. I have managed to create a virtual "mental screen" which combines perceptual flashes with images of pure psychic vision. I have agreed to cooperate in a major study of my psychic powers because this is the only concrete and final way to prove that they are real, that I can see into the immediate future and that I can make it possible to win large sums of money in the Lottery. Follow my advice carefully and the results will astound you. One final thing: please return the form as soon as possible if you meet the 5 conditions. Do this right now so you will not forget. Just enclose five stamps. That is all you are asked to do at this time.



Winning Numbers, just tell us how much you win in the upcoming Lotteries. No one will ever reveal your name, but the big winnings you receive will serve as proof of the complete effectiveness of the "mental screen" used by Sophros (particularly for those who've never won before and don't think of themselves as being very lucky. See the 5 conditions).

Winning Numbers instructions — please read carefully.

Request details today. Later after receiving your Winnings Numbers

after another.

- Place the lowest possible bet. Increase your bet only after a win, although this isn't obligatory. Don't reveal your Winning Numbers to anyone else.
- Only use your earnings for your essential needs and those of your family: payment of debts, purchase of an apartment or house, new car, vacations, etc.

Sophros' message to those meeting the 5 conditions

It is true that I possess unusual powers. Some believe this is due to my direct (and demonstrated)

SOPHROS, 10 West 36th Street, New York, N.Y. 10018

HERE ARE THE 5 CONDITIONS

Sophros believes that the power to see numbers is a gift from above which should be used first and foremost to help those who are disadvantaged. That is why details about the Winning Numbers for the next 30 Lottery drawings will only be sent to those fulfilling the 5 following conditions:

1. You have never won more than \$1,000 in the Lottery.
2. You believe that you could never win \$2,000 to \$10,000 in only 2 months.
3. You need cash urgently, for important reasons.
4. You are ready to play the Winning Numbers (at minimum stakes) as advised by Sophros, and give him your complete trust.
5. You agree to tell us how much you win (confidentiality guaranteed).

Please be honest with us. Don't apply for your Winning Numbers unless you have real financial problems.

FREE COUPON

(no obligation of any kind)

Return to: SOPHROS

10 West 36th Street, New York, N.Y. 10018

YES, I meet the 5 conditions. I have indicated my name, address, and date of birth below.

I have enclosed 5 stamps (or one dollar) to cover expenses of rushng details.

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Date of Birth _____

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BY THE NUMBERS

Continued from page 66

industries in these states may also be ensured funds for their many facilities. Yet, how the lines for House seats are drawn promises to produce the most post-census fireworks.

For the first time, the bureau will map the entire nation block by block. This should make it easier to equalize the population sizes of congressional districts. Combined with computers and voter registration rolls, the data opens the way for some devilish gerrymandering. Said Tom Hofeller of the Republican National Congressional Committee, "That means I could decide I liked the demographics of people on one side of a street more than on the other and draw the district line down the middle," Hofeller said.

Although the Census Bureau claims to be bipartisan, Republican strategists firmly believe that former President Jimmy Carter appointees leaked information in 1980, giving Democrats an edge in drawing plans for the last reapportionment. Democrats now fear that the bureau will leak information to Republicans and undercount minorities, who usually vote for the Democratic Party.

In any event, many redistricting plans are certain to be challenged, no matter which party gains an edge. The low cost of computer power means that public-interest groups, minority organizations and businesses can create their own reapportionment plans to challenge "official" redistricting in court. It appears that arguments during the next census won't end until 2000.

Despite all this, the 1990 Census is certain to provide an unprecedented, detailed look at America. Knowing ourselves means understanding the nation's weaknesses, its capabilities and how to manage them in the public and private sector. In myriad ways, census data directly influences the quality of life of all Americans, from the products we buy to the government services we receive.

The Census Bureau's mission statement reads: "In its best interests, a civilized nation counts and profiles its people and institutions. Striving to excel, we chronicle the nation's past, describe its present, and illuminate its future."

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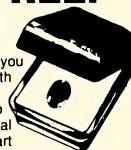


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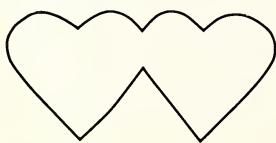
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(By Frank K. Wood)

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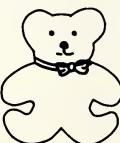
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weak. What can be done about that?

A. In 1940, Winston Churchill flew to France and met with the high command after the Germans had broken through the French lines, and asked, "Where are the reserves?" Well, there weren't any. Nor are there enough today. What is needed is an overall assessment of NATO weaknesses and strengths and then a plan to develop what I call a resources strategy. We and our allies need to ensure that we can fill those gaps and weak points. At the same time, our negotiating strategy should aim at pulling the Soviets back from their forward positions. And at some point, I think "competitive strategies" should be brought into play.

Q. What do you mean by "competitive strategies"?

A. The Pentagon brought to fruition what we call in quotes competitive strategies. This is where we utilize our technological strengths and new systems that are coming on-line, such as multiple-launch rockets. If we bring those to bear, especially on the opponent's reserves, we would have the capability of cutting off those reserves or follow-on forces. In other words, rather than trying to meet tanks with tanks, their strength against our strength, we would do what they do to us. We would take our strength in new technologies and apply them to their weaknesses.

The problem with most NATO forces is that they're static, not dynamic. Before a crisis starts, the Soviets could join the Northern Fleet with their Baltic Fleet in the Norwegian Sea and turn NATO's flank before NATO was ever at simple alert. That's a capability they don't talk about much. The problem is that people tend to take static elements and assume that we have reinforced Europe both on the ground and at sea. They look at our situation with the Soviet Union only under those circumstances. Some Soviet generals have been saying that even at parity they would be better off because they practice mobile warfare and would be able to concentrate forces at the right place at the right time. If most of our forces are pulled back to the United States, and we're faced with a crisis, as in 1914, there is always going to be the worry that our reinforcement of Europe

Please turn to page 72

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(SPECIAL FEATURE) — There's an almost unknown U.S. Government profit opportunity out there that more and more people are cashing-in on. It's a fun activity that let a Washington man make a whopping \$15,000 from only \$24! Results vary. Another exceptional example is the woman from Wisconsin who quickly turned \$9 into \$5,000.

People all across the country are learning about this profit opportunity thanks to a new book written by New York money-making genius Lee Simonson. It's called "How to Get Rich from U.S. Government Mistakes." Simonson has been recognized on national radio news as "one of the top experts in his field."

Says Simonson: "This is a hobby that offers remarkable profit opportunities for everyone." It has been recommended as an outstanding money maker in U.S. News & World Report magazine and by nationally known financial advisor Alan Shawn Feinstein.

It doesn't require loads of money or a fancy education to get started. It doesn't matter how young or old you are, or if you are a man or a



AUTHOR
LEE SIMONSON

woman. You don't need any special equipment and you don't manufacture anything.

You can do it at home or even while you are on vacation. It doesn't require a lot of time. You can learn all you need to know on a Sunday afternoon and start on Monday. After that it takes less than an hour a month.

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What is it? Simonson won't tell in order to protect the interests of the people already using it. Financial advisor Alan Shawn Feinstein has this to say: "This is the best kept money making secret in the world..."

"How to Get Rich from U.S. Government Mistakes" is only available by mail from The Leader Co. The Leader Co. is a member of better business associations such as the Chamber of Commerce.

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WORLD WAR III

Continued from page 70

would be provocative and that the Soviet generals would say "go now, not later, before they reinforce Europe." We must be very careful in our negotiations and avoid creating a situation of unstable crisis management because everything that we're doing is dependent upon the reinforcement of Europe.

Q. Soviet threats always appear to draw the 16 NATO nations closer together, but will Gorbachev's charm tactics lead to the dismemberment of NATO?

A. I have said Stalin created NATO and Gorbachev may "uncreate" NATO. Gorbachev is a brilliant strategist. When I was at NATO in 1983 and 1984, we won the last great victory of the Cold War, because the Kremlin believed, pre-Gorbachev, that the SS-20 blackmail strategy could split off the less-resolved countries of NATO and splinter the alliance. The Kremlin was stunned when we finally got our act together and won.

But we're now in an ironic situation where Gorbachev may be failing at home with *perestroika*, while being successful abroad. The alliance, unfortunately, might dismember itself quicker than the reduction of Soviet forces. He's got enormous flexibility. Now, don't misunderstand me, I would rather have Gorbachev there than Ligachev. But I'm saying that in the promise of Gorbachev, there is also a peril if what has kept peace and stability since World War II now tends to fall apart. In the 1990s, when nuclear weapons are going to count less and conventional weapons much more, NATO has got to have a genuine defense capability.

Q. Is NATO on the road toward a better defense capability?

We generated new life in NATO with new conventional defense efforts in 1984-86 and new transatlantic armaments cooperation to get better return on our defense investment. But in light of the new diplomatic situation, I'm afraid that Europeans, particularly the citizens of West Germany, are going to perceive that the alliance has less relevance and these strong defense efforts are not needed.

Q. Your book repeatedly emphasizes the dangers in the present economic

crisis and rising instability within the Soviet Union. Could these pressures lead to a clamp down on reform efforts or even to war?

A. On reform efforts, there are powerful contenders operating against Gorbachev who feel his political and economic measures can jeopardize the rule of the Communist Party in the Soviet Union and in Eastern Europe. The danger is that instabilities in the Soviet Union or in these Eastern European countries could precipitate the kinds of crises where we could get zigzags in conduct, as we have had with Tianamen Square and Deng Xiaoping. Those zigzags could come either on Gorbachev's part, to keep his position of power, or from Gorbachev being overthrown by someone like Ligachev. We might easily develop situations where the decision is made to commit Soviet troops in Eastern Europe. That's why as you look across that line, it is essential to have a solid defensive alliance of democracies.

Q. Some people think U.S. military forces are spread too thin over too much of the globe. Can we get an increasingly powerful Europe and Japan to shoulder more of the peacekeeping role worldwide?

A. I think we should maintain, but de-Americanize, global defense efforts. For example, I would welcome a European Supreme Allied Commander in Europe if France would come back into the integrated command. I would welcome, in South Korea, the top commander being a Korean. And our allies have got to realize that NATO became an alliance not out of the need for mutual security but out of the need for Europe to gain U.S. protection. That came about in the 1950s and 60s because of their nuclear dependency on us. With the declining role of nuclear weapons, this is a time for allies to be more the masters of their own destinies through their conventional capabilities in the alliance and, therefore, bearing a greater defense burden.

Q. You've often said that military capabilities rest squarely on economic strength over the long term; yet, the U.S. economic scene today presents a dismal picture of rising debt, massive federal budget deficits, foreign trade imbalances, inadequate investment and productivity. Is our economy truly out of control or can Americans come to grips with this mess?

A. Every issue you have mentioned must be part of the grand strategy

to keep us No. 1. The productivity and competitiveness of U.S. industry is just as important to this long-term strategy as is the readiness of our forces. Our educational system and the number of engineers and scientists we turn out also are an important part. The big challenge on the security side is not immediately apparent because the Soviets are in so much trouble. The big challenge could come between five or 10 years from now, if Soviet economic reforms succeed and the Soviet Union becomes an economic as well as a military superpower.

Q. The United States has frequently

been accused of sopping up too much of the world's scarce resources to fuel a domestic consumption binge. Are we also running out of essential resources to meet our military and security needs?

A. Yes, we are and this is why such a large theme of my book is developing a resources strategy for better use of our resources and for the renewal of creative measures, whether it is greater personal investment or investment research and development or investment in education. It is time for renewal and thinking anew about the promises and perils of the 1990s. It all gets back to a grand strategy. □

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Nursing scholarships worth \$7,600 were granted to nurses at the VA Medical Center at Syracuse, N.Y., the past two years by the Onondaga County American Legion. Arthur Steier, chairman of the Nursing Scholarship Program for Onondaga County and the Fifth District of the Department of New York, awarded the scholarships.

John Steer returned from the Vietnam War with two Purple Hearts, a Silver Star, a Bronze Star and a lingering hatred for the enemy. Steer, now a member of Post 346 of Cherokee Village, Ark., fought through years of alcohol and drug abuse, nightmares and anxiety. Now he helps other veterans at Fort Steer, Charlotte, Ark., where he has established a veterans' rehabilitation center, including two lodges and a mobile home.

Legionnaires from Post 284 of Colonial Heights, Va., including Post Cmdr. Rob R. Gordon, cooked and served hotdogs and hamburgers for more than 300 patients of Hunter Homes McGuire VA Medical Center in Richmond, Va. The Post also donated door prizes for the cookout.



The Illinois State Senate has recognized Alexander Bradley Burns Post 80 of Downers Grove, Ill., on its 70th anniversary. The senate adopted a congratulatory resolution citing the Post's community involvement, including sponsoring a Boy Scout troop, a Cub Scout pack, the Fourth of July parade, a drum and bugle corps, Little League and other athletic teams.

"We believe we received recognition because we followed many of the guidelines set forth at the National Convention," said Post Cmdr. David D. Wisbrock. "We are honored that the Illinois State Senate would find time in their busy schedule to pay tribute to The American Legion."

Comprised of representatives from all major veterans' organizations, including The American Legion, the North Georgia Veterans Honor Guard, has provided burial services for about 450 veterans since its inception in 1980. The 40-man guard includes Legionnaires from Post 121, Blairsville, Ga., and from Post 248, Epworth, Ga.

Mayor Thomas Kruse of Marysville, Ohio, and James Shaw, Union Post 79 Commander, signed papers that completed the Post's donation of 19 acres to the city to be used as a public park. Legionnaires who fought in World War I purchased the land in 1927 for \$4,000.

Three hundred forty-seven pear trees are being planted by Clemmer-McGuffin Post 13 of Staunton, Va., to honor veterans from the community who died during wartime service. Each tree will be named after a veteran. The first trees were planted this past summer in honor of the Post's namesakes, Lt. Jay Frank Clemmer



and Sgt. Robert A. McGuffin, WWI veterans.

Post 13 has helped the Staunton-West Augusta Chamber of Commerce raise \$9,000 of the \$17,350 needed to complete the project. "This is one of the best projects we've ever undertaken," said Post Adjutant John Lancaster.

Post 738 of Deerfield, Ill., donated \$6,000 to the North Chicago VA Hospital for a new Alzheimer's ward. Cmdr. Joe Hoffmann and Past District Cmdr. Jerry Vleck presented the check to hospital director Leonard Rogers.

Wadsworth VA Hospital used \$23,090 donated by Pioneer Post 549 of Los Angeles, Calif., to furnish four rooms and purchase two special nursing chairs. Also, \$1,000 went to the Volunteer Students Educational Award Fund.

Patients at Fort Howard, Md., VA Medical Center now receive more accurate fitness analyses, thanks to Essex Post 148 of Fort Howard, Md. With a \$1,990 donation from Post 148, the medical center purchased a much-needed Futrex-5000 Fitness and Body Composition Analyzer for the Kinesiotherapy Section of the Rehabilitation Medicine Service. The analyzer enables the staff to measure a patient's body fat more accurately than other devices.

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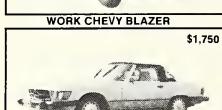
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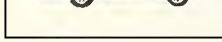
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VET ALERT

Continued from page 56

47th/479th Serv. Sqdns., HQ Sq., 35th Air Base Grp. (May-St. Louis) Jules Corriveau, 2401 Sibley St., St. Charles, MO 63301 (314) 946-9406

50th Troop Carrier Wing, HQ (Sept-Nashville, TN) Frank Ehrman, 840 Station Place West Dr., Indianapolis, IN 46224 (317) 271-8562

57th Bomb Wing Assn. (WWII) Oct-Coldwater Spring, CO Bob Evans, 1950 Cunningham Dr., Speedway, IN 46224 (317) 247-7507

71st Ftr. Wing (July-Quincy, IL) J.C. Giles, 805 Adams Dr., Shelbyville, TN 37160 (615) 684-2646

308th Airdrome Sq. (June-Dayton, OH) Richard Whitney, 27 Morningside Dr., Shelby, OH 44875 (419) 347-2344

370th Bomb Grp. (WWII) (Sept-Framingham, MA) Bill Brown, 17 Oliver St., S. Yarmouth, MA 02664 (508) 398-2360

406th Ftr. Grp. (WWII) (May-Nashville, TN) Martin Levy, 111 Prospect Hill Ct., Nashville, TN 37205 (615) 292-1148

833rd Guard Sq. (Santa Ana, AB) (Mar-Costa Mesa, CA) Robert Peterson, 4239 Sarah St., Burbank, CA 91505 (818) 945-9510

1647th Ord. MM Co. AVN (Sept-Kansas City, MO) Frederick Hansen, 1609 S. Irene St., Sioux City, IA 51106 (712) 276-9909

AVN Cadets Flight "E" B'ham Southern (Feb-Sarasota, FL) H.K. Jones, 1808 5th St., Palmetto, FL 33561 (813) 729-3636

BAD 2 Assn. (Mar-Melbourne, FL) Ralph Scott, 228 W Rosewood Ave., New Castle, DE 19720 (302) 328-2337

Burtonwood Assn. (May-Chester, England) John Bado, 3432 N.W. 51st, Oklahoma City, OK 73112 (405) 942-3127

HQ Sq., 13th AF (WWII) (Aug-Tuscaloosa, AL) Joe Cameron, 65 Arcadia, Tuscaloosa, AL 35404 (205) 556-3369

P-38 Assn. (May-Universal City, CA) P-38 Reunion, Box 1816, Burbank, CA 91507

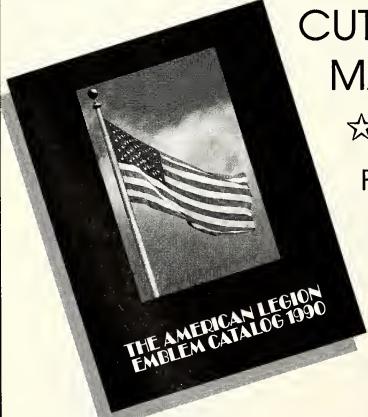
Stalag XVII-B POWs (May-Albuquerque) Leo Gallegos Sr., 11005 Haines Ave. N.E., Albuquerque, NM 87112 (505) 299-5213

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Air Force

16 & 25th F.I.S., 51st Ftr. Grp., Supply Units (1952) (July-Des Moines, IA) Earl Cheney, 4 Willowdale Ct., Amesbury, MA 01913 (508) 388-5897

20th Air Dpt. Supply Sq., Repair & HQ Sq., Attach. Grps. (Telerigia, Algeria/Naples, Italy) (Sept-Sedalia, MO) Joseph Long, 1212 S. Quincy, Sedalia, MO 65301 (816) 826-2906

62nd T.C. Wing/Mil. Airlift Wing (July-Tacoma, WA) Edgar Christiansen, 2103 Harrison Ave. N.W., Suite 2-635, Olympia, WA 98502 (206) 786-1222

65th Bomb Wing (Sept-Holthorpe, Eng.) (July-Greenwood, IN) Tom Leppin, 1913 E. Minnesota, Indianapolis, IN 46203 (317) 635-3975

34th Bomb Grp. Assn. (June-Dayton, OH) Lambert Austin, 5747 Darnell, Houston, TX 77096 (713) 774-3030

416th Bomb Grp. (WWII) (May-Louisville, KY) Dolphus Whitten, Box 792, Arkadelphia, AR 71923 (501) 246-2223

4505th Air Refueling Wing (Tack Tanker Trps.) (June-Langley AFB, VA) Clarence Weisbar, 2104 N. Armistead Ave., Hampton, VA 23668 (804) 838-1437

Cannon AFB (June-Clovis, NM) Bertha Wells, 312 W. Yucca Ave., Clovis, NM 88101 (505) 763-3198

Pilot Trng. Class 55V (Hondo/Reese) (Sept-Colorado Springs, CO) Jerry Davenport, 65 Gold Coin Ct., Colorado Springs, CO 80919

Pilots Class 44-H-I-J (May-Omaha, NE) James Velehradsky, 1922 U St., Omaha, NE 68107 (402) 731-7889

USAF Drum & Bugle Corps/Bagpipe Band (BAFB, DC) (June-Washington) Ed Brandt, Rt. 1, Box 454, Liverpool, PA 17045 (717) 444-3826

Marines

1-3-7, 1st Mar. Div. (Apr-Jacksonville, FL) William Tracy, 14353 Courtney Woods Ln., Jacksonville, FL 32224 (904) 223-3456

1st Marine Air Wing (Vietnam) (May-Washington) Rob Waters, Box 7240, Freeport, NY 11520 (516) 223-5293
2nd Amph. Tractor Bn. (WWII) (Apr-Dallas) Wil Ronch, 1213 Elmwood Dr., Richardson, TX 75080 (214) 231-1944

3/10, 2nd Howitzers 155 (Forgotten Bn./WWII) (June-Laughlin, NV) Al Freels, Box 2283, Bullhead City, AZ 86430 (602) 754-3945

5th Marines, Weapons Co. (Apr-Pigeon Forge, TN) Clyde Cupp, 6105 Magazine Rd., Knoxville, TN 37920 (615) 573-2720

11th Eng. Bn., 3rd Mar. Div. (All Personnel/WWII/Korea/Vietnam) (July-Nashville, TN) Charles Luhman Jr., 564 S. Sacramento Ave., Chicago, IL 60629

HMM 164 Assn. (Vietnam) (Apr-Reston, VA) Michael Triner, 1658 Fremont St., Santa Clara, CA 95050

Marine Detach., 7th Div., USS Nevada BB-36 (1940-45) (May-Beaufort, SC) Robert Jordan, 3218 Coolidge St., Hollywood, FL 33021

Marine Helicopter Crews (Korea/Vietnam) (Aug-Washington) Ronald Winter, 72 West St., Hebron, CT 06248 (203) 228-4893

North China Marines (1945-49) (Apr-Mainland, North China) Robert Burns, HCR 66, Box 342, #10, Yelville, AR 72687 (501) 449-4701

VMF 422 (June-Charlotte, NC) Edward Walsh, 2691 Nira Ave., E. Meadow, NY 11554 (516) 781-3551

Coast Guard

All Coast Guard Reunion (Grps./Retired Personnel) (Highway Haven, MI) Jan Terrill, Box 694, Grand Haven, MI 49417

High Island, Texas Horse & Jeep Patrol (Apr-Beaumont, TX) T.A. Murff, Box 67, Centerville, TX 75833 (214) 536-2660

USCGC Evergreen WAGO 295 (Aug-Grand Haven, MI) R.A. Cushing, 571 Green Tree Rd., Mobile, AL 36609 (205) 661-4165

USCGC Mojave W47/Gresham W85/Shelikia AKA 62 (July-Baltimore) Stephen Lyon, 197 Vinewood Dr., Avon Lake, OH 44012 (216) 533-6231

USS Arthur Middleton APA 25 (May-Racine, WI) John Milovancevic, 413A Erie St., Racine, WI 53402 (414) 681-1656

USS Burlington PF 51 (July-Burlington, IA) Robert Palmer, 97 Greenbriar Dr., Aurora, CO 80202 (316) 562-7854

USS Wakefield (June-Catskill, NY) Carmine Ciampa, 21 Briggs St., Melrose, MA 02176 (617) 665-7869

Miscellaneous

GI Lounge Hour (Aug-Wheaton, IL) Ken Lundell, 6624 N. Tolson, Chicago, IL 60645 (312) 262-8862

Vietnam Helicopter Pilots Assn. (July-New Orleans) Gary Slaughter, 4709 W. Metairie Ave., Metairie, LA 70001 (504) 888-4227

WY Vietnam Vets (June-Casper, WY) Gene Kauppila, Box 1441, Evansville, WY 82636

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Notices are run only at the request of American Legion Service Officers representing claimants, using Search for Witness Forms available only from State Legion Service Officers. Please contact CID 123. The American Legion Magazine, P.O. Box 1055, Indianapolis, IN 46206

Co. B, 1st Trng. Rgt. Gordon K. Brown needs witnesses to verify a claim that while stationed at Ft. Dix on Feb. 27, 1962, he fell down stairs in the barracks and was treated at Wilson Army Hospital. Contact CID 1231.

999th Signal Support Co. Rudolph Chandler needs witnesses to verify a claim that while stationed at Camp Gordon in Jan./Feb. 1953, he was on leave in New York when he came down with pneumonia and was treated at Ft. Dix. He was listed as missing and was hospitalized for 15 days and released later to duty. He also experienced back problems and was later discharged in April of 1953. Contact CID 1232.

Co. B, 7th Inf. Lawrence Mac Tait needs witnesses to verify a claim that while stationed at APO 468, Korea in January 1951, he injured his back when he fell from a cliff during advance against enemy forces. Contact CID 1233.

201st Sig. Co. or 17th Sig. Bn., B Co. Charles M. Welden needs witnesses to verify a claim that while stationed at Karlsruhe, Germany during 1965-67, he suffered from sinus, headaches, loss of voice and sore throat. Contact CID 1234.

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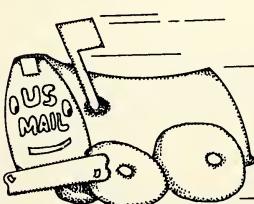
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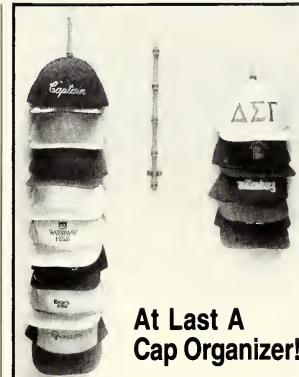
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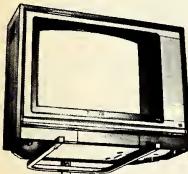
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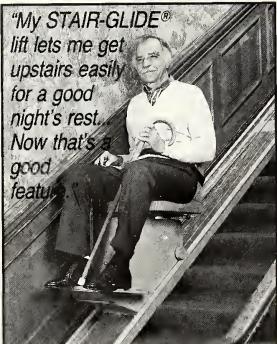
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There's a new pill that makes you look younger, but promotes weight gain. So instead of looking 60, you look like two 30 year olds.

Unavoidably Taxing

Death and taxes are both unavoidable, but at least death isn't an annual event.

Musical Stomach

After hearing the music blasting from a punk rocker's radio, a woman sighed and said, "I miss the days when you had to have an ear for music instead of a stomach for it."

Teen Vote

"We should lower the voting age to 14," suggested one teen's father. "After all, that's when they know everything."

Cold Warriors

"Personally, I don't think we should let Russians in the National Hockey League," said a hockey fan. "I mean, hockey is dangerous enough without a hammer and sickle."

Rough Housing

"I wish Congress would get back to normal," said one representative to another. "This 'kinder and gentler' stuff is getting brutal."

Rubber Banks

The savings and loan situation is scary. We used to worry about people bouncing checks, but now they're bouncing banks.

TV Dish

Have you heard about the new cable-TV dinner? It has 72 different courses and none of them are very good.

Who's The Boss?

Then there was the fellow who made so many mistakes at the office, people thought he was the boss.

Re-researching

Researchers have just completed a \$650,000 government study to determine if too much money is spent on government studies. The results were inconclusive, and further studies are planned.

Bright Lights, Big Mouth

Light travels faster than sound. That's why some folks appear bright until they speak.

Retiring Symptoms

Retirement is when you're not dead yet, but you have all the symptoms.

Rich Man, Poor Man

The rich get richer; the poor get poorer, and the middle class get the bill.

Speak Easy

Some speakers are good. Some speakers are boring. Most are both.

Wash That Man . . .

Seen on towels of a divorced woman: "Hers" and "History."

Sunken Floor

"There's something wrong with the health club I joined," complained the out-of-shape husband to his wife. "The floors are so low, I can't touch my toes."



"One more 'That's a crock' and you're fired."

Why Are We
Giving Away Our
Nationally Advertised

Feather-StepTM COMFORT SHOES

GUARANTEED TO
FIRST 10,000 WHO
RESPOND BEFORE
MARCH 31, 1990

for only
\$10

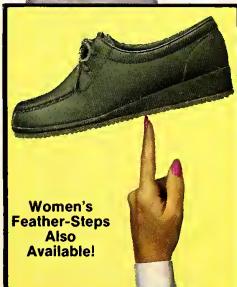


\$10 Give-Away Offer

How can we give them away for only \$10—are they stolen? No, they are *NOT* stolen. They're the same fabulous featherweights we nationally advertise in leading media all over America. And we really *will* give you a pair for only \$10 (**guaranteed!**) if you are among the first 10,000 who respond to this publicity ad.

Goodbye to Tired Feet

Feather-Steps are *near-weightless* to fight fatigue, *slipper-soft* to eliminate friction. SpringAire™ cushioned linings keep you cool and comfy even in summer. Non-skid soles help you walk safely on wet or icy surfaces—even the deck of a boat. Classic good looks make this the perfect all-around shoe for work and play—so *featherlight* you may forget you're wearing shoes at all!



- World's friendliest shoe
- Featherweight construction
- Glove-soft luxury styling
- Classic good looks
- Soft flexible uppers
- Double top-stitching
- Extra foam-cushioned
- Ideal For Business, Dress or Casual Wear
- Water-resistant
- Scuff-resistant
- Stay-cool lining
- Solid rubber sole
- Anti-skid tread

SORRY—Limit 2 pair per address at this giveaway price but if you respond early enough (before Mar. 25) you can order up to 5 pair. Our \$10 giveaway offer will not be made in *any* store at *any* price. **No dealers or wholesalers, please.** We reserve the right to extend above time and quantity guarantees. Hurry!

\$10 GIVEAWAY COUPON

Feather-Step Comfort Shoes	Item #	Size	Price	Quantity of Pairs	Total
Specify Men's Sizes 7-12	Black R5225		\$10		\$
	Brown R5226		\$10		\$
	Gray R5227		\$10		\$
Specify Women's Sizes 5-10	White R5379		\$10		\$
	Black R5380		\$10		\$
	Taupe R5381		\$10		\$
Subtotal					\$
In NY add sales tax					\$
Shipping (\$3 for each pair)					\$
					Total \$

Amount Enclosed \$ _____
(Make check payable to RBM Ltd.)
or Charge to: VISA MASTERCARD
(Enter all 13 or 16 card numbers below)

Card # _____

Card Expire Date Mo _____ Yr _____

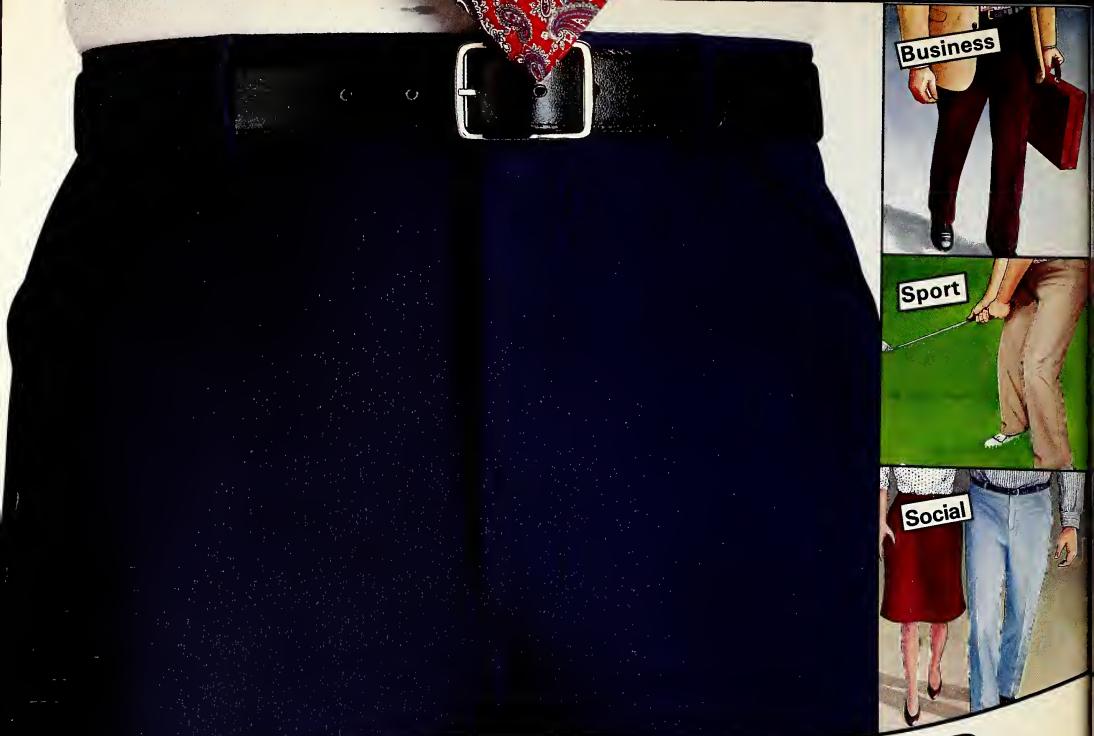
Mr./Ms.
Mrs./Miss _____

Address _____

City _____ State _____ Zip _____

Mail RBM Ltd., Feather-Step Shoes,
to: Dept. 570-181, Box 3700, Hicksville, NY 11802

Allow up to 6-8 weeks for shipment



Business



Sport



Social

GENTLEMEN PREFER S-T-R-E-T-C-H

S-T-R-E-T-C-H FIT

Beautiful g-i-v-e and t-a-k-e stretch knit to move when you move, stretch when you stretch, relax when you relax! 100% polyester doubleknit in NO-IRON Wash & Wear. Excellent made in the U.S.A. full cut, comfortable fit.

S-T-R-E-T-C-H COMFORT

Gentle NEW s-t-r-e-t-c-h waist stays neatly in place, won't roll over, gives plenty of room even after a heavy meal. *Slacks always fit better so you always feel better!*

S-T-R-E-T-C-H VALUE

It's like getting 3 pairs of slacks for the price of one! Haband has over 200,000 pairs in stock right now, and we will be glad to send your size in your choice of colors straight to your door to see and try on. **All under our absolute no risk money back guarantee!**



Haband
265 N. 9th Street
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USE THIS COUPON
SEND TODAY!

3 Pairs
Gentlemen's
Slacks **29^{95*}**

4 for 39.75
5 for 49.50
6 for 59.25

FIND
YOUR
SIZE
on this
CHART

HABAND 265 N. 9th Street
Paterson, NJ 07530

Yes, you may send me _____ pairs of these slacks for which I have enclosed remittance of \$_____, plus \$3.45 postage & handling.

Check (-) method of payment
 My check ENCLOSED
 Visa MC

Exp. date _____ / _____

Card # _____

WAISTS: 30 32 34 35 36 37 38 39 40 41 42 43 44
"BIG MEN'S": ADD \$2.00 PER PAIR FOR 46 48 50 52 54 56 58 60

INSEAMS: 27 28 29 30 31 32 33 34

OAE	COLOR	WHAT WEIGHT	WHAT WEIGHT	HOW MANY
B	NAVY			
P	LT. GREY			
G	BLUE			
R	TAN			
S	OLIVE			
A	BURGUNDY			
E	BLACK (NOT SHOWN)			
W	MINT (NOT SHOWN)			

100% SATISFACTION GUARANTEED OR MONEY BACK ANY TIME!

Ship to _____ Apt. _____

Address _____

City _____ Zip _____